

Kenya Voluntary Development Association (KVDA) is an indigenous, non-political and membership organization which is non-sectarian and non-profit making started in 1962 as a work camp organization registered under the Societies' Act. In 1993, KVDA was registered as a Non-Governmental organization by the establishment of the NGOs Coordination Act.

Its main purpose is to promote peace, understanding, justice, development, and information exchange among Kenyans and within the international community. KVDA also seeks to promote inter-cultural education, international peace, inter-human understanding and solidarity as well as sustainable community development through voluntary service; the phrase "Development against Dependence" captures KVDA's philosophy

KVDA works in partnership with local communities to champion their own development without imposition of values. Local people everywhere are the masters of their own destiny and efforts must be made by all to harness this great potential. Volunteers have specific roles to play in very difficult circumstances dictated by deprivation and impoverishment and they must guard against attempts to imagine that they can offer magic solutions to the myriad of development challenges encountered at the grassroots.

The voluntary service project offers the volunteer the unique opportunity to be part of the transformative process to stimulate the local community to reinforce their work ethic. Volunteers are not experts but people driven by the selfless desire to strengthen solidarity among the needy communities and ensure their active participation in the development process.

**Vision:** Envisages KVDA as an organization with a large membership working towards the improvement of quality of life of the community

**Mission:** KVDA aims to Mobilizing all-purpose resources to support community development initiatives

#### Strategic objectives

1. Communities are aware of development issues, mobilized resources and taken responsibility of their own development.
2. Young people have access to experiential education by offering voluntary service

## Kenya Voluntary Development Association

*"Development against Dependence"*

# KVDA WORK CAMPS PROGRAM FROM MARCH – DECEMBER 2024

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## KENYA: COUNTRY PROFILE



**CAPITAL:** Nairobi

**REGIME:** Republic

**PRESIDENT:** Dr. William Samoei Ruto

**DEPUTY PRESIDENT:** Mr. Geoffrey Rigathi Gachagua

**CURRENCY:** Kenyan Shilling (KES)

**BORDERING COUNTRIES:** Tanzania, Uganda, Sudan, Ethiopia, Somalia

**LAND AREA (KM<sup>2</sup>):** 571,466

**POPULATION (MILLION):** 39.4

**DENSITY (POP/KM<sup>2</sup>):** 67.7

**URBAN POPULATION (%):** 21.0

**OFFICIAL LANGUAGE:** English

**NATIONAL LANGUAGE:** Kiswahili

**MAIN TRIBES:** Kikuyu, Luhya, Luo, Kalenjin, Kamba, Miji Kenda

★ **MAIN RELIGIONS:** Christianity, Islam

**TOTAL FERTILITY RATE:** 4.6

**INFANT MORTALITY RATE:** 52.0

**LIFE EXPECTANCY AT BIRTH:** 58.9

**HIV ADULT PREVALENCE (%):** 6.3

(Source: Kenya Demographic and Health Survey 2008/09)

## WORKCAMPS IN KENYA MARCH TO DECEMBER 2024

CAMP CODE	NAME	LOCATION	DATES	TYPE	VOLS (MAX)	AGE	PARTICIPATION FEES IN EURO
KVDA/STV/03A	St. James Community Orphans' School	Mfangano Island on Lake Victoria located in Homa Bay County	12.03-31.03.	CHIL/EDUC/AGRI	20	18-99	300
KVDA/STV/04A	Roddy's Eco Cover Environmental Program	Ebuyangu, Vihiga county	08.04-29.04.	ENVI/MANU	20	18-99	300
KVDA/STV/04B	Nyamanche Primary School	Kuria, Migori County	08.04-29.04.	CHIL/EDU/MANU	20	18-99	300
KVDA/STV/05A	Mount Olives Community Health Centre	Mosocho, Kisii county	06.05-27.05	MEDI/EDU/MANU	20	18-99	300
KVDA/STV/05B	St. Theresa Mabera Primary School	Mabera, Kuria, Migori County	06.05-27.05	CHIL/EDU	20	18-99	300
KVDA/STV/06A	Happy Me Happy You	Hamisi, Vihiga County	03.06-24.06.	CHIL/EDU/MANU	20	18-99	300
KVDA/STV/06B	Newstar Drama Group	Kisii town, Kisii county	03.06-24.06.	ART/EDU	20	18-99	300
KVDA/STV/07A	St. Joseph's Nyamosense Special unit School	Kehancha, South West Kenya in Migori Country	05.07-26.07.	CHIL/DISA/EDUC	20	18-99	300
KVDA/STV/07B	Newstar Drama Group	Kisii town in Kisii county	05.07-26.07	ART/FEST/THEATRE	20	18-99	300
KVDA/STV/07C	Roddy's Eco Cover Environmental Project	Ebuyangu, Western Kenya in Vihiga County	12.07-30.07	SOCI/ENVI/EDUC	20	18-99	300
KVDA/STV/07D	St. Theresa Mabera Primary School	Mabera, Migori County	12.07-30.07	CHIL/MANU/SOCI	20	18-99	300
KVDA/STV/07E	St. James Community Orphans School	Mfangano Island on Lake Victoria located in Homa Bay County	12.07-30.07	CHIL/EDUC/AGRI	20	18-99	300
KVDA/STV/08A	Nyamira Missionaries Cultural Development	Nyaramba in Nyamira County	02.08-23.08	CULT/MANU/ART	20	18-99	300
KVDA/STV/08B	Nyamanche Primary School	Kegonga in Migori County	02.08-23.08	CHIL/EDUC/MANU	20	18-99	300

KVDA/STV/08C	Esiarambatsi Health Center	Esiarambatsi, Western Kenya in Vihiga County	09.08-30.08	MEDI	20	18-99	300
KVDA/STV/08D	Happy Me Happy You	Hamisi in Western Kenya in Vihiga County	09.08-30.08	CHILD/EDU/MANU	20	18-99	300
KVDA/STV/09A	Mount Olives Community Health Centre	Mosocho in Kisii County	06.09-27-09	MEDI/EDUC/SOCI	20	18-99	300
KVDA/STV/09B	Neema Good Shepherds Orphanage	Webuye in Western Kenya in Bungoma county	06.09-27-09	CHIL/EDU/MANU	20	18-99	300
KVDA/STV/10A	Miwani Primary School	Coast Kenya in Malindi County	04.10-25.10	CHIL/EDUC/MANU	20	18-99	300
KVDA/STV/10B	Kito International	Siaya County in Western Kenya	04.10-25.10	CHIL/EDUC/SOCI	20	18-99	300
KVDA/STV/11A	Esikoma Community Health Volunteers	Marachi Central/Butula in Busia County	08.11-29.11	EDU/HEALTH	20	18-99	300
KVDA/STV/12A	Shining Star ECDC and Orphans School	Muhuru-Bay in Migori County	06.12-20.12	CHIL/EDU/MANU	20	18-99	300

## **KVDA**

Kenya Voluntary Development Association (KVDA) is an indigenous, non-political and membership organization which is non-sectarian and non-profit making started in 1962 as a work camp organization registered under the Societies' Act. In 1993, KVDA was registered as a Non-Governmental organization by the establishment of the NGOs Coordination Act.

## **VOLUNTEERS**

Most volunteers in our camps are 18 years and above with the majority of them teenagers mostly from Kenya, Africa, Europe, Asia and the Americas.

## **WORK**

The work is often manual like construction, painting, renovation, organizing activities, landscaping/gardening; but one of the main aims of work camps

is to encourage and increase intercultural learning and exposure to development challenges. No special skills are required essentially to underscore the significance of self-development. The working hours are six per day from Monday to Friday with free weekends. Most work camps are arranged in rural communities in the heartland of the African culture to provide the volunteers with unique opportunities for experiential learning.

### **CAMP FACILITATOR/ LEADER**

KVDA work camp facilitator is present in all camps. (S)he is either a volunteer with work camp experience or an individual with deep affinity to youth work and community development.

### **PROJECT ACTIVITIES**

There are plenty of opportunities to visit local places of interest and enjoy spectacular sites to behold in Kenyan countryside, lakes and forests. Don't forget that Kenya is a major tourist destination famed with the wildlife and the renowned **Maasai Mara Game Reserve and Lake Nakuru National Park** that is a fascination that every volunteer in Kenya should not miss and this opportunity is offered through the educational tours organized by KVDA.

### **PARTICIPATION FEE**

KVDA is a non-Governmental organization with no public funding and we ask both the incoming and outgoing volunteers for the participation fees that contributes towards our administration costs. Our fees for incoming volunteers is **Euros 300** for every project outlined in this program and that is inclusive of the costs within the project that includes return airport transfers, accommodation, meals during the project and KVDA administration.

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

### **HEALTH AND INSURANCE**

There is no insurance cover provided on the projects due to financial constraints. Since the travel to the work camp and loss of personal property are also not insured, we expect all the volunteers to take their own travel insurance. Drug abuse is prohibited on KVDA work camps and the use of alcohol is restricted on the work camps and especially within the heartland of rural communities. However, volunteers are at liberty to have adventure while on the excursions conducted over the weekends away from the hosting communities.

## **LANGUAGE**

The language on all our work camps is English and all volunteers are expected to be able to communicate in English. Kiswahili is the national language in Kenya but English is the official language and this makes it easy for English speakers to get on well while in Kenya. However, language should not be the main impediment to disqualify or discourage volunteers from applying for specific projects as there is room for learning through practice.

## **WHAT TO CARRY FOR THE PROJECT?**

Since the work is usually practical/manual we recommend that the volunteers bring rubber boots, working clothes and gloves. Bring enough warm clothes as the evenings may be cold. A sleeping bag is a necessary for all work camps. Some music, cooking recipes and photos from the home country are recommended, especially for the international evenings!

## **TYPES OF WORKCAMPS**

- Renovation – **RENO**
- Projects with children - **CHIL**
- Social Projects - **SOCI**
- Construction - **CONS**
- Study projects - **STUDY**
- Environmental - **ENVI**
- Medical-**MEDI**
- Projects involving manual work-**MANU**
- School projects with educational- **EDUC**
- Agricultural projects-**AGRI**
- Health issues-**HEALTH**

- Project with key focus on the people's way of life-**CULT**
- Work with animals-**ANIM**
- Archeology-**ARCH**
- Art-**ART**
- Elderly-**ELDE**
- Refugees-**REFU**
- Festival-**FEST**
- Sport Project-**SPOR**



## **MARCH 2024**

**PROJECT NAME: ST. JAMES COMMUNITY ORPHANS SCHOOL**

**CODE: KVDA/STV/03A**

**DATES: 12<sup>TH</sup> -31<sup>ST</sup> MARCH 2024**

**ORIENTATION: 12<sup>TH</sup> MARCH 2024**

**TRAVEL TO THE PROJECT: 13<sup>TH</sup> MARCH 2024**

**PROJECT CLOSURE: 30<sup>TH</sup> MARCH 2024**

**TRAVEL FROM THE PROJECT: 31<sup>ST</sup> MARCH 2024**

**LOCATION: MFANGANO ISLAND, LAKE VICTORIA REGION**

**THEME: TEENAGE PREGNANCY IN THE SOCIETY**

**PROJECT OVERVIEW**

St. James Community Orphans School is a community owned school whose idea was conceived to the challenges that the community has been with over the years. For a long time, parents have passed on leaving their children to be orphans who are either total or partial. Due to constant and continuous death and other related issues, the number of these orphans grew to an escalating rate which eventually led to call for intervention. It is in this regard the school has taken good care of most of these orphans since school opened its doors on the 9<sup>th</sup> January 2012 hitherto

St. James Community School is located in Mfangano Island, Homabay County in Kenya. It's one of the many islands in Lake Victoria with several beaches. Being an island with many fishing beaches, it's prone to a unique lifestyle that contributes to high prevalence rate of HIV/AIDS which leads to many orphans

St. James School is addressing three major problems

1. Free education for these orphans
2. Poor nutrition
3. Alarming low levels of domestic income among caregivers households

In 2014, the school started with a population of 45 orphans represented in three kindergarten classes, with 3 teachers. To date the school is enjoying a population of 112 both total and partial orphans aged between 3 years to 12 years. The school has seven classes with 8 teachers.

**LOCATION:** The school is located within Mfangano Island, Waware sub-location, Mfangano north location, Mfangano division, Mbita Sub-county of Homa-Bay County.

**PUPIL POPULATION:** 112

**CLASSROOMS:** 7

**TEACHERS:** 8

**CLASSES:** Baby class, Nursery class, Pre-unit class, Standard one to four



**SPONSORS:** Community sponsored

**VISION:**” To be an exemplary Centre of excellence in quality holistic, academic education provision within the community”

**MISSION:**” To provide accessible and acceptable education to the less fortunate professionally, and in a formal manner that can be realized from within and without the community”

**MOTTO:**” Arise and shine for a better life”.

**OBJECTIVE:** To be the school within the island in helping provide for the welfare and well-being of the numerous orphans and destitute left behind as a result of HIV/AIDS pandemic.

**VOLUNTEER PROGRAMMES:** Since the school’s inception in 2012, the school has various volunteer activities. Among them being:

- a) In 2012 (**May-August**), we received two volunteer teachers who helped the school in teaching `of physical ad vocation (P.E). The volunteers were from Italy.
- b) (**Jan-Feb**) 2013, the school, got one volunteer (male) from Japan who helped in the school garden.
- c) (**May-June**), we had 2 volunteers (a couple) from USA, Michigan who helped the teaching of health and sanitation lessons.

