



## **CIVS MID AND LONG TERM VOLUNTEER PROGRAM**

### **FOR YEAR 2024**



**JOIN US FOR AN  
AMAZING EXPERIENCE**

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## ABOUT CIVS

**CIVS Kenya** is a community development agency operating especially in the marginalized and poverty-stricken rural and urban areas of Kenya. We work with local Kenyan communities in order to help them realize their full potential through various projects we organize in different parts of Kenya.

We achieve this aim through its two program areas: International Voluntary Service (IVS) and Community Development

### INTERNATIONAL VOLUNTARY SERVICE

It is designed for people who want to participate in making a real difference in the fight against poverty and work with the local people to realize the much needed development. We organize short term, medium and long term and weltwärts project attachments throughout the year for volunteers for them to offer their services as they learn, gain exposure and experience.

### COMMUNITY DEVELOPMENT

CIVS has established 3 functional Community Resource Centers in Ahero, Awach and Awasi, areas classified among the poorest regions in Kenya. We offer capacity building programs to the local people with focus on Food Security, Water & Sanitation, Vulnerable Children & HIV/AIDS, Vocational Training in ICT, Early Childhood Education, Good Governance and Emergency Relief in order to mitigate the effects of hunger, environmental degradation, diseases and mismanagement of public resources.



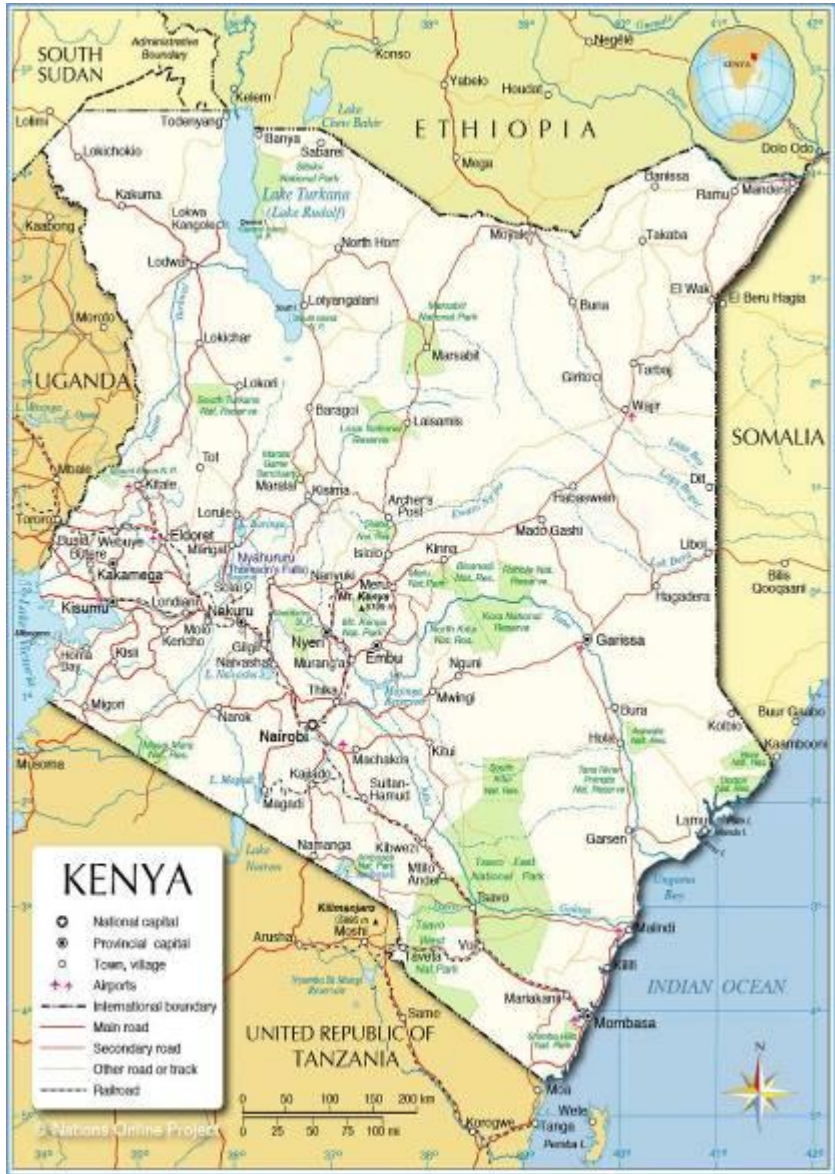
### Our ECDE and ICT Programs

We have established an Early Childhood Development and Education Program where we provide free education and day time meals to about 150 children who are either orphans or vulnerable to HIV/AIDS and other socio-economic challenges. This has enabled us retain more children in school that could have otherwise turned into school drop outs or street children.

We also offer training in computer ICT and work preparedness to the local youth in order to prepare them for the competitive job market and improve their ICT skills.



