



**VOICES**  
*of*  
**EUROPE**

**BRAGA, PORTUGAL**

**29th July to 7th August 2024**



**Erasmus+**



Agência Nacional  
Erasmus+ Juventude/Desporto  
Corpo Europeu de Solidariedade



The youth exchange “Voices of Europe” is a European project organized by SYnergia Braga, with the main theme of participatory democracy, aiming to raise awareness about the importance of Youth Goals. The primary objective of the youth exchange is to facilitate exchanges between European countries to promote participation and civic awareness among young people, focusing on the European Youth Goals.

Through this project, we aim to have a personal impact by providing participants with the necessary tools to increase their awareness of democratic participation and transform them into active citizens aware of the importance of the Youth Goals.

## YOUTH EXCHANGE

5 participants per country

PORTUGAL .....	0€
SPAIN .....	180€
ITALY .....	360€
ROMANIA .....	360€
CZECH REPUBLIC .....	360€
HUNGARY .....	360€
AZERBAIJAN .....	820€

# ASSOCIATION



Synergia is a youth organisation of Braga, founded in 2004. Our work is based on the values that underpin youth associations: Justice, solidarity, responsibility, cooperation, social conscience, and a space to exercise and claim rights: assembly, association, culture, sports, leisure. The association contributes to the consolidation and promotion of the social fabric and is an important factor of social transformation and innovation.

**@SYnergiaBraga**

## How to get to the location

Centro de Juventude de Braga, Rua de Santa Margarida nº6, 4710-306 Bragavv. Check in between 5.30pm and 7pm.

Braga is situated in the north of Portugal. The nearest airport is Porto (OPO). However, you can also fly to Lisbon airport (LIS).

From Porto:

**Bus from Porto  
airport for 8€**

<https://getbus.eu/pt/braga-aeroporto-braga/aeroporto-braga/>

**Train from Porto  
(city center) for 3,10€**

<http://www.cp.pt/passageiros/en/>

**Bus from Lisbon  
for 20€**

<http://www.rede-expressos.pt/default.aspx>

**Fast train from  
Lisbon  
(alfa pendular) for 33,45€**

<http://www.cp.pt/passageiros/en/>

## **TASKS FOR THE EXCHANGE**

- o Presentation of your country
- o Information about the situation of your country on the main topic of the project.
- o Traditional foods and drinks for the cultural evening.
- o Flag of your country would be great.

## **CULTURAL EVENING**

There will be an activity in which you will be able to expose your customs, traditional dances and culture.

All the teams must prepare some presentations from their countries in a creative way.

We hope that your culture means something more than national food and drinks. Also bring the flag of your country. It would be nice if you also bring some small souvenirs with you (costs are not covered).

And don't forget to bring some traditional music for the intercultural evening.

## **WHAT TO BRING**

- Towels
- Sport clothes



# COST AND REIMBURSEMENTS

**Voices of Europe - Youth Exchange** is implemented with financial support from the European Commission and the Erasmus + programme. The reimbursement of the travel costs will be done according to the real costs presented through the invoices to the hosting organisation. Accommodation, food, as well as activities costs will be covered from the project budget. It is recommendable to get travel insurance but it will not be covered by the project budget.

Travel expenses will be reimbursed, according to the maximum budget of each country, online after collecting all the travel documents in good conditions. Participants have to use the cheapest ways of transportation and submit the original invoices for plane tickets, boarding passes, train and bus tickets. Private cars, taxis and first class tickets will not be reimbursed.

You should bring with you **ALL** the tickets, invoices and boarding passes, related to your travel costs, these documents are **VERY IMPORTANT FOR THE REIMBURSEMENT**. Please keep the boarding passes from your airport check-in as well.

Reimbursement will be done in **EURO**, regardless of the currency indicated on your ticket and receipt/invoice. Please note if you bought your ticket in your local currency which might be different than Euros, we will calculate your travel costs according to the exchange rates from official European Commission web-site, on the day of the purchase:  
**<http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>**



Make copies (do a scan) of your tickets and invoices before coming to Portugal and send us all your travel documents to this email address: **projects@synergia.pt**, as soon as you buy them. If you have tickets and invoices, make sure that you emailed copies of both.

You can't buy any flight ticket or any travel cost without authorization from the organisation. If this happens, it will not refund any amount of money to these participants.

All participants must consult with the organisers on prices & routes (please contact by email: **projects@synergia.pt**, before buying any tickets.

For the reimbursement of the money, you have to bring us all these original documents:

- Official Invoices
- Tickets (bus, train etc.)
- Original boarding passes

We encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes before leaving Portugal, without needing to send it to us by post mail when you return home. If it is not possible to do it, you will need to send us the boarding passes by post mail after the project.

Of course, if you want, you can stay 1-2 days before/after the project, but you will have to pay by yourself for those extra days.

# ACCOMMODATION

The Braga Youth Centre has 26 rooms with different typologies like rooms of 8 people, quadruple rooms, triple rooms, double rooms and superior double rooms with TV and extra beds. Every room has a private bathroom, air conditioner, towels, shampoo, and shower gel.

Located a few minutes walking from the Historic Centre of the city, Braga's Youth Centre is a multipurpose space that offers versatile and comfortable accommodations, suitable for every age group.

<https://www.centrojuventudebraga.pt/Page/Index/68b4f18e-7039-11ea-8600-025041000001>



## PARTICIPANTS PROFILE

- To be highly interested in the topic and an active participation.
- To be open to learn more about the topic.
- There is no age limit.
- Have experience in Erasmus+ projects.
- To have a fluent level of English.