Security for our volunteers has always been our number one priority. Moreover, the school is situated barely 600m from the police post

We also have a Government of Kenya dispensary within the same area to carter for health emergency that might arise

The school is committed to offering hope to children and especially who are vulnerable to societal risks and this call for community of efforts.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

**TYPE OF WORK CAMP: CHIL/AGRI/EDUC**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Farming
- Home visits to orphans and caregivers
- Sports with school pupils
- Workshops about children rights to the local community
- Advocacy against teenage pregnancy
- Social work majorly guiding and counseling for the HIV/AIDS program at the health center
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: TEENAGE PREGNANCY IN THE SOCIETY**

Lack of information about reproductive health and high rates of child abuse have caused the upsurge of teenage pregnancy

Lack of information about reproductive health and high rates of child abuse has caused an high rate of early pregnancy

**AIM:** To reduce the cases of early pregnancy

**SPECIFIC OBJECTIVES**

- To improve and strengthen the health workers methodology on disseminating information among the young people on grassroots level
- To create a platform of social workers and peer educators to campaign against sexual harassment within the community
- To advocate on children rights within the community

**ACTIVITIES**

- Workshops about children rights to the local community
- Advocacy against teenage pregnancy

**TARGET GROUPS**

- Workshop: health workers, parents and peer educators
- Health Camp: parents, teachers, health workers and peer educators

**METHODS** group discussion, “café” method, planning discussion, expert analysis

**INDICATORS**

- Number of schools calling for peer educators after the health camp, for reproductive health education
- Number of community leader requesting for more advocacy through health camps
- Number of health workers getting more involved in organizing workshops for emphasizing and enhancing the effects of early pregnancy

**ORIENTATION:** Will be done on 12<sup>th</sup> March 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 13<sup>th</sup> March 2024.

**AIRPORT PICK-UP SERVICES:**

- This will be done subject to provision of full flight details.
- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- The host community will provide a house to accommodate the volunteers with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **APRIL 2024**

**PROJECT NAME: RODDY'S ECO COVER ENVIRONMENTAL PROJECT**

**CODE: KVDA/STV/04A**

**DATES: 8<sup>TH</sup> – 29<sup>TH</sup> APRIL 2024**

**ORIENTATION: 8<sup>TH</sup> APRIL 2024**

**TRAVEL TO THE PROJECT: 9<sup>TH</sup> APRIL 2024**

**PROJECT CLOSURE: 28<sup>TH</sup> APRIL 2024**

**TRAVEL FROM THE PROJECT: 29<sup>TH</sup> APRIL 2024**

**LOCATION: VIHIGA COUNTY, WESTERN KENYA**

**THEME: YOUTH ENTREPRENEURSHIP AND LEADERSHIP DEVELOPMENT**

**PROJECT OVERVIEW**

- Roddy's Eco-Cover is a community-based organization founded in 2011 to champion environmental awareness with forestry as key concern
- The project was established by members of the local community with the aim of empowerment for the less fortunate members in the quest to tackle development challenges at the grassroots.
- Its major focus is on environmental concern to mitigate the effects of climate change and foster inter-cultural education among the local community
- The project is located at Ebuyangu village in Emuhaya constituency in Vihiga country that is situated in Western Kenya
- It is situated 430 Kilometers away from Nairobi city and its located in an area that is famed for cultural diversity due to the high population density
- The volunteers will be hosted in a homestead to experience cultural diversity and learn to live and interact with members of the host community in an atmosphere of cooperation and solidarity
- This project has hosted previously both local and international volunteers and it has great potential for the replication of its activities in equally challenging circumstances in other regions of Kenya

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

**TYPE OF WORK CAMP: ENVI/MANU**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Manual work and intercultural activities
- Agro forestry that will include tree planting
- Preparation of tree nurseries and weeding
- Land scaping and tending to bamboo trees in the natural habitat
- Cleanup activities
- Naming of trees

- Home visits
- Inter-cultural learning coupled with home visits for exposure to development challenges.
- Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will be done most probably during the weekends.

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## **THEME: YOUTH ENTREPRENEURSHIP AND LEADERSHIP DEVELOPMENT**

### **DESCRIPTION OF THE PROBLEM/CHALLENGES**

**CHALLENGES FACING YOUTH IN KENYA:** Below are some risk factors that affect entrepreneurship development in particular:

**rites of Passage:** The absence of rites of passage means that youth are no longer well prepared for adulthood by the traditional means of providing youth with mentors who give them advice to equip them for adulthood;

**Education:** Suitability of education/vocational training for the labor market. There is limited access to secondary schools and alternative forms of education are lacking. There

is also a need for life skills training in the education curriculum. At present, students are trained just to pass exams;

**INEQUALITY/REGIONAL DISPARITY:** There is inequality in many fields, and often this has a regional aspect. Youth in certain geographical regions are marginalized, with restricted access to opportunities that are available to other young persons. In urban areas, poor youth and those living in slum areas have severely limited access to services and opportunities;

**SOCIETY'S ATTITUDE TOWARDS YOUTH:** Youth face discrimination purely on the grounds of age. This is legitimized by beliefs such as wisdom only comes with age, and that youth is merely a transition period. Society also perceives youth as irresponsible and troublemakers. This perception may contribute to difficulty in obtaining credit;

**EXPECTATIONS OF YOUTH:** Society's expectations of young people are not very clear. A gap in expectations has opened between what parents and older generations expect of youth on the one hand, and the expectations of youth themselves (influenced by their peers, and the media, etc.). Society's expectations of youth may overshadow personal expectations and overwhelm youth. There is also an assumption that white-collar jobs are best and little encouragement is offered to youth to take up blue-collar jobs;

**DISPLACEMENT:** Especially in slum areas, the demolition of homes has displaced many youths. Others were rendered homeless by the politically inspired ethnic clashes around election time in the 1990s. Homes on proposed road routes, close to power lines and railway tracks are being demolished. The social consequences, both short and long term, of such displacement are severe;

**POLICIES:** Gaps in, and unsuitability of, existing policy can be cited, along with important problems of implementation. Absence of youth participation in actual decision-making or implementation of policies affecting them was also cited. Youth are merely used as tokens in the policy formulation process;

**CORRUPTION:** Corruption can be cited as one of the major risk factors affecting youth. It results in unequal access to resources. It is especially cited as a problem when youth are trying to establish businesses. Those who lack money to bribe have difficulty in getting assistance to set up their businesses;

**TRANSITION:** Kenya is undergoing transition in many areas and this affects youth particularly. For example, there is a transition from an agrarian to an information based society, yet knowledge is not keeping up with the changes. Changes in social expectations are also resulting in confusion. Children are obliged to take on the roles of adults when



households are decimated by HIV/AIDS. The influence and support of the extended family is also declining;

**CHOICE OF ROLE MODELS:** Negative role models tend to be elevated. There is a dearth of positive models for leadership roles, exacerbated by the negative and corrupt image of leaders projected by the media. Parents, too, may often present negative role models in alcoholism and violence. The media glorifies negative role models, such as drug barons and advertisements for alcohol glamorize risky behavior.

**ORIENTATION:** Will be done on 8<sup>th</sup> April 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 9<sup>th</sup> April 2024.

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

**WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a homestead within the community with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- There is electricity in this homestead
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is recommended.
- There is electricity connection at the project and the volunteers have an opportunity to use electric appliances.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

**PROJECT NAME: NYAMANCHE PRIMARY SCHOOL**

**CODE: KVDA/STV/04B**

**DATES: 8<sup>TH</sup> -29<sup>TH</sup> APRIL 2024**

**ORIENTATION: 8<sup>TH</sup> APRIL 2024**

**TRAVEL TO THE PROJECT: 8<sup>TH</sup> APRIL 2024**

**PROJECT CLOSURE: 28<sup>TH</sup> APRIL 2024**

**TRAVEL FROM THE PROJECT: 29<sup>TH</sup> APRIL 2024**

**LOCATION: KURIA, MIGORI COUNTY, SOUTH WEST KENYA**

**THEME: GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION**

### **PROJECT OVERVIEW**

Nyamanche Primary School started the year 1981 as a Government School. The School supports children from the neighbouring villages. It consists of 600 (six hundred) pupils, 350 girls and 250 boys. The school has 12 teachers, 1 female and 11 male. It has 10 classrooms, 2 offices and 1 kitchen. The school has good academic record in the County.

### **MOTTO;**

“Strive for Excellence”

### **OBJECTIVES**

1. To mould future leaders
2. Maintain high discipline

3. To reduce illiteracy level in the Community
4. Create platform for volunteerism.

## **CHALLENGES**

- Cultural practice such as female genital mutilation
- Poor sanitation
- Lack of funds to facilitate the proposed development projects
- Dependency on external assistance
- Poor utilization of available resources

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## **PROJECT ACTIVITIES**

The school was started with the aim of having members of the community have access to education and more so the girl child. In this community, differences between man and woman dictate a difference in their social roles and this reinforces a notion that men are more superior to women. Capacity building will provide both men and women with political insight and moral support in confronting gender issues. A woman's social status has led to marginalization. This was the very reason of starting the school so as to empower the girl child.

The project involves different types of activities. These include:

### **TYPE OF WORK CAMP: CHIL/EDUC/MANU**

Volunteers will work for six hours daily from Monday to Friday.

### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching primary school pupils
- Tree planting
- Stones collection and pathways clearing
- Sensitization of the community on the side effects of FGM
- Home visits and topical discussion with the local people

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

## **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## **THEME: GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION (FGM)**

- Female genital mutilation is a strong tradition in this community. It is illegal. But still more than one third of the women are circumcised and each and every young woman is subjected to the cut.
- The church has preached against FGM for decades but in spite of the deep devoutness the priests do not have enough power over the souls.
- FGM has nothing to do with religion; it is a so-called culture and tradition in certain groups.
- The practice is deeply rooted in views on chastity, transition to womanhood, “purity” for marriage and basically a wish to control women sexually. In certain areas the survival and fertility of the local community is assumed to be threatened if the girls are not circumcised. Many brave young girls who refuse FGM are regarded as “unmarriageable” and become outcasts.
- It is a brutal act, painful and has led to the spread of HIV/AIDS. Volunteers will be required to liaise with other Non-Governmental organizations like Red Cross in creation of awareness to the community.

**ORIENTATION:** Will be done on 8<sup>th</sup> April 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 9<sup>th</sup> April 2024.

## **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

## **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

## **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- Volunteers will stay in classrooms at the School with very basic living conditions.

- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

# **MAY 2024**

**PROJECT NAME: MOUNT OLIVES COMMUNITY HEALTH CENTRE**

**CODE: KVDA/STV/05A**

**DATES: 6<sup>TH</sup> -26<sup>TH</sup> MAY 2024**

**ORIENTATION: 6<sup>TH</sup> MAY 2024**

**TRAVEL TO THE PROJECT: 7<sup>TH</sup> MAY 2024**

**PROJECT CLOSURE: 25<sup>TH</sup> MAY 2024**

**TRAVEL FROM THE PROJECT: 26<sup>TH</sup> MAY 2024**

**LOCATION: MOSOCHO, KISII COUNTY**

**THEME: PROJECT CYCLE MANAGEMENT**

## **PROJECT OVERVIEW**

- Mount Olives Self Help Group project is an initiative of young professionals who came up together to work amongst their community through sharing knowledge and helping the community to pull up resources together or their development.
- The group was founded on 16<sup>th</sup> October 2018 dedicated to supporting small-scale sustainable development initiatives mainly primary healthcare, education and youth enterprises.
- The founder Mr. Calvin Lizanga is a medical practitioner by profession, is the chief executive officer of the institution and he has track record working with relevant departments on health issues.
- The medical center caters for the poor of the poorest within the local community and foremost treats an average of 50 patients every day and this reflects on the significance of the institution to alleviate sufferings at the grassroots.

## **GEOGRAPHICAL LOCATION:**

1. The projects offices are located at Mosocho market, along Kisii-Oyugis Road. At Mosocho we are running a community health center that provides both outpatient, inpatient and laboratory services.
2. The facility supports the community by providing affordable healthcare and also works towards community education on matters of health to reduce prevalence of



preventable diseases, and also supports the youths by providing youth friendly services.

#### **PROJECT ACTIVITIES**

- Training youths in entrepreneurship, financial literacy, employability and life skills
- Mentorship and apprenticeship
- Design and production of custom-made bags from bio degradable materials, printing of T-Shirts and other related works

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

#### **TYPE OF WORKCAMP: MEDI/EDUC/MANU**

Volunteers will work for six hours daily from Monday to Friday.

#### **PROJECT ACTIVITIES**

- Free consultation
- Triaging Services
- Outpatient and inpatient services
- Laboratory services
- Family planning services
- M.C.H services
- Spiritual and psychological counselling i.e. student, parents, couples, orphans, trauma cases etc.
- Paediatric care
- ENT services
- Maternity services
- Immunization
- Nutritional services
- Gynaecological and obstetric services
- Special clinics e.g. diabetes, hypertension etc.
- Surgeries
- Youth friendly services e.g. counselling on drug and substance abuse, peer pressure, sporting activities etc.
- Support with skills on handling of emergency and critical care support pending referral

#### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- The volunteers will be assigned duties in the health facility by professional staff

- Record keeping, weighing, and general cleanliness among other duties at the center.
- Assist in community outreach on health education
- Offer support to professional staff at the medical centre
- Healthcare support in collaboration with the community
- Submit Project Report to KVDA

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: PROJECT CYCLE MANAGEMENT**

To exchange new project management tools in order to strengthen capacities to design, lead and evaluate international IVS projects

**Project Cycle Management - PCM:** International training course – ITC, targeting local youth/social workers, representatives of local and international organizations.