**ABOUT KENYA**



**Name Origin:** Named after Mt. Kenya by Kikuyu community

**Capital:** Nairobi

**President:** Uhuru Kenyatta

**Total area:** 580,367 km<sup>2</sup>

**Currency:** Kenyan Shilling (KES)

**Geographical features:** Equator, Great Rift Valley, Mt Kenya and Longonot, L.Victoria and Nakuru, Indian Ocean

**Climate and weather:** Changes by location and time

**Urban population:** 28%

**Food:** Ugali, Githeri, chapati, nyama choma, mukimo etc

**Official Language:** English, Swahili

**Population (million):** 47.6 M

**Location:** Eastern Africa

**Calling Code:** +254

**Notable sites:** Maasai Mara, Tsavo, Diani beach, L. Nakuru flamingos, Mt. Kenya

**Counties:** 47, Biggest is Turkana and smallest is Mombasa

**Culture:** Diverse among different tribes

Volunteering with CIVS will give you an amazing opportunity to explore Kenya during your mission. You will discover a new culture, people, animals, beautiful landscapes, and local food.

**WELCOME TO KENYA!**

## GENERAL PRACTICAL INFORMATION

### VISA AND AIRPORT ENTRY

When you are booking your flight, please make sure that your arrival is at Jomo Kenyatta International Airport in Nairobi. Update us with your terminal of arrival information for easy identification upon arrival.

Kindly apply for an e-Visa before your arrival via a dedicated portal at <http://evisa.go.ke/single-entry-visa.html>. No Visa is issued at the airport upon arrival. CIVS will send you visa instructions and an invitation letter at least 1 month before your arrival to Kenya.

Visa processing can take up to 3 days. If it takes longer, then usually there is an error on the side of the application details and you can contact us to help you relook into your application. Please note visa application costs USD 51. The tourist visa for Kenya is valid for 90 days. Be aware of the exact dates of extension since extension after expiry may attract penalties. The tourist visa can be renewed for another three months online

### ORIENTATION

There will be an orientation seminar for new volunteers lasting 2-3 days including Nairobi city introduction and project placement. Our monthly orientation seminar can begin on any day of the week as soon as you arrive.

### PARTICIPATION FEES

CIVS solely depends on volunteer contributions to support its activities.

| VOLUNTEERING PERIOD                      | FEES               |
|--|--------------------|
| 1 month or longer                        | 300 Euro per month |
| 1 month or longer for Medical Volunteers | 400 Euro per Month |

CIVS has a refund policy, and shall provide this information on request. The fee has to be paid upfront or upon arrival in full. The fee paid covers the following services:

- Airport transfers
- 3-day orientation seminar
- Introduction to the city
- Accommodation and food during orientation and during placement duration
- Coordination and office support

The following costs are NOT included:

- Cost of drinks like soda, beer, mineral water etc.
- Cost of sightseeing
- Visa costs
- Direct donations to the project
- All local traveling including traveling to and from the project

## **TOURS & SAFARI**

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CIVS Kenya organizes tours and safaris to spectacular sites of interest in Kenya. Volunteers, who wish to participate, should let us know as soon as possible in order to enable us to make proper arrangements. The fee charged is all-inclusive of meals, transport, park entry fees, accommodation and tour guiding. The cost of a 3 days safari to Maasai Mara National Reserve is 400 Euros in a Tour Van and 470 Euros in a Tour Jeep.

## **WHAT TO BRING**

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A sleeping bag, sleeping mat, mosquito net and rechargeable torch are necessary. You can also bring photos of your country, clothes, books, pens, toys etc.

**NB:** More of this information is available in our project info sheets.

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## CIVS/MLTV-01/24: AHERO RESOURCE CENTRE

### PROJECT LOCATION

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The project is located at Ahero junction, Kisumu County.

### PROJECT DETAILS

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The Ahero Community Resource Center is a project that was initiated by CIVS in collaboration with the local community in 2014 with an aim to build and strengthen the community's capacity to be self-reliant and to improve their living standards. The Center has been collaborating with the local community in various development fields through diverse capacity-building programs support and services they offer. These programs include:

**Early Childhood Education Program:** The center runs a kindergarten with about 110 children aged between 3-7 years who are either vulnerable to poverty or orphans. The children get free education and meals at the school. In the evening they go back home where they stay with their caregivers or guardians.

**ICT and Business Training:** The center provides a community hub for access of free training in computer skills, especially to the youths. This enables them to have increased ICT knowledge and exposure in the evolving world of technology. The center has partnered with other stakeholders to provide Business training to the local people which is enabling them to start small business ventures to generate income.

**The Model Farm:** This is an agricultural-based unit that offers space for practical-oriented training in the field of agriculture and Agri-Business. This provides the community with an opportunity to learn how to carry out various best farming operations and practices of various crops to maximize food production and improve food security and income generation. This project encompasses greenhouses, open farm, poultry unit, fishponds, etc.

**Water and Sanitation Program:** This project is focused on the treatment of tap water to become clean and safe for all domestic use in the community. The water is therefore connected in homesteads and sold at an economy-friendly and affordable fee as part of the income-generating activity for the center.

**Community advocacy program:** The center has a training and events hall which provides a space for holding community-based open forums on a regular basis. The program enables the

community members to directly engage with their community or political leaders and raise the issues and concerns affecting them. In turn leaders directly respond and put approach measures to act upon the arising issues and concerns. This promotes active citizenship.