### **AIM:**

- To exchange new project management tools in order to strengthen capacities to design, lead and evaluate international IVS projects with a particular focus on gender equality
- To examine case studies, to share experiences and best practices about different steps of the project cycle (needs assessment and analysis, set up a monitoring system and evaluation methods and tools)

**ORIENTATION:** Will be done on 6<sup>th</sup> May 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 7<sup>th</sup> May 2024

#### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

#### **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfer from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

#### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- Volunteers will stay in a house provided by the local community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

## **EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

**PROJECT NAME: ST. THERESA MABERA PRIMARY SCHOOL**

**CODE: KVDA/STV/05B**

**DATES: 6<sup>TH</sup> TO 27<sup>TH</sup> MAY 2024**

**ORIENTATION: 6<sup>TH</sup> MAY 2024**

**TRAVEL TO THE PROJECT: 7<sup>TH</sup> MAY 2024**

**PROJECT CLOSURE: 26<sup>TH</sup> MAY 2024**

**TRAVEL FROM THE PROJECT: 27<sup>TH</sup> MAY 2024**

**LOCATION: MABERA, MIGORI COUNTY, SOUTH WEST KENYA**

**THEME: WOMEN EMPOWERMENT: GIRL CHILD EDUCATION**

### **PROJECT OVERVIEW**

St. Theresa Maberu Primary School was registered on 3<sup>rd</sup> September 2018.

The School is situated in Maberu Township along the Migori to Isebania Road, Taraga location, Maberu Sub County of Migori County in South West Kenya.

The School is mixed day school for boys and girls located predominantly among the Kuria community that is among marginalized ethnic communities in Kenya.

The school has a population of 187 pupils; 96 boys and 91 girls.

The School has 8 teachers and 4 non-teaching staff members

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

**TYPE OF WORK CAMP: CHIL/EDU**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching
- Playing with children

- Sand harvesting
- Sensitization on the effects of female Genital Mutilation (FGM) to the children, parents and the entire community
- Empowering the vulnerable in society with focus on children
- Promotion of safe male circumcision
- Home visits to the orphans and the vulnerable in society
- Inter-cultural education to foster global cooperation

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: THEME: GIRL CHILD EDUCATION**

- Girls' education goes beyond getting girls into school. It is also about ensuring that girls learn and feel safe while in school; complete all levels of education with the skills to effectively compete in the labor market; learn the socio-emotional and life skills necessary to navigate and adapt to a changing world; make decisions about their own lives; and contribute to their communities and the world.
- Girls' education is a strategic development priority. Better-educated women tend to be healthier, participate more in the formal labor market, earn higher incomes, have fewer children, marry at a later age, and enable better health care and education for their children, should they choose to become mothers. All these factors combined can help lift households, communities, and nations out of poverty.

- According to UNESCO estimates, 130 million girls between the age of 6 and 17 are out of school and 15 million girls of primary-school age— half of them in sub-Saharan Africa— will never enter a classroom.
- Poverty remains the most important factor for determining whether a girl can access an education. For example, in [Nigeria](#), only 4 percent of poor young women in the North West zone can read, compared with 99 percent of rich young women in the South East. Studies consistently reinforce that girls who face multiple disadvantages — such as low family income, living in remote or underserved locations, disability or belonging to a minority ethno-linguistic group — are farthest behind in terms of access to and completion of education.
- Violence also negatively impacts access to education and a safe environment for learning. For example, in Haiti, [recent research](#) highlights that one in three Haitian women (ages 15 to 49) has experienced physical and/or sexual violence, and that of women who received money for sex before turning 18 years old, 27 percent reported schools to be the most common location for solicitation.
- [Child marriage](#) is also a critical challenge. Child brides are much more likely to drop out of school and complete fewer years of education than their peers who marry later. This affects the education and health of their children, as well as their ability to earn a living. [According to a recent report](#), more than 41,000 girls under the age of 18 marry every day and putting an end to the practice would increase women’s expected educational attainment, and with it, their potential earnings. According to estimates, ending child marriage could generate more than \$500 billion in benefits annually each year
- Every day, girls face barriers to education caused by poverty, cultural norms and practices, poor infrastructure, violence, and fragility. The WBG has joined with governments, civil society organizations, multilateral organization, the private sector, and donors to advance multi-sectoral approaches to overcome these challenges. Working together with girls and women, the WBG focus includes:
  - Providing conditional cash transfers, stipends or scholarships;
  - Reducing distance to school;
  - Targeting boys and men to be a part of discussions about cultural and societal practices;
  - Ensuring gender-sensitive curricula and pedagogies;

- Hiring and training qualified female teachers;
- Building safe and inclusive learning environments for girls and young women;
- Ending child/early marriage; and
- Addressing violence against girls and women

**ORIENTATION:** Will be done on **6<sup>th</sup> May 2024** at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of **7<sup>th</sup> May 2024**.

**AIRPORT PICK-UP SERVICES:**

- This will be done subject to provision of full flight details.
- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

**WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

**EDUCATIONAL TOURS**



KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### **ACCOMMODATION AND FOOD**

- The host community will provide a house to accommodate the volunteers with basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated.
- Mineral water available at supermarkets is recommended.
- There is electricity connection at the project and solar energy in case of power outages and the volunteers can charge electric appliances at the project.

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION:** +254721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JUNE 2024**

**PROJECT NAME: HAPPY ME HAPPY YOU**

**CODE: KVDA/STV/06A**

**DATES: 3<sup>RD</sup> TO 24<sup>TH</sup> JUNE 2024**

**ORIENTATION: 3<sup>RD</sup> JUNE 2024**

**TRAVEL TO THE PROJECT: 4<sup>TH</sup> JUNE 2024**

**PROJECT CLOSURE: 23<sup>RD</sup> JUNE 2024**

**TRAVEL FROM THE PROJECT: 24<sup>TH</sup> JUNE 2024**

**LOCATION: HAMISI, VIHIGA COUNTY, WESTERN KENYA**

**THEME: WOMEN EMPOWERMENT: GIRL CHILD EDUCATION**

## **PROJECT OVERVIEW**

**Happy Me Happy You** is a community-based organization set up to break the cycle of poverty in communities in Western Kenya.

- The group is passionate not only to support beneficiaries but enhancing the program at the grassroots to make the difference.
- The CBO has children as the priority with the number of students growing rapidly. The majority of the children are orphans who have grown up in extreme poverty with food scarcity
- By supplementing their nutritional needs, providing clean water and other basic necessities, the CBO is dedicated to provide a conducive environment for learning.
- The CBO supports parents and guardians to break the cycle of poverty in the community through food supplies, water filters, seedlings and generally enhancing the food security situation.

## **PROJECT LOCATION:**

- The project is located in Kipkiran village, Kipchekwen sub-location, Banja location of Vihiga County.
- The project is located 15 Kms from Majengo township along the main Kisumu Kakamega road.

**TYPE OF WORK CAMP: CHIL/EDU/MANU**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching
- Playing with children
- Empowering the vulnerable in society with focus on children
- Promotion of safe male circumcision
- Home visits to the orphans and the vulnerable in society
- Inter-cultural education to foster global cooperation

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: GIRL CHILD EDUCATION**

- Girls' education goes beyond getting girls into school. It is also about ensuring that girls learn and feel safe while in school; complete all levels of education with the skills to effectively compete in the labor market; learn the socio-emotional and life skills necessary to navigate and adapt to a changing world; make decisions about their own lives; and contribute to their communities and the world.

- Girls' education is a strategic development priority. Better-educated women tend to be healthier, participate more in the formal labor market, earn higher incomes, have fewer children, marry at a later age, and enable better health care and education for their children, should they choose to become mothers. All these factors combined can help lift households, communities, and nations out of poverty.
- According to UNESCO estimates, 130 million girls between the age of 6 and 17 are out of school and 15 million girls of primary-school age—half of them in sub-Saharan Africa— will never enter a classroom.
- Poverty remains the most important factor for determining whether a girl can access an education. For example, in [Nigeria](#), only 4 percent of poor young women in the North West zone can read, compared with 99 percent of rich young women in the South East. Studies consistently reinforce that girls who face multiple disadvantages — such as low family income, living in remote or underserved locations, disability or belonging to a minority ethno-linguistic group — are farthest behind in terms of access to and completion of education.
- Violence also negatively impacts access to education and a safe environment for learning. For example, in Haiti, [recent research](#) highlights that one in three Haitian women (ages 15 to 49) has experienced physical and/or sexual violence, and that of women who received money for sex before turning 18 years old, 27 percent reported schools to be the most common location for solicitation.
- [Child marriage](#) is also a critical challenge. Child brides are much more likely to drop out of school and complete fewer years of education than their peers who marry later. This affects the education and health of their children, as well as their ability to earn a living. [According to a recent report](#), more than 41,000 girls under the age of 18 marry every day and putting an end to the practice would increase women's expected educational attainment, and with it, their potential earnings. According to estimates, ending child marriage could generate more than \$500 billion in benefits annually each year
- Every day, girls face barriers to education caused by poverty, cultural norms and practices, poor infrastructure, violence, and fragility. The WBG has joined with governments, civil society organizations, multilateral organization, the private sector, and donors to advance multi-sectoral approaches to overcome these challenges. Working together with girls and women, the WBG focus includes:
  - Providing conditional cash transfers, stipends or scholarships;

- Reducing distance to school;
- Targeting boys and men to be a part of discussions about cultural and societal practices;
- Ensuring gender-sensitive curricula and pedagogies;
- Hiring and training qualified female teachers;
- Building safe and inclusive learning environments for girls and young women;
- Ending child/early marriage; and
- Addressing violence against girls and women

**TYPE OF WORK CAMP: CHIL/EDU/MANU**

**ORIENTATION:** Will be done on **3<sup>rd</sup> June 2024** at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of **4<sup>th</sup> June 2024**.

**AIRPORT PICK-UP SERVICES:**

- This will be done subject to provision of full flight details.
- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND FOOD**

- The host community will provide a house to accommodate the volunteers with basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated.
- Mineral water available at supermarkets is recommended.
- There is electricity connection at the project and solar energy in case of power outages and the volunteers can charge electric appliances at the project.

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION:** +254721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

**PROJECT NAME: NEWSTAR DRAMA GROUP**

**CODE: KVDA/STV/06B**

**DATES: 3<sup>RD</sup> -24<sup>TH</sup> JUNE 2024**

**ORIENTATION: 3<sup>RD</sup> JUNE 2024**

**TRAVEL TO THE PROJECT: 4<sup>TH</sup> JUNE 2024**

**PROJECT CLOSURE: 23<sup>RD</sup> JUNE 2024**

**TRAVEL FROM THE PROJECT: 24<sup>TH</sup> JUNE 2024**

**LOCATION: KISII COUNTY**

**THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT**

### **PROJECT OVERVIEW**

Newstar Drama Group was founded in 1993 at Kenya Institute of Mass Communication (KIMC) Nairobi and was registered in 1996 by the Ministry of Culture and Social services. The group is a traveling theatre group that has performed at many high schools, universities, colleges, primary schools, social forums and Kenya National Theatre. Newstar is a member of International Drama/Theatre and Education Association (IDEA).

**VISION:** To advocate for a better life on this earth as the educator to mankind like diseases, education, investment, human rights, good governance, community theatre and youth development.

**MISSION STATEMENT:** To tap, train and contract performing artistes e.g. Actors, actresses, playwrights, poets, narrators, comedians and theatre arts` directors.

### **OBJECTIVES**

- Educate the society on diseases like HIV/AIDS, malaria and health related issues.
- To promote environmental activities in schools and public forums.
- To perform current Kenyan examination-oriented literature SETBOOKS in high schools like “An Enemy of the people” by Henrik Ibsen, “The River between” by Ngugi wa Thiongo & “Utengano” by Said Mohammed.
- To champion for women empowerment and girl child education.
- To perform community theatre e.g. human rights, good governance, drug abuse awareness, poverty eradication, and development.
- To host and participate in international exchange forums like IDEA WORLD CONGRESSES among others.
- To organize international and local training drama workshops/seminars.

### **PROJECT ACTIVITIES**

- Creative, educational, entertaining and informative plays, comedies, narratives, poems, skits, traditional dances & training workshops
- Live performances on Kenyan examination literature set books e.g. “An Enemy of the people” by Henrik Ibsen and “The River between” by Ngugi wa Thiongo in secondary schools in Kenya.
- HIV/ Aids awareness program in both learning and non-learning forums.
- Running peace building and reconciliation program.
- Junior artistes’ program (children drama 6yrs - 15yrs)
- International artistes training and attachment program (1 month to 6 months) in Kenya, i.e. we attach performing artistes to our group performing projects between 1 month to 6 months.
- Entertainment and educative drama program.
- Exchange program with other artistes’ groups to share experiences.

### **PROJECT ACTIVITIES**

- Creative, educational, entertaining and informative plays, comedies, narratives, poems, skits, traditional dances & training workshops
- Live performances on Kenyan examination literature set books e.g. “An Enemy of the people” by Henrik Ibsen and “The River between” by Ngugi wa Thiongo in secondary schools in Kenya.
- HIV/ Aids awareness program in both learning and non-learning forums.
- Running peace building and reconciliation program.
- Junior artistes’ program (children drama 6yrs - 15yrs)



- International artistes training and attachment program (1 month to 6 months) in Kenya, i.e. we attach performing artistes to our group performing projects between 1 month to 6 months.
- Entertainment and educative drama program.
- Exchange program with other artistes' groups to share experiences.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

### **TYPE OF WORK CAMP: ART/EDU/THEATRE**

Volunteers will work for six hours daily from Monday to Friday.

### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Newstar Drama Group office work.
- Performing arts training.
- Live drama performances.
- Mentorship for artistes.
- Promotional activities including marketing theatre productions.
- Submit Project Report to KVDA.

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

- These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community.
- Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT**

- Gender equality implies a society in which women and men enjoy the same opportunities, outcomes, rights and obligations in all spheres of life. Equality between men and women exists when both sexes are able to share equally in the distribution of power and influence; have equal opportunities for financial independence through work or through setting up businesses; enjoy equal access to education and the opportunity to develop personal ambitions.
- A critical aspect of promoting gender equality is the empowerment of women, with a focus on identifying and redressing power imbalances and giving women more autonomy to manage their own lives. Women's empowerment is vital to sustainable development and the realization of human rights for all.
- The project aims to empower the women to actively continue with the struggle to enhance their capacities and ultimately take the lead in community development. This takes cognizance of the fact that despite being overrun by pro-men cultural foundations, women remain the pillar of families and the most vulnerable gender in the current societal set-up.

**ORIENTATION:** Will be done on 3<sup>rd</sup> June 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 4<sup>th</sup> June 2024

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

#### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a house provided by the local people with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JULY 2024**

**PROJECT NAME: ST. JOSEPH'S NYAMOSENSE SPECIAL UNIT SCHOOL**

**CODE: KVDA/STV/07A**

**DATES: 5<sup>TH</sup> -26<sup>TH</sup> JULY 2024**

**ORIENTATION: 5<sup>TH</sup> JULY 2024**

**TRAVEL TO THE PROJECT: 6<sup>TH</sup> JULY 2024**

**PROJECT CLOSURE: 25<sup>TH</sup> JULY 2024**

**TRAVEL FROM THE PROJECT: 26<sup>TH</sup> JULY 2024**

**LOCATION: KURIA, MIGORI COUNTY, SOUTH WEST KENYA**

**THEME: THE RIGHTS OF CHILDREN WITH DISABILITIES: "THE DUTY TO PROTECT, RESPECT, PROMOTE AND FULFILL"**

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

## **PROJECT OVERVIEW**

The School is still at the initial stages started in 2012 under Nyamosense Primary School and Nyamosense Catholic Church. The management is in the process of registering the institution with the Ministry of Social Services in Kubwaha. The inhabitants are Kuria speaking people residing in the South West of Kenya. Their economic mainstay is farming, where farmers grow tobacco, maize, beans, sweet potatoes and other horticultural crops for sale. Cattle and goat trade also take place but the volume of trade has gone very low owing to the incessant cases of cattle rustling between the Kuria people and the Maasai and Kipsigis of the neighboring Trans Mara district. The area has low levels of literacy especially among people aged from 35 years and above.

## **PROJECT ACTIVITIES**

The idea was prompted by the growing need to sensitive members of the local community on the plight of Children with disabilities, who continue to suffer neglect and denial as the society remains conservative and unwilling to attend to children with disabilities. Volunteers will work for six hours daily from Monday to Friday.

## **TYPE OF WORK CAMP: CHIL/DISA/EDU**

### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching pupils at the Special Unit School
- Care and support of orphans
- Interacting with children with disabilities
- Learn how to use sign language
- Brick making together with local community members
- Open forums for discussion on children rights
- Study lessons on retrogressive cultural practices like Female Genital Mutilation

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

## **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## **THEME: RIGHTS OF PEOPLE WITH DISABILITIES: “THE DUTY TO PROTECT, RESPECT, PROMOTE AND FULFILL”**

- People with disabilities faces a myriad of challenges and most of them are kept in the dark and never discussed. The society out of misinformation choose to segregate them and in some cases denying those basic rights, such as the right to education, right to socialize with other people and the attendant stigma that takes a psychological toll on the victims.
- People with disabilities are the most marginalized and vulnerable group in Kenya. They are often abused, exploited and excluded by society, denying them of their right to health, protection and education.
- The work camp provides an opportunity for all actors to renew their commitments towards improving the plight of marginalized and vulnerable by organizing activities aimed at including people with disabilities hence actively integrating them into the community development spectrum. There is a lot of stigma within communities towards homes and institutions with people with disabilities.
- The public needs to know that they can be useful citizens in the future and also contribute towards the development of the country. Because of the continued stigma, parents often hide their children and deny them their rights, thinking they are totally helpless. Volunteers together with community members and people with disability will create forums where the local will be enlightened and enabled to understand that “Disability is not inability”.
- The volunteers will work together with members of the local community to address the issue of stigma and access to basic facilities and the place of children with disabilities in the contemporary world

**ORIENTATION:** Will be done on 5<sup>th</sup> July 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 6<sup>th</sup> July 2024

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

**WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

**EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

**ACCOMMODATION AND MEALS**

- Volunteers will stay in a homestead with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- However, the Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JULY 2024**

**PROJECT NAME: NEWSTAR DRAMA GROUP**



**CODE: KVDA/STV/07B**

**DATES: 5<sup>TH</sup> -26<sup>TH</sup> JULY 2024**

**ORIENTATION: 5<sup>TH</sup> JULY 2024**

**TRAVEL TO THE PROJECT: 6<sup>TH</sup> JULY 2024**

**PROJECT CLOSURE: 25<sup>TH</sup> JULY 2024**

**TRAVEL FROM THE PROJECT: 26<sup>TH</sup> JULY 2024**

**LOCATION: KISII COUNTY**

**THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT**

### **PROJECT OVERVIEW**

Newstar Drama Group was founded in 1993 at Kenya Institute of Mass Communication (KIMC) Nairobi and was registered in 1996 by the Ministry of Culture and Social services. The group is a traveling theatre group that has performed at many high schools, universities, colleges, primary schools, social forums and Kenya National Theatre. Newstar is a member of International Drama/Theatre and Education Association (IDEA).

**VISION:** To advocate for a better life on this earth as the educator to mankind like diseases, education, investment, human rights, good governance, community theatre and youth development.

**MISSION STATEMENT:** To tap, train and contract performing artistes e.g. Actors, actresses, playwrights, poets, narrators, comedians and theatre arts` directors.

### **OBJECTIVES**

- Educate the society on diseases like HIV/AIDS, malaria and health related issues.
- To promote environmental activities in schools and public forums.
- To perform current Kenyan examination-oriented literature SETBOOKS in high schools like “An Enemy of the people” by Henrik Ibsen, “The River between” by Ngugi wa Thiongo & “Utengano” by Said Mohammed.
- To champion for women empowerment and girl child education.
- To perform community theatre e.g. human rights, good governance, drug abuse awareness, poverty eradication, and development.
- To host and participate in international exchange forums like IDEA WORLD CONGRESSES among others.

- To organize international and local training drama workshops/seminars.

### **PROJECT ACTIVITIES**

- Creative, educational, entertaining and informative plays, comedies, narratives, poems, skits, traditional dances & training workshops
- Live performances on Kenyan examination literature set books e.g. “An Enemy of the people” by Henrik Ibsen and “The River between” by Ngugi wa Thiongo in secondary schools in Kenya.
- HIV/ Aids awareness program in both learning and non-learning forums.
- Running peace building and reconciliation program.
- Junior artistes’ program (children drama 6yrs - 15yrs)
- International artistes training and attachment program (1 month to 6 months) in Kenya, i.e. we attach performing artistes to our group performing projects between 1 month to 6 months.
- Entertainment and educative drama program.
- Exchange program with other artistes’ groups to share experiences.

### **PROJECT ACTIVITIES**

- Creative, educational, entertaining and informative plays, comedies, narratives, poems, skits, traditional dances & training workshops
- Live performances on Kenyan examination literature set books e.g. “An Enemy of the people” by Henrik Ibsen and “The River between” by Ngugi wa Thiongo in secondary schools in Kenya.
- HIV/ Aids awareness program in both learning and non-learning forums.
- Running peace building and reconciliation program.
- Junior artistes’ program (children drama 6yrs - 15yrs)
- International artistes training and attachment program (1 month to 6 months) in Kenya, i.e. we attach performing artistes to our group performing projects between 1 month to 6 months.
- Entertainment and educative drama program.
- Exchange program with other artistes’ groups to share experiences.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

### **TYPE OF WORK CAMP: EDUC/ART/FEST/THEATRE**

Volunteers will work for six hours daily from Monday to Friday.

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Newstar Drama Group office work.
- Performing arts training.
- Live drama performances.
- Mentorship for artistes.
- Promotional activities including marketing theatre productions.
- Submit Project Report to KVDA.

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

- These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community.
- Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT**

- Gender equality implies a society in which women and men enjoy the same opportunities, outcomes, rights and obligations in all spheres of life. Equality between men and women exists when both sexes are able to share equally in the distribution of power and influence; have equal opportunities for financial independence through work or through setting up businesses; enjoy equal access to education and the opportunity to develop personal ambitions.
- A critical aspect of promoting gender equality is the empowerment of women, with a focus on identifying and redressing power imbalances and giving women more autonomy to manage their own lives. Women's empowerment is vital to sustainable development and the realization of human rights for all.

- The project aims to empower the women to actively continue with the struggle to enhance their capacities and ultimately take the lead in community development. This takes cognizance of the fact that despite being overrun by pro-men cultural foundations, women remain the pillar of families and the most vulnerable gender in the current societal set-up.

**ORIENTATION:** Will be done on 5<sup>th</sup> July 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 6<sup>th</sup> July 2024

#### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

#### **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

## **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- Volunteers will stay in a house provided by the local people with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

## **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

# **JULY 2024**

**PROJECT NAME: RODDY'S ECO COVER ENVIRONMENTAL PROJECT**

**CODE: KVDA/STV/07C**

**DATES: 12<sup>TH</sup> – 30<sup>TH</sup> JULY 2024**

**ORIENTATION: 12<sup>TH</sup> JULY 2024**

**TRAVEL TO THE PROJECT: 13<sup>TH</sup> JULY 2024**

**PROJECT CLOSURE: 29<sup>TH</sup> JULY 2024**

**TRAVEL FROM THE PROJECT: 30<sup>TH</sup> JULY 2024**

**LOCATION: VIHIGA COUNTY, WESTERN KENYA**

**THEME: YOUTH ENTREPRENEURSHIP AND LEADERSHIP  
DEVELOPMENT**

## **PROJECT OVERVIEW**

- Roddy's Eco-Cover is a community-based organization founded in 2011 to champion environmental awareness with forestry as key concern
- The project was established by members of the local community with the aim of empowerment for the less fortunate members in the quest to tackle development challenges at the grassroots.
- Its major focus is on environmental concern to mitigate the effects of climate change and foster inter-cultural education among the local community
- The project is located at Ebuyangu village in Emuhaya constituency in Vihiga country that is situated in Western Kenya

- It is situated 430 Kilometers away from Nairobi city and its located in an area that is famed for cultural diversity due to the high population density
- The volunteers will be hosted in a homestead to experience cultural diversity and learn to live and interact with members of the host community in an atmosphere of cooperation and solidarity
- This project has hosted previously both local and international volunteers and it has great potential for the replication of its activities in equally challenging circumstances in other regions of Kenya

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

**TYPE OF WORK CAMP: SOCI/ENVI/EDUC**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Manual work and intercultural activities
- Agro forestry that will include tree planting
- Preparation of tree nurseries and weeding
- Land scaping and tending to bamboo trees in the natural habitat
- Cleanup activities
- Naming of trees
- Home visits
- Inter-cultural learning coupled with home visits for exposure to development challenges.
- Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will be done most probably during the weekends.

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## **THEME: YOUTH ENTREPRENEURSHIP AND LEADERSHIP DEVELOPMENT**

### **DESCRIPTION OF THE PROBLEM/CHALLENGES**

**CHALLENGES FACING YOUTH IN KENYA:** Below are some risk factors that affect entrepreneurship development in particular:

**rites of passage:** The absence of rites of passage means that youth are no longer well prepared for adulthood by the traditional means of providing youth with mentors who give them advice to equip them for adulthood;

**education:** Suitability of education/vocational training for the labor market. There is limited access to secondary schools and alternative forms of education are lacking. There is also a need for life skills training in the education curriculum. At present, students are trained just to pass exams;

**inequality/regional disparity:** There is inequality in many fields, and often this has a regional aspect. Youth in certain geographical regions are marginalized, with restricted access to opportunities that are available to other young persons. In urban areas, poor youth and those living in slum areas have severely limited access to services and opportunities;

**society's attitude towards youth:** Youth face discrimination purely on the grounds of age. This is legitimized by beliefs such as wisdom only comes with age, and that youth is merely a transition period. Society also perceives youth as irresponsible and troublemakers. This perception may contribute to difficulty in obtaining credit;

**expectations of youth:** Society's expectations of young people are not very clear. A gap in expectations has opened between what parents and older generations expect of youth on the one hand, and the expectations of youth themselves (influenced by their peers, and



the media, etc.). Society's expectations of youth may overshadow personal expectations and overwhelm youth. There is also an assumption that white-collar jobs are best and little encouragement is offered to youth to take up blue-collar jobs;

**DISPLACEMENT:** Especially in slum areas, the demolition of homes has displaced many youths. Others were rendered homeless by the politically inspired ethnic clashes around election time in the 1990s. Homes on proposed road routes, close to power lines and railway tracks are being demolished. The social consequences, both short and long term, of such displacement are severe;

**POLICIES:** Gaps in, and unsuitability of, existing policy can be cited, along with important problems of implementation. Absence of youth participation in actual decision-making or implementation of policies affecting them was also cited. Youth are merely used as tokens in the policy formulation process;

**CORRUPTION:** Corruption can be cited as one of the major risk factors affecting youth. It results in unequal access to resources. It is especially cited as a problem when youth are trying to establish businesses. Those who lack money to bribe have difficulty in getting assistance to set up their businesses;

**TRANSITION:** Kenya is undergoing transition in many areas and this affects youth particularly. For example, there is a transition from an agrarian to an information based society, yet knowledge is not keeping up with the changes. Changes in social expectations are also resulting in confusion. Children are obliged to take on the roles of adults when households are decimated by HIV/AIDS. The influence and support of the extended family is also declining;

**CHOICE OF ROLE MODELS:** Negative role models tend to be elevated. There is a dearth of positive models for leadership roles, exacerbated by the negative and corrupt image of leaders projected by the media. Parents, too, may often present negative role models in alcoholism and violence. The media glorifies negative role models, such as drug barons and advertisements for alcohol glamorize risky behavior.

**ORIENTATION:** Will be done on 12<sup>th</sup> July 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 13<sup>th</sup> July 2024.

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi

- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

#### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a homestead within the community with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- There is electricity in this homestead

- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is electricity connection at the project and the volunteers have an opportunity to use electric appliances.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **JULY 2024**

**PROJECT NAME: ST. THERESA MABERA PRIMARY SCHOOL**

**CODE: KVDA/STV/07D**

**DATES: 12<sup>TH</sup> TO 30<sup>TH</sup> JULY 2024**

**ORIENTATION: 12<sup>TH</sup> JULY 2024**

**TRAVEL TO THE PROJECT: 13<sup>TH</sup> JULY 2024**

**PROJECT CLOSURE: 29<sup>TH</sup> JULY 2024**

**TRAVEL FROM THE PROJECT: 30<sup>TH</sup> JULY 2024**

**LOCATION: MABERA, MIGORI COUNTY, SOUTH WEST KENYA**

**THEME: WOMEN EMPOWERMENT: GIRL CHILD EDUCATION**

### **PROJECT OVERVIEW**

St. Theresa Maberera Primary School was registered on 3<sup>rd</sup> September 2018.

The School is situated in Maberera Township along the Migori to Isebania Road, Taraga location, Maberera Sub County of Migori County in South West Kenya.

The School is mixed day school for boys and girls located predominantly among the Kuria community that is among marginalized ethnic communities in Kenya.

The school has a population of 187 pupils; 96 boys and 91 girls.

The School has 8 teachers and 4 non-teaching staff members

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

**TYPE OF WORK CAMP: CHIL/MANU/SOCI**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching
- Playing with children
- Sand harvesting

- Sensitization on the effects of female Genital Mutilation (FGM) to the children, parents and the entire community
- Empowering the vulnerable in society with focus on children
- Promotion of safe male circumcision
- Home visits to the orphans and the vulnerable in society
- Inter-cultural education to foster global cooperation

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: GIRL CHILD EDUCATION**

- Girls’ education goes beyond getting girls into school. It is also about ensuring that girls learn and feel safe while in school; complete all levels of education with the skills to effectively compete in the labor market; learn the socio-emotional and life skills necessary to navigate and adapt to a changing world; make decisions about their own lives; and contribute to their communities and the world.
- Girls’ education is a strategic development priority. Better educated women tend to be healthier, participate more in the formal labor market, earn higher incomes, have fewer children, marry at a later age, and enable better health care and education for their children, should they choose to become mothers. All these factors combined can help lift households, communities, and nations out of poverty.
- According to UNESCO estimates, 130 million girls between the age of 6 and 17 are out of school and 15 million girls of primary-school age— half of them in sub-Saharan Africa— will never enter a classroom.

- Poverty remains the most important factor for determining whether a girl can access an education. For example, in [Nigeria](#), only 4 percent of poor young women in the North West zone can read, compared with 99 percent of rich young women in the South East. Studies consistently reinforce that girls who face multiple disadvantages — such as low family income, living in remote or underserved locations, disability or belonging to a minority ethno-linguistic group — are farthest behind in terms of access to and completion of education.
- Violence also negatively impacts access to education and a safe environment for learning. For example, in Haiti, [recent research](#) highlights that one in three Haitian women (ages 15 to 49) has experienced physical and/or sexual violence, and that of women who received money for sex before turning 18 years old, 27 percent reported schools to be the most common location for solicitation.
- [Child marriage](#) is also a critical challenge. Child brides are much more likely to drop out of school and complete fewer years of education than their peers who marry later. This affects the education and health of their children, as well as their ability to earn a living. [According to a recent report](#), more than 41,000 girls under the age of 18 marry every day and putting an end to the practice would increase women’s expected educational attainment, and with it, their potential earnings. According to estimates, ending child marriage could generate more than \$500 billion in benefits annually each year
- Every day, girls face barriers to education caused by poverty, cultural norms and practices, poor infrastructure, violence, and fragility. The WBG has joined with governments, civil society organizations, multilateral organization, the private sector, and donors to advance multi-sectoral approaches to overcome these challenges. Working together with girls and women, the WBG focus includes:
  - Providing conditional cash transfers, stipends or scholarships;
  - Reducing distance to school;
  - Targeting boys and men to be a part of discussions about cultural and societal practices;
  - Ensuring gender-sensitive curricula and pedagogies;
  - Hiring and training qualified female teachers;

- Building safe and inclusive learning environments for girls and young women;
- Ending child/early marriage; and
- Addressing violence against girls and women

**ORIENTATION:** Will be done on **12<sup>th</sup> July 2024** at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of **13<sup>th</sup> July 2024**.

**AIRPORT PICK-UP SERVICES:**

- This will be done subject to provision of full flight details.
- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

**WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

**EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### **ACCOMMODATION AND FOOD**

- The host community will provide a house to accommodate the volunteers with basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated.
- Mineral water available at supermarkets is also recommended.
- There is electricity connection at the project and solar energy in case of power outages and the volunteers can charge electric appliances at the project.

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION:** +254721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JULY 2024**

**PROJECT NAME:** ST. JAMES COMMUNITY ORPHANS SCHOOL

**CODE:** KVDA/STV/07E



**DATES: 12<sup>TH</sup> -30<sup>TH</sup> JULY 2024**

**ORIENTATION: 12<sup>TH</sup> JULY 2024**

**TRAVEL TO THE PROJECT: 13<sup>TH</sup> JULY 2024**

**PROJECT CLOSURE: 29<sup>TH</sup> JULY 2024**

**TRAVEL FROM THE PROJECT: 30<sup>TH</sup> JULY 2024**

**LOCATION: MFANGANO ISLAND, LAKE VICTORIA REGION**

**THEME: TEENAGE PREGNANCY IN THE SOCIETY**

### **PROJECT OVERVIEW**

St. James Community Orphans School is a community owned school whose idea was conceived to the challenges that the community has been with over the years. For a long time, parents have passed on leaving their children to be orphans who are either total or partial. Due to constant and continuous death and other related issues, the number of these orphans grew to an escalating rate which eventually led to call for intervention. It is this regard the school has taken good care of most of these orphans since school opened its doors on the 9<sup>th</sup> January 2012 hitherto

St. James Community School is located in Mfangano Island, Homabay County in Kenya. It's one of the many islands in Lake Victoria with several beaches. Being an island with many fishing beaches, it's prone to a unique lifestyle that contributes to high prevalence rate of HIV/AIDS which leads to many orphans

St. James School is addressing three major problems

4. Free education for these orphans
5. Poor nutrition
6. Alarming low levels of domestic income among caregivers households

In 2014, the school started with a population of 45 orphans represented in three kindergarten classes, with 3 teachers. To date the school is enjoying a

population of 112 both total and partial orphans aged between 3 years to 12 years. The school has seven classes with 8 teachers.

**LOCATION:** The school is located within Mfangano Island, Waware sub-location, Mfangano north location, Mfangano division, Mbita Sub-county of Homa-Bay County.

**PUPIL POPULATION:** 112

**CLASSROOMS:** 7

**TEACHERS:** 8

**CLASSES:** Baby class, Nursery class, Pre-unit class, Standard one to four

**SPONSORS:** Community sponsored

**VISION:**” To be an exemplary Centre of excellence in quality holistic, academic education provision within the community”

**MISSION:**” To provide accessible and acceptable education to the less fortunate professionally, and in a formal manner that can be realized from within and without the community”

**MOTTO:**” Arise and shine for a better life”.

**OBJECTIVE:** To be the school within the island in helping provide for the welfare and well-being of the numerous orphans and destitute left behind as a result of HIV/AIDS pandemic.

**VOLUNTEER PROGRAMMES:** Since the school’s inception in 2012, the school has various volunteer activities. Among them being:

- d) In 2012 (**May-August**), we received two volunteer teachers who helped the school in teaching `of physical ad vocation (P.E). The volunteers were from Italy.
- e) (**Jan-Feb**) 2013, the school, got one volunteer (male) from Japan who helped in the school garden.

f) **(May-June)**, we had 2 volunteers (a couple) from USA, Michigan who helped the teaching of health and sanitation lessons.

Security for our volunteers has always been our number one priority. Moreover, the school is situated barely 600m from the police post

We also have a Government of Kenya dispensary within the same area to cater for health emergency that might arise

The school is committed to offering hope to children and especially who are vulnerable to societal risks and this call for community of efforts.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

**TYPE OF WORK CAMP: CHIL/AGRI/EDUC**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Farming
- Home visits to orphans and caregivers
- Sports with school pupils
- Workshops about children rights to the local community
- Advocacy against teenage pregnancy
- Social work majorly guiding and counseling for the HIV/AIDS program at the health center
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: TEENAGE PREGNANCY IN THE SOCIETY**

Lack of information about reproductive health and high rates of child abuse have caused the upsurge of teenage pregnancy

Lack of information about reproductive health and high rates of child abuse has caused an high rate of early pregnancy

**AIM:** To reduce the cases of early pregnancy

#### **SPECIFIC OBJECTIVES**

- To improve and strengthen the health workers methodology on disseminating information among the young people on grassroots level
- To create a platform of social workers and peer educators to campaign against sexual harassment within the community
- To advocate on children rights within the community

#### **ACTIVITIES**

- Workshops about children rights to the local community
- Advocacy against teenage pregnancy

#### **TARGET GROUPS**

- Workshop: health workers, parents and peer educators
- Health Camp: parents, teachers, health workers and peer educators

**METHODS** group discussion, “café” method, planning discussion, expert analysis

#### **INDICATORS**

- Number of schools calling for peer educators after the health camp, for reproductive health education
- Number of community leader requesting for more advocacy through health camps

-Number of health workers getting more involved in organizing workshops for emphasizing and enhancing the effects of early pregnancy

**ORIENTATION:** Will be done on 12<sup>th</sup> July 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 13<sup>th</sup> July 2024.

#### **AIRPORT PICK-UP SERVICES:**

- This will be done subject to provision of full flight details.
- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

#### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- The host community will provide a house to accommodate the volunteers with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

## **EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **AUGUST 2024**

**PROJECT NAME: NYAMIRA MISSIONARIES CULTURAL DEVELOPMENT (NMCD)**

**CODE: KVDA/STV/08A**

**DATES: 2<sup>ND</sup> -23<sup>RD</sup> AUGUST 2024**

**ORIENTATION: 2<sup>ND</sup> AUGUST 2024**

**TRAVEL TO THE PROJECT: 3<sup>RD</sup> AUGUST 2024**

**PROJECT CLOSURE: 22<sup>ND</sup> AUGUST 2024**

**TRAVEL FROM THE PROJECT: 23<sup>RD</sup> AUGUST 2024**

**LOCATION: NYAMIRA COUNTY**

**THEME: ENTREPRENEURSHIP SKILLS TRAINING**

### **PROJECT OVERVIEW**



### **VISION**

To be the best cultural performers and handicraft makers in Kenya

### **MISSION**

To create an environment where personal and cultural change that support each other in the context of community.

### **GOALS AND OBJECTIVES**

1. To establish a presence of a successful supplier of soapstone carvings, clay and wooden artifacts locally and internationally.

2. To gain a substantial market share of the artifacts and cultural performance and tourist centre at local and international level.
3. To run orphanage home to cater for orphans and children from poor families for their shelter, food and education.
4. To engage into community development for empowering women and youth for them to be self-reliant in generating income and being in touch with socio-political realities in the country and at international level.
5. To engage into voluntary services at local and international level with interested organizations who have common objectives with our organizations to improve living standards of human beings across the world.

## **BACKGROUND**

Nyamira missionaries was founded and registered with social development in 2002 in Kenya.

The organization is located at Nyaramba -Nyamira County in South Nyanza Region of Kenya.

The organization consists of 137 members consisting men, women, youth who vary the age of 18 years to even 80 years. The organization has the office at Nyaramba market in Nyamira county about 10 km from Nyamira town on way to Ikonge town ship center.

The organization is managed is managed by executive committee that consists of chairperson, vice chairperson, the secretary, Vice Secretary, Treasurer and 5 members.

The organization runs the following projects;

### **NYARAMBA MISSIONARIES CENTER**

The project attracts local and international travellers who come to relax and watch the following activities;

- a. The traditional Gusii cultural dances. These live performances that one session takes 1 hour. The dance troupe dances all Gusii cultural styles in African attires .It offers entertainment, education and information. The dance is quite vigorous and moving





- b. The artefacts are also displayed for general viewing and sale for both local and international visitors. These items are made by group members and it is one way of raising the income to up keep the organization and create self-employment for the members who always assemble at organization center to engage in this activity. They are professional and they have had exchange program with Burundi and Malawi in the past. The organization is looking for partners and volunteers from local and international level to run the program.



- c. The volunteers' rooms that are self-contained ,clean, have warm water, and have even all facilities even for cooking for those local and international tourists who may wish to

prepare for their own choice of food. The rooms are allocated at organization offices in good conducive environment with security and friendly neighbourhood. The organization welcomes local and international tourists to come for holidays and weekends to its facilities



- d. The organization engages in African beautiful baskets weaving that takes place at its organization premises. They sell locally and internationally. Therefore the organization is looking for partners and volunteers to create the market in Kenya and across the country.



**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

**TYPE OF WORK CAMP: CULT/MANU/ART**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Weaving
- Art work
- Women training on self-awareness and confidence building
- Women training on entrepreneurship skills and financial management

- Meetings and media campaign on women empowerment in leadership
- Home visits and topical discussion with the local people

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: ENTREPRENEURSHIP SKILLS TRAINING SPECIFIC OBJECTIVES**

- To train women on entrepreneurship skills and financial management
- To empower men, women and community leaders on leadership
- To build capacity of women on life skills and self-confidence

### **ACTIVITIES**

- Women training on self-awareness and confidence building
- Women training on entrepreneurship skills and financial management
- Meetings and media campaign on women empowerment in leadership

### **TARGET GROUPS**

Activity 1: Young women aged 18 - 35  
 Activity 2: Young women aged 18 - 35  
 Activity 3: Young women aged 18 – 35

- Men aged 18-35
- Community leaders 35+

**METHODS:** Energizers, group discussions, group presentations, audio, videos, site visits, testimonies

## INDICATORS

### **Objective 1:**

- a) Number of women have increased knowledge on entrepreneurship skills and financial management;
- b) Number of women have started their own business

### **Objective 2:**

- a) number of women and man having skills on leadership;
- b) number of women competing for leadership positions;
- c) number of women who are participating in community meeting

### **Objective 3:**

- a) number of speeches to women in the community;
- b) number of women taking local leadership roles in the community

**ORIENTATION:** Will be done on 2<sup>nd</sup> August 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 3<sup>rd</sup> August 2024.

### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

#### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### **ACCOMMODATION AND FOOD**

- The host community will provide a house to accommodate the volunteers with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated.
- Mineral water available at supermarkets is also recommended.
- There is electricity connection at the project and so the volunteers can use electric appliances.

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **AUGUST 2024**

**PROJECT NAME:** NYAMANCHE PRIMARY SCHOOL

**CODE:** KVDA/STV/08B

**DATES:** 2<sup>ND</sup> -23<sup>RD</sup> AUGUST 2024

**ORIENTATION:** 2<sup>ND</sup> AUGUST 2024

**TRAVEL TO THE PROJECT:** 3<sup>RD</sup> AUGUST 2024

**PROJECT CLOSURE:** 22<sup>ND</sup> AUGUST 2024

**TRAVEL FROM THE PROJECT:** 23<sup>RD</sup> AUGUST 2024

**LOCATION:** KURIA, MIGORI COUNTY, SOUTH WEST KENYA

**THEME:** GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION

### **PROJECT OVERVIEW**

Nyamanche Primary School started the year 1981 as a Government School. The School supports children from the neighbouring villages. It consists of 600 (six hundred) pupils, 350 girls and 250 boys. The school has 12 teachers, 1 female and 11 male. It has 10 classrooms, 2 offices and 1 kitchen. The school has good academic record in the County.

### **MOTTO;**

“Strive for Excellence”

### **OBJECTIVES**

5. To mould future leaders
6. Maintain high discipline

7. To reduce illiteracy level in the Community
8. Create platform for volunteerism.

## **CHALLENGES**

- Cultural practice such as female genital mutilation
- Poor sanitation
- Lack of funds to facilitate the proposed development projects
- Dependency on external assistance
- Poor utilization of available resources

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## **PROJECT ACTIVITIES**

The school was started with the aim of having members of the community have access to education and more so the girl child. In this community, differences between man and woman dictate a difference in their social roles and this reinforces a notion that men are more superior to women. Capacity building will provide both men and women with political insight and moral support in confronting gender issues. A woman's social status has led to marginalization. This was the very reason of starting the school so as to empower the girl child.

The project involves different types of activities. These include:

### **TYPE OF WORK CAMP: CHIL/EDUC/MANU**

Volunteers will work for six hours daily from Monday to Friday.

### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- School construction
- Teaching primary school pupils
- Tree planting
- Stones collection and pathways clearing
- Sensitization of the community on the side effects of FGM
- Home visits and topical discussion with the local people

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community



## **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## **THEME: GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION (FGM)**

- Female genital mutilation is a strong tradition in this community. It is illegal. But still more than one third of the women are circumcised and each and every young woman is subjected to the cut.
- The church has preached against FGM for decades but in spite of the deep devoutness the priests do not have enough power over the souls.
- FGM has nothing to do with religion; it is a so-called culture and tradition in certain groups.
- The practice is deeply rooted in views on chastity, transition to womanhood, “purity” for marriage and basically a wish to control women sexually. In certain areas the survival and fertility of the local community is assumed to be threatened if the girls are not circumcised. Many brave young girls who refuse FGM are regarded as “unmarriageable” and become outcasts.
- It is a brutal act, painful and has led to the spread of HIV/AIDS. Volunteers will be required to liaise with other Non-Governmental organizations like Red Cross in creation of awareness to the community.

**ORIENTATION:** Will be done on 2<sup>nd</sup> August 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 3<sup>rd</sup> August 2024.

## **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

## **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

## **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- Volunteers will stay in classrooms at the School with very basic living conditions.

- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

**AUGUST 2024**

**PROJECT NAME: ESIARAMBATSI HEALTH CENTER**

**CODE: KVDA/STV/08C**

**DATES: 9<sup>TH</sup>-30<sup>TH</sup> AUGUST 2024**

**ORIENTATION: 9<sup>TH</sup> AUGUST 2024**

**TRAVEL TO THE PROJECT: 10<sup>TH</sup> AUGUST 2024**

**PROJECT CLOSURE: 29<sup>TH</sup> AUGUST 2024**

**TRAVEL FROM THE PROJECT: 30<sup>TH</sup> AUGUST 2024**

**LOCATION: VIHIGA COUNTY, WESTERN KENYA**

**THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT**

### **PROJECT OVERVIEW**

ESIARAMBATSI HEALTH CENTRE is one of the health centers established in the wider Emuhaya district to cater for the medical needs of the local people in the community. It's a community-based health center which cares for mothers, children's and also people living with HIV/AIDS. The centre also offers pre-and ante-natal cares to women. The local community is composed of the Luhya community which occupies the vast western Kenya region and the local people are hospitable and welcoming. HIV/AIDS is a major challenge in the local community that has resulted into many challenges that have had a negative impact on the socio-economic development of the community.

The health center is a community initiative that is currently run by the Ministry of health and has three nurses who work under a nursing officer in charge.

The center offers curative, preventative and promotion services.

Water is available from streams, rain water occasionally harvested and volunteers have the opportunity to learn to live in adversity and especially when Kenya grapples with the poverty challenge that is the single most obstacles to sustainable development.

## **OBJECTIVES**

The main objective of the project is to provide health care to the community using locally available resources.

The empowerment program reaches out to ensure that the local community is integrated into the day to day activities and the role of the volunteers is to play the role of the catalyst to re-activate the process.

Most community members are small scale farmers who are not even able to produce enough food to support their own families

**TARGET GROUP:** The target group consists of community members.

**LOCATION:** The project is located in Emuhaya District of the Western region of Kenya approximately eight hours drive from Nairobi city.

**NATURE OF WORK:** Volunteers placed in this project will be involved in the following activities:

- Medical work in the dispensary such as registration of patients, giving out patients following the doctors' description, observation and noting the progress of every patient, and cleanliness at the hospital.
- Family planning services, immunization, maternal and child health are some of the services offered at the project
- The volunteers will also be involved in awareness creation in the community to promote the sustainability of the livelihood among community members both in community forums and also in local schools. Moreover, volunteers placed in this project will engage the community members in a study topic: focus on public health and sanitation especially in the local schools to be able to develop a young generation that is equipped with information. Hence volunteers will be expected to work hand in hand with the hospital management to realize the goals of the placement in this project and thus enhance the capacity of the health facility.
- The volunteers will be assigned duties in the health facility by professional staff

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

#### **PROJECT ACTIVITIES**

The facility offers health services to the local community members

#### **TYPE OF WORK CAMP: MEDI**

Volunteers will work for maximum of six hours daily from Monday to Friday and the schedule is flexible to suit into the capability of individual volunteers. The focus will be on the following:

#### **WORK AND INTERCULTURAL ACTIVITIES:**

- Volunteers will be assigned duties in the health facility by professional staff
- Cultural days for various nationalities
- Home visits and topical discussion with the local people on thematic focus of the project
- Excursion to Lake Victoria in Kisumu and Kakamega Rain Forest

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

#### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch, flashlight, sandals, mosquito net, national flag from your country, among others

#### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT**

- Gender equality implies a society in which women and men enjoy the same opportunities, outcomes, rights and obligations in all spheres of life. Equality between men and women exists when both sexes are able to share equally in the distribution of power and influence; have equal opportunities for financial independence through work or through setting up businesses; enjoy equal access to education and the opportunity to develop personal ambitions.
- A critical aspect of promoting gender equality is the empowerment of women, with a focus on identifying and redressing power imbalances and giving women more autonomy to manage their own lives. Women's empowerment is vital to sustainable development and the realization of human rights for all.
- The project aims to empower the women to actively continue with the struggle to enhance their capacities and ultimately take the lead in community development. This takes cognizance of the fact that despite being overrun by pro-men cultural foundations, women remain the pillar of families and the most vulnerable gender in the current societal set-up.

**ORIENTATION:** Will be done on 9<sup>th</sup> August 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 10<sup>th</sup> August 2024.

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a house provided by the local community with very modest living conditions.
- Volunteers should bring sleeping bags and mats and have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is electricity connection at both the accommodation and health center so volunteers can charge electrical appliances.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!



**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

## **AUGUST 2024**

**PROJECT NAME: HAPPY ME HAPPY YOU**

**CODE: KVDA/STV/08D**

**DATES: 9<sup>TH</sup> TO 30<sup>TH</sup> AUGUST 2024**

**ORIENTATION: 9<sup>TH</sup> AUGUST 2024**

**TRAVEL TO THE PROJECT: 10<sup>TH</sup> AUGUST 2024**

**PROJECT CLOSURE: 29<sup>TH</sup> AUGUST 2024**

**TRAVEL FROM THE PROJECT: 30<sup>TH</sup> AUGUST 2024**

**LOCATION: HAMISI, VIHIGA COUNTY, WESTERN KENYA**

**THEME: WOMEN EMPOWERMENT: GIRL CHILD EDUCATION**

### **PROJECT OVERVIEW**

- Happy Me Happy You is a community-based organization set up to break the cycle of poverty in communities in Western Kenya.
- The group is passionate not only to support beneficiaries but enhancing the program at the grassroots to make the difference.

- The CBO has children as the priority with the number of students growing rapidly. The majority of the children are orphans who have grown up in extreme poverty with food scarcity
- By supplementing their nutritional needs, providing clean water and other basic necessities, the CBO is dedicated to provide a conducive environment for learning.
- The CBO supports parents and guardians to break the cycle of poverty in the community through food supplies, water filters, seedlings and generally enhancing the food security situation.

**TYPE OF WORK CAMP: CHIL/EDU/MANU**

**PROJECT LOCATION:**

- The project is located in Kipkiran village, Kipchekwen sub-location, Banja location of Vihiga County.
- The project is located 15 Kms from Majengo township along the main Kisumu-Kakamega road.

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching children
- Playing with children, engage in social activities and games
- Cook and serve meals
- Farm to provide food, interact with parents
- Assist in classroom construction and maintain roads around the school
- Engage in team building activities with staff, fetch water for cooking and cleaning
- Empowering the vulnerable in society with focus on children
- Home visits to the orphans and the vulnerable in society
- Inter-cultural education to foster global cooperation

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: GIRL CHILD EDUCATION**

- Girls' education goes beyond getting girls into school. It is also about ensuring that girls learn and feel safe while in school; complete all levels of education with the skills to effectively compete in the labor market; learn the socio-emotional and life skills necessary to navigate and adapt to a changing world; make decisions about their own lives; and contribute to their communities and the world.
- Girls' education is a strategic development priority. Better educated women tend to be healthier, participate more in the formal labor market, earn higher incomes, have fewer children, marry at a later age, and enable better health care and education for their children, should they choose to become mothers. All these factors combined can help lift households, communities, and nations out of poverty.
- According to UNESCO estimates, 130 million girls between the age of 6 and 17 are out of school and 15 million girls of primary-school age—half of them in sub-Saharan Africa— will never enter a classroom.
- Poverty remains the most important factor for determining whether a girl can access an education. For example, in [Nigeria](#), only 4 percent of poor young women in the North West zone can read, compared with 99 percent of rich young women in the South East. Studies consistently reinforce that girls who face multiple disadvantages — such as low family income, living in remote or underserved locations, disability or belonging to a minority ethno-linguistic group — are farthest behind in terms of access to and completion of education.
- Violence also negatively impacts access to education and a safe environment for learning. For example, in Haiti, [recent research](#) highlights that one in three Haitian women (ages 15 to 49) has experienced physical and/or sexual violence, and that of women

who received money for sex before turning 18 years old, 27 percent reported schools to be the most common location for solicitation.

- **Child marriage** is also a critical challenge. Child brides are much more likely to drop out of school and complete fewer years of education than their peers who marry later. This affects the education and health of their children, as well as their ability to earn a living. **According to a recent report**, more than 41,000 girls under the age of 18 marry every day and putting an end to the practice would increase women's expected educational attainment, and with it, their potential earnings. According to estimates, ending child marriage could generate more than \$500 billion in benefits annually each year
- Every day, girls face barriers to education caused by poverty, cultural norms and practices, poor infrastructure, violence, and fragility. The WBG has joined with governments, civil society organizations, multilateral organization, the private sector, and donors to advance multi-sectoral approaches to overcome these challenges. Working together with girls and women, the WBG focus includes:
  - Providing conditional cash transfers, stipends or scholarships;
  - Reducing distance to school;
  - Targeting boys and men to be a part of discussions about cultural and societal practices;
  - Ensuring gender-sensitive curricula and pedagogies;
  - Hiring and training qualified female teachers;
  - Building safe and inclusive learning environments for girls and young women;
  - Ending child/early marriage; and
  - Addressing violence against girls and women

**ORIENTATION:** Will be done on **9<sup>th</sup> August 2023** at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of **10<sup>th</sup> August 2023**

**AIRPORT PICK-UP SERVICES:**

- This will be done subject to provision of full flight details.
- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

#### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### **ACCOMMODATION AND FOOD**

- The host community will provide a house to accommodate the volunteers with basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.

- Water is available from springs and it is recommended that drinking water should be boiled or medicated.
- Mineral water available at supermarkets is also recommended.
- There is electricity connection at the project and solar energy in case of power outages and the volunteers can charge electric appliances at the project.

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION:** +254721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **SEPTEMBER 2024**

**PROJECT NAME: MOUNT OLIVES COMMUNITY HEALTH CENTRE**

**CODE: KVDA/STV/09A**

**DATES: 6<sup>TH</sup> -27<sup>TH</sup> SEPTEMBER 2024**

**ORIENTATION: 6<sup>TH</sup> SEPTEMBER 2024**

**TRAVEL TO THE PROJECT: 6<sup>TH</sup> SEPTEMBER 2024**

**PROJECT CLOSURE: 26<sup>TH</sup> SEPTEMBER 2024**

## **TRAVEL FROM THE PROJECT: 26<sup>TH</sup> SEPTEMBER 2024**

**LOCATION: MOSOCHO, KISII COUNTY**

**THEME: PROJECT CYCLE MANAGEMENT**

### **PROJECT OVERVIEW**

- Mount Olives Self Help Group project is an initiative of young professionals who came up together to work amongst their community through sharing knowledge and helping the community to pull up resources together or their development.
- The group was founded on 16<sup>th</sup> October 2018 dedicated to supporting small-scale sustainable development initiatives mainly primary healthcare, education and youth enterprises.
- The founder Mr. Calvin Lizanga is a medical practitioner by profession, is the chief executive officer of the institution and he has track record working with relevant departments on health issues.
- The medical center caters for the poor of the poorest within the local community and foremost treats an average of 50 patients every day and this reflects on the significance of the institution to alleviate sufferings at the grassroots.

### **GEOGRAPHICAL LOCATION:**

3. The projects offices are located at Mosocho market, along Kisii-Oyugis Road. At Mosocho we are running a community health center that provides both outpatient, inpatient and laboratory services.
4. The facility supports the community by providing affordable healthcare and also works towards community education on matters of health to reduce prevalence of preventable diseases, and also supports the youths by providing youth friendly services.

### **PROJECT ACTIVITIES**

- Training youths in entrepreneurship, financial literacy, employability and life skills
- Mentorship and apprenticeship
- Design and production of custom-made bags from bio degradable materials, printing of T-Shirts and other related works

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

**TYPE OF WORKCAMP: MEDI/EDUC/SOCI**

Volunteers will work for six hours daily from Monday to Friday.

**PROJECT ACTIVITIES**

- Free consultation
- Triaging Services
- Outpatient and inpatient services
- Laboratory services
- Family planning services
- M.C.H services
- Spiritual and psychological counselling i.e. student, parents, couples, orphans, trauma cases etc.
- Paediatric care
- ENT services
- Maternity services
- Immunization
- Nutritional services
- Gynaecological and obstetric services
- Special clinics e.g. diabetes, hypertension etc.
- Surgeries
- Youth friendly services e.g. counselling on drug and substance abuse, peer pressure, sporting activities etc.
- Support with skills on handling of emergency and critical care support pending referral

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- The volunteers will be assigned duties in the health facility by professional staff
- Record keeping, weighing, and general cleanliness among other duties at the center.
- Assist in community outreach on health education
- Offer support to professional staff at the medical centre
- Healthcare support in collaboration with the community
- Submit Project Report to KVDA

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others



## **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## **THEME: PROJECT CYCLE MANAGEMENT**

To exchange new project management tools in order to strengthen capacities to design, lead and evaluate international IVS projects

**Project Cycle Management** - PCM: International training course – ITC, targeting local youth/social workers, representatives of local and international organizations.

### **AIM:**

- To exchange new project management tools in order to strengthen capacities to design, lead and evaluate international IVS projects with a particular focus on gender equality
- To examine case studies, to share experiences and best practices about different steps of the project cycle (needs assessment and analysis, set up a monitoring system and evaluation methods and tools)

**ORIENTATION:** Will be done on 6<sup>th</sup> September 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 7<sup>th</sup> September 2024.

### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

## **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfer from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a house provided by the local community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.

- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **SEPTEMBER 2024**

**PROJECT NAME: NEEMA GOOD SHEPHERDS ORPHANAGE**

**CODE: KVDA/STV/09B**

**DATES: 6<sup>TH</sup> -27<sup>TH</sup> SEPTEMBER 2024**

**ORIENTATION: 6<sup>TH</sup> SEPTEMBER 2024**

**TRAVEL TO THE PROJECT: 7<sup>TH</sup> SEPTEMBER 2024**

**PROJECT CLOSURE: 26<sup>TH</sup> SEPTEMBER 2024**

**TRAVEL FROM THE PROJECT: 27<sup>TH</sup> SEPTEMBER 2024**

**LOCATION: WEBUYE, BUNGOMA COUNTY**

## **THEME: TAKING CARE OF ABANDONED AND EXTREMELY VULNERABLE ORPHANED CHILDREN**

### **PROJECT OVERVIEW**

Neema School is dedicated to academic excellent and character education, it supports parents and guardians raise moral children and promote intercultural harmony. Found on principal that are universal to people of all faiths, the school recognizes the belief the parenthood of God leads to brotherhood of humanity. Neema Good Shepherds School is located in Kenya, Bungoma County, Webuye West Sub-County, Khalumuli Sub-location and Sitikho Location. It's 13KM from Webuye Town. The school enjoys the scenic views of the Mang'ana whose natural beauty if further augmented by trees planted by vulnerable and orphaned children.

### **THE START OF THE SCHOOL**

It started the year 2011, 12<sup>th</sup> January; this was from ECDE to standard four being proposed by Mr. Moses Makhabila as the vision carrier, with an average number of 80 pupils. This was done after he had done his total investigations and discovered of the suffering of the vulnerable and orphan children within the community. After his proposal, he was seconded by several members of the community who gave him courage by uniting him to nature his dream. As per now, the school has a population of 150 vulnerable and orphan pupils; Right now, the school is from ECDE to class eight.

### **THE SCHOOL CONSTRUCTION**

The school started under the banana shade in a voluntary portion of a half an acre of land (1/2). Being donated by Mr. Richard Kombe Wafula, who was also sympathized by the situation the children were passing through. After sometime through our unity we have managed to put up nine (9) temporal class and two (2) permanent class which are still under construction and they need total support by now, of finishing the buildings by plastering, painting and putting on steel windows and doors together with coloring.

### **THE SCHOOL STAFF**

The school has eight (8) teachers and the children has two (2) nonteaching staff members; this total to ten (10) workers.

## **ACADEMICS**

The school is involved in the academic following the syllabus from the Ministry of Education of Kenya. This means that the school is fully registered by the Ministry of Education.

## **KCPE NATIONAL EXAMS**

An average of 30 candidates sits for Kenya Certificate of Primary Education exams yearly in Neema School. Out of this the school has made some of vulnerable and orphan children join Universities and colleges, despite of the fee challenges in the University but as the school we have been standing in this gap by fundraising and donation from well-wishers. The school has been performing well in the national exam - Kenya Certificate of Primary Education (KCPE).

## **OUT OF CLASS ACTIVITIES**

To the best support of our children's the school has got several very innovative programs. These are:

- a) **Drama festivals:** Neema School has always produced the best candidates nationally in the national competitions during the music festivals and drama.
- b) **Scouts:** The school has been always participating in scout's competition nationally and they have emerged the winners always.
- c) **Games:** The school has been participating in sports and has been always the national championships, despite the fact that it lacks enough practice materials for games, athletics both field and track events

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## **TYPE OF WORKCAMP: CHIL/EDUC/MANU**

Volunteers will work for six hours daily from Monday to Friday.

## **MANUAL WORK AND INTERCULTURAL ACTIVITIES**

- Manual work and Intercultural activities
- Manual work at the School
- Social work with the children

- Participate in HIV/AIDS awareness including guiding and counselling at the neighbouring community dispensary
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity
- Volunteers will work for six hours daily from Monday to Friday.
- They will work together with the local community members on the following activities

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: TAKING CARE OF ABANDONED AND EXTREMELY VULNERABLE ORPHANED CHILDREN**

- In Kenya, it is estimated that there are approximately 3.6 million children aged, 18 years who have been orphaned or who are vulnerable. The examined the data was from the second Kenya AIDS Indicator Survey (KAIS 2012) to determine the number and profile of orphans and vulnerable children (OVC) in Kenya who were aged, 18 years.
- It is estimated that there were 2.6 million OVC in Kenya in 2012, of whom 1.8 million were orphans and 750,000 were vulnerable. Among orphans, 15% were double orphans. Over one third of all the OVC were aged between 10 and 14 years. Households with \$1 OVC (12% of all households) were usually in the lowest 2 wealth quintiles, and 22% of OVC households had experienced moderate or severe hunger.

- Receipt of OVC support services was low for medical (3.7%), psychological (4.1%), social (1.3%), and material support (6.2%); educational support was slightly more common (11.5%). Orphan hood among children aged, 15 years increased from 1993 to 2003 (P, 0.01) but declined from 2003 to 2012 (P, 0.01).
- Conclusions: The 2.6 million OVC constitute a significant proportion of Kenya's population aged, 18 years. Special attention should be paid to OVC to prevent further vulnerability and ensure their well-being and development as they transition into adulthood
- HIV testing has widely expanded across Kenya since the beginning of the Millennium. In 2000 there were only three Voluntary Counseling and Testing (VCT) sites nationwide and by 2007 there were almost 1000
- Alongside voluntary testing, provider initiated counseling and testing (PCT) has expanded and it is now available in 73 percent of health facilities. PCT is where individuals are offered a HIV test whenever they go to a health facility rather than patient having to ask for a test

**ORIENTATION:** Will be done on 6<sup>th</sup> September 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 7<sup>th</sup> September 2024.

#### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

#### **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfer from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a house provided by the local community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!



**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **OCTOBER 2024**

**PROJECT NAME: MIWANI PRIMARY SCHOOL**

**CODE: KVDA/STV/10A**

**DATES: 4<sup>TH</sup> -25<sup>TH</sup> OCTOBER 2024**

**ORIENTATION: 4<sup>TH</sup> OCTOBER 2024**

**TRAVEL TO THE PROJECT: 3<sup>RD</sup> OCTOBER 2023**

**PROJECT CLOSURE: 5<sup>TH</sup> OCTOBER 2024**

**TRAVEL FROM THE PROJECT: 6<sup>TH</sup> OCTOBER 2024**

**LOCATION: MALINDI COUNTY, COAST KENYA**

**THEME: HIV STIGMA AND DISCRIMINATION IN KENYA**

**PROJECT OVERVIEW**

- Miwani Primary School is in the north coast, situated in Miwani village, Ganda location in Malindi Constituency. It is a community school run by Maziwani Primary School with the full support of both the community and the local government.
- Miwani has 158 pupils with a team of 9 teachers who work under very difficult and appalling situation in order to educate these kids. The village has a population of about 1000 people respectively.
- The school was established in 2011 following the need to start another school given that the population had increased and the other public schools were a distance away. As it were, a few structures were set up with the help of local government and the school began running.
- The school is in the heart of the village and enjoys serenity and tranquility of nature. However, most community members lack education thus is faced with a lot of economic hardships and poverty as a result. Therefore, the support extended to the school remains minimal considering the life challenges that they undergo.
- In order to seal this gap, **Mafanikio Community Based Organization** has partnered with the school, local government and the county government in order to provide intervention measures to improve the school infrastructure, provision of learning instructional materials, international volunteer services and school feeding program as a way of providing a conducive learning environment.

## **PROJECT DESCRIPTION**

The project has short- and long-term goals that shall ensure that it stands on its own after a span of two years. The goals include;

- Teaching Mathematics, English & Social studies
- Sports & games activities
- Community meetings participation
- Community development
- Identifying weak students and focusing on their potential strengths
- Assisting the head teacher in admin work

The short-term goals include;

1. Providing furniture to the teachers (tables & chairs)
2. Construction of 3 Toilets

The long term goals;

1. Borehole
2. Classrooms and
3. Fence

The government has pledged to construct two classrooms in aid of school development. As a way of supporting the school, the local government together with other stakeholders shall organize for a fundraising for another classroom in December 2017.

#### **PROJECT ACTIVITIES**

- Offering teaching services to the children especially in Mathematics, English & Science
- Organizing educational trips and talent show activities
- Helping out in the poultry project (management & operation) and to some extent manual work
- Supporting school administration

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

#### **TYPE OF WORKCAMP: CHIL/EDUC/MANU**

Volunteers will work for six hours daily from Monday to Friday.

#### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Teaching Mathematics, English & Social studies
- Sports & games activities
- Community meetings participation
- Community development
- Identifying weak students and focusing on their potential strengths
- Translation of thematic focus of the project together with the local people

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: HIV STIGMA AND DISCRIMINATION IN KENYA**

- Even though awareness of HIV and AIDS in Kenya is high, many people living with the virus still face stigma and discrimination. Studies have shown that although people are aware of the basic facts about HIV and AIDS, many are not informed of the most in-depth knowledge that addresses issue of stigma.
- One report revealed that of healthcare facilities that have policies to protect people living with HIV against discrimination, only a third admitted to implementing such policies. People are still afraid to disclose their status and will often avoid health centers that provide HIV services from fear of being seen by neighbours or community members.
- Homosexuality is illegal in Kenya and therefore men who have sex with men face a high level of stigma and discrimination. In an attempt to find out to what extent HIV is affecting the gay community, a census for homosexuals would be the most effective methodology but with homosexual still illegal, it is unlikely to have the statistics to reflect the reality of HIV within the gay and lesbian community.
- Poverty is a major issue in the local community and is directly linked to the spread of HIV/AIDS because poverty drives HIV/AIDS and HIV/AIDS drives poverty. This highlights the need for a multifaceted response to both problems, but particularly to the HIV/AIDS pandemic.

- Both these problems disproportionately affect women and youth. The goal is to try and enable the local members address community issues, thus enhancing the economic and social empowerment of women and youth for poverty reduction in Gideon Mosi, and linking this with activities to raise awareness about HIV/AIDS. These activities will also help strengthen rural community and their local economies. In the process being able to improve access to quality education for school children
- The volunteers will be required to join hands together with community members in addressing the theme of the camp in order to empower the community to coming up with a more pro-active way of enhancing the academic development of community children.

**ORIENTATION:** Will be done on 4<sup>th</sup> October 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 5<sup>th</sup> October 2024.

#### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

#### **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfer from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

## **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

## **EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **OCTOBER 2024**

**PROJECT NAME: KITO INTERNATIONAL**

**CODE: KVDA/STV/10B**

**DATES: 4<sup>TH</sup> -25<sup>TH</sup> OCTOBER 2024**

**ORIENTATION: 4<sup>TH</sup> OCTOBER 2024**

**TRAVEL TO THE PROJECT: 5<sup>TH</sup> OCTOBER 2024**

**PROJECT CLOSURE: 24<sup>TH</sup> OCTOBER 2024**

**TRAVEL FROM THE PROJECT: 25<sup>TH</sup> OCTOBER 2024**

**LOCATION: SIAYA COUNTY, WESTERN KENYA**

**THEME: YOUTH EMPOWERMENT**

### **PROJECT OVERVIEW**

- **KITO International** is a non-profit social enterprise dedicated to *getting youth off the streets and out of poverty*. Inspired and founded by a former street boy, KITO combats poverty by providing economic opportunities. We are based in Nairobi and Siaya in Kenya.
- KITO trains youth in entrepreneurship, financial literacy, employability skills, and life skills. After 2 months of intensive training, KITO youth are temporarily employed with KITO's social enterprise, EcoSafi, in order to gain hands-on experience in a formal employment setting.
- KITO staff and supporters also seek opportunities to link KITO youth to mentorships, internship, or apprenticeships in and around the

community in order to expand the youth's knowledge and confidence in order to set them on the path towards self-sufficiency.

- KITO is dedicated to the success of each and every youth that walks through its doors and customizes each youth's exit strategy to ensure their continued success and growth. Previous KITO graduates have continued their education, secured full-time employment, and started their own business.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

### **TYPE OF WORKCAMP: CHIL/EDUC/MANU/SOCI**

Volunteers will work for six hours daily from Monday to Friday.

### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- The volunteers do not have to be professionals but will be guided to do manual work and other activities that positively impact on the advancement of Kito International.
- Training youths on life skills, entrepreneurship, financial literacy, employability, curriculum Vitae development and interviewing skills.
- Mentorship and apprenticeship for the youths with emphasis on the girl child who are marginalized.
- Design and production of custom-made bags from bio degradable materials, printing of T-Shirts and other related works
- Participating in clean ups in the community and around the Lake Victoria
- Conduct focus group discussions on gender issues
- Assist the Librarian in the community library.
- Submit project report to KVDA

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**



This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: YOUTH EMPOWERMENT**

- This project is aimed at the empowerment of the youths within the rural setting to tackle challenges of development.
- Identity crisis is a major drawback to efforts to enhance community development and the majority of the young people are in and out of school and they portend a danger to society if they are not nurtured and supported to establish themselves into responsible citizens.
- Kito International establishment is premised on that pedestal as a platform to nurture talents and inspire members of the local community to sustain livelihoods.
- The involvement of local and international volunteers serves the critical purpose of sensitization and exposure to challenges of development.

**ORIENTATION:** Will be done on 4<sup>th</sup> October 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 5<sup>th</sup> October 2024.

### **AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

### **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### **WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfer from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.

- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

**EMERGENCY CONTACTS:**

Below is the emergency contact for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **NOVEMBER 2024**

**PROJECT NAME: ESIKOMA COMMUNITY HEALTH VOLUNTEERS**

**CODE: KVDA/STV/11A**

**DATES: 8<sup>TH</sup> TO 29<sup>TH</sup> NOVEMBER 2024**

**ORIENTATION: 8<sup>TH</sup> NOVEMBER 2024**

**TRAVEL TO THE PROJECT: 9<sup>TH</sup> NOVEMBER 2024**

**PROJECT CLOSURE: 28<sup>TH</sup> NOVEMBER 2024**

**TRAVEL FROM THE PROJECT: 29<sup>TH</sup> NOVEMBER 2024**

**LOCATION: KAKAMEGA COUNTY, WESTERN KENYA**

## **THEME: TO BUILD THE CAPACITY OF YOUTH ON REPRODUCTIVE HEALTH**

### **PROJECT OVERVIEW**

- Esikoma Community Health Volunteers (ECHV) is a community self-help group established in 2014 by local volunteers operating within Butula Sub County with its main office at Esikoma Market within Marachi central Ward, focusing on Health and community development and other health related issues.
- Having realized all these problems within the community, few members from Butula who were trained, decided to establish a group which could address the above mentioned health issues. The group was then referred to as Esikoma Community Health Volunteers (ECHV).
- Most orphans whose parents died from HIV/AIDS. Were infected by jiggers, this was as a result of parental and guardian poor care. In general these children lacked basic needs such as health care, shelter, education, and clothing among others.

### **GROUP'S OBJECTIVES**

- Take an active role in implementation of community Development programs in Butula Sub-County.
- To create and promote awareness among the members of the community on sustainable natural resource management.
- To facilitate information generation, sharing and networking amongst all members of the community, and other SHG.
- To establish income generating activities that will sustain and improve the livelihood of the community.
- To support people living with HIV-AIDS to increase access and improve quality of healthcare by providing nutritional supplements.
- To build the capacity of youth on adolescent sexual and reproductive health.
- To educate the local community on girl child education.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit`

### **PROJECT ACTIVITIES**

## **TYPE OF WORK CAMP: EDU/HEALTH**

Volunteers will work for six hours daily from Monday to Friday. They will work together with the local community members on the following activities:

### **MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Rehabilitation of Busia wetlands
- Environmental education to schools
- Conservation of Busia wetlands
- Support of venerable children in the communities
- Rural renewable energy management and conservation
- Nature based livelihood support

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

### **WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### **DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

### **THEME: TO BUILD THE CAPACITY OF YOUTH ON REPRODUCTIVE HEALTH**

- Gender equality implies a society in which women and men enjoy the same opportunities, outcomes, rights and obligations in all spheres of life.
- Equality between men and women exists when both sexes are able to share equally in the distribution of power and influence; have equal opportunities for financial independence through work or through setting up businesses; enjoy equal access to education and the opportunity to develop personal ambitions.

- A critical aspect of promoting gender equality is the empowerment of women, with a focus on identifying and redressing power imbalances and giving women more autonomy to manage their own lives.
- Women's empowerment is vital to sustainable development and the realization of human rights for all.
- The project aims to empower the women to actively continue with the struggle to enhance their capacities and ultimately take the lead in community development.
- This takes cognizance of the fact that despite being overrun by pro-men cultural foundations, women remain the pillar of families and the most vulnerable gender in the current societal set-up.

**ORIENTATION:** Will be done on 8<sup>th</sup> November 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 9<sup>th</sup> November 2024.

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfer from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

### **WHAT IS NOT COVERED?**

**Excursion activities, transport** to and from the project, local travel, personal effects, needs and wants.

### **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

### **ACCOMMODATION AND MEALS**

- Volunteers will stay in a homestead provided by the local people with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated.
- Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

### **EMERGENCY CONTACTS:**

Below are the emergency contacts for **Kenya Voluntary Development Association:**

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization within one week on acceptance of the volunteer by KVDA.

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **DECEMBER 2024**

**PROJECT NAME: SHINING STAR ECDC AND ORPHANS SCHOOL**

**CODE: KVDA/STV/12A**

**DATES: 6<sup>TH</sup> -20<sup>TH</sup> DECEMBER 2024**

**ORIENTATION: 6<sup>TH</sup> DECEMBER 2024**

**TRAVEL TO THE PROJECT: 7<sup>TH</sup> DECEMBER 2024**

**PROJECT CLOSURE: 19<sup>TH</sup> DECEMBER 2024**

**TRAVEL FROM THE PROJECT: 20<sup>TH</sup> DECEMBER 2024**

**LOCATION: MUHURU-BAY, MIGORI COUNTY, SOUTH WEST KENYA**

**THEME: EMPOWER THE MARGINALIZED COMMUNITY**

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

### **PROJECT OVERVIEW**

- **SHINING STAR ECDC AND ORPHANS SCHOOL** is located in Migori County, Nyatike Sub-county, Muhuru division, Muhuru -East location in Tagache Sub-location, along Muhuru-Migori road.
- The School was founded in 1999 by **MR. HEVRONE KILLMESS MAIRAH** due to lack of access to educational institutions in the area due to its remote setting, challenges posed by orphans the majority of whose parents are ravaged by HIV/AIDS pandemic and the high illiteracy levels within the community coupled high unemployment.
- In 2000 the school had a good number of children and 3 teachers and the community enjoyed the being of Shining Star.



- In 2001 the school was temporarily closed due to the conflict within the local community until 2002 when this was resolved and the community agreed to host the School at the local Church due to lack of classroom buildings.
- 2003 the land was bought and demarcation done.
- In 2005 the first classroom was built by a volunteer called **Steffi Rahn** a 19-year old from Germany.
- 2009 started hosting volunteers from KVDA courtesy of the Germany Government sponsored program “Weltwaerts” that afforded young Germans an opportunity to volunteer in Kenya for the duration of one year.
- 2011 Shining Star was registered with the Kenyan Government as a learning institution.
- 2012 started building dormitory for both orphans and those having parents with the help of former KVDA volunteer from Germany named Daniel, which structure has since been completed.
- 2013 the School started goat farming and poultry farming that is still underway. It also set aside space for an orphanage home and new toilets that are already finished.
- There are more plans in the pipeline e.g. Agriculture, Business loaning for the widows and youths, competitive sports between local clubs and the School where trophies, balls and other gifts will be awarded to the participating teams
- The School has a population of over 360 children, 11 teachers and 5 support staff.
- The School has classes from Kindergarten to Standard eight.
- Shining Star ECDC and Orphans School is a community based education institution and caters for the needs of the orphans and Vulnerable Children (OVC) that had been rendered destitute.
- Fishing is the mainstay of the local community thanks to the expansive Lake Victoria.
- Due to the easy cash courtesy of the Lake, young people have been lured to drop out of School to engage in fishing and this has negatively impacted on the community since it has resulted in early marriages, school drop outs, early and unplanned pregnancies not forgetting the spread of HIV/AIDS that has resulted in increased number of OVC’s in the community.
- Community empowerment is crucial in achieving the overall objective of attaining sustainable development.

### **PROJECT ACTIVITIES**

- Early childhood development; basic primary school education;
- This year 2015 the School has launched the secondary school section with the first students’ intake launched in February 2015.
- Care and support orphans and vulnerable Children and HIV/AIDS families;
- Enhancement of community empowerment trainings; ICT promotion and development in the local area and capacity building for community based organizations.

### **TYPE OF WORK CAMP: EDU/CHIL/MANU**

**MANUAL WORK AND INTERCULTURAL ACTIVITIES:**

- Tasks of the volunteer in the project will be teaching: Languages (Any of these subjects English, French and Germany) Mathematics and Science
- Development of club activities in the school
- Promotion of sports and extra curriculum activities such as physical education; working in the school garden
- Submit Project Report to KVDA

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?**

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

**DONATION AND GIFTS:**

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

**THEME: EMPOWER THE MARGINALIZED COMMUNITY**

- The community hosting the project is predominantly Luo speaking but on the edge of marginalization despite the fact that the Luo people constitute the majoritarian ethnicity in Africa.
- The mainstay of the community is small scale farming and fishing as they reside on the shores of the legendary Lake Victoria.
- High poverty levels, unemployment, deprivation and skewed allocation of resources by the political elite has driven the majority of the people to desperation as they are determined to create space to earn a living and support the extended families.
- This project aims at raising the bar for the people to be aware of their immediate circumstances in order to endeavor to become agents of their own destiny.
- Involvement of national and international volunteers is aimed at enhancing the capacities through the sharing of the best practices and this can only be effective when conducted in an environment where the

key players are determined to render service to the community through volunteering.

**ORIENTATION:** Will be done on 6<sup>th</sup> December 2024 at **Nairobi South YMCA Hostel** in Nairobi and the team will leave for the project on the morning of 7<sup>th</sup> December 2024

**AIRPORT PICK-UP SERVICES:**

- The port of entry to Kenya is **Jomo Kenyatta International Airport** in Nairobi.
- Airport pick up will be done on provision of full flight details.
- Volunteers will stay at **Nairobi South YMCA Hostel** at a subsidized fees ahead of their project placement.

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300**

**What is not included in the project participation fees:** Transport to and from the project will be paid by the volunteers themselves.

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

**WHAT DOES THE PARTICIPATION FEES COVER?**

Project preparation cycle, return transfers from the airport, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

**WHAT IS NOT COVERED?**

Excursion activities, transport to and from the project, local travel, personal effects, needs and wants.

**EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## **ACCOMMODATION AND MEALS**

- Volunteers will stay in a homestead with very basic living conditions.
- Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns.
- Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- However, the Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages, as cultural diversity is a major component in international service

### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

**KVDA ADMINISTRATION: +254721 650 357**

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