**Feeding Program:** Occasionally, the center runs a feeding program for a select group of needy children during school days by offering breakfast and lunch. This helps to improve the concentration of the children in the class, to motivate them to attend to school and also helps to improve their nutritional health. The efficiency of the program depends on the availability of food and support resources.

**Cassava Value Addition:** CIVS has set up a cassava processing and storage facility which also serves as a training section for agricultural value addition. Additionally, the project has installed a bakery facility where nutritious cassava cakes and bread are prepared to boost the children's feeding program and generate income for the project.

**Disability program:** The project supports People with Disabilities (PWDs) with few skills training like sign language, cloth making, agriculture, business training, ICT and work readiness, etc. as a way of promoting inclusivity in the community.

## **VOLUNTEER ACTIVITIES**

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- Working in the Model Farm: tilling the land, planting crops, applying manure, weeding, watering, harvesting and packaging.
- Assisting in teaching the kindergarten pupils basic subjects such as English, drawing, Environment Science and Creative Arts
- Assisting in training of computer to the Youth at the projects ICT center
- Organizing games and extra-curricular activities for kindergarten children as well as playing with them.
- Assisting in maintaining and cleaning the sheds for the domesticated animal
- Supporting fundraising for the programs and promotion of the Center and its activities
- Assisting in maintenance activities at the center: collecting litter, landscaping, construction repairs, cleaning the halls, slashing the weeds, painting the walls etc

## **ACCOMMODATION AND FOOD**

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The volunteer will stay in a volunteers' house in the project site. All meals will be provided at the project.



## CIVS/MLTV-02/24: ST. MICHAEL DAY CARE

### PROJECT LOCATION

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This project is located in Msambweni, Diani, Kwale County

### PROJECT DETAILS

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The project was established in 2013 to take care of the pre-school aged children within Diani area and its environs. Many of the parents find themselves away from the area the entire day in the search for food, water and work and are not able to afford to pay house helps to take care of their children. The daycare takes care of children whose parents have low-income jobs or are unemployed is mostly women with semi-permanent jobs using the daycare. While they go looking for work, St Michael's Day Care Centre provides a safe place for the small children by providing meals and basic education. The project also seeks to respond to the needs of girls who have been abandoned and do not have a place to call home. The founder takes care of these girls whose age ranges from 7 to 14 years. The girls also go to nearby schools within the community to get access to basic education.

### VOLUNTEER ACTIVITIES

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#### At the Centre:

- Assisting in the preparation of meals, serving and feeding of the children, Cleaning the utensils, ensuring the center is clean and the hygiene of the kids is considered
- Assisting the 4/15 day schooling children with their homework (The rest are boarding)
- Developing and facilitating age appropriate sports activities for the kids for leisure
- Developing and facilitating extra-curricular activities such as drawing, arts and crafts, music and dance to help the children discover and promote their talent

#### At the nearby school: (only during school days)

- Assist in planning and facilitating for children's extra curriculum activities such as games and sports.
- Coordinate with the teacher in charge to assist in teaching subjects such as English, Mathematics, Arts, Music and environmental science.
- Assist in planning for Hygiene and environment days at school and to conduct school weekly general cleaning which includes: landscaping, slashing of weeds, planting and watering trees, collecting, disposing and burning garbage etc.

## **ACCOMMODATION AND FOOD**

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The volunteer will stay in a host family within the project site. The host family will provide all meals.

## CIVS/MLTV-03/24: MIKULINZI COMMUNITY HOSPITAL

### PROJECT LOCATION

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The project is located in Mowlem estate, Kangundo Road, Nairobi County

### PROJECT DETAILS

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Mikulinzi Community Hospital is a private community health facility that was established by Kenyan Doctor and later approved to operate from 2014 and Kenya Medical Practitioners and the Dentist Board registered the facility. The nursing home has been providing care and treatment to the people in the poor community of Mowlem, Saika and Dandora estates and its environs.

The facility offers services including outpatient, inpatient, laboratory, minor surgeries, pharmacy, antenatal, and child welfare clinic services. It serves an average of 20 patients per day. The facility has a total of 30 inpatient beds and 2-day care observation beds with a labor ward that caters for maternity services. Most of the people served by the nursing home live below the poverty level and therefore the facility has been of great help to the community as it provides health care services at a subsidized cost.

With the availability of funds, the hospital expects to establish a theatre, radiology, ambulance and dental services.

### VOLUNTEER ACTIVITIES

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- Assisting with coordinating hospital routines and taking care of patients
- Assisting with taking patients' samples, pulses and temperature information
- Preparing and updating of patients' and visitors records in the hospital
- Providing advice and emotional support to patients
- Assisting the medical staff in the nursing home to frequently check on patients or administer medicines and meals

### ACCOMMODATION AND FOOD

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The volunteers will be accommodated in a host family that is about 15 minutes' drive from the project and will commute with a public bus at a cost of about 0.60 cents euros per day. The host family will provide food (breakfast and dinner) and lunch at the project.

## CIVS/MLTV-04/24: GOOD SAMARITAN SCHOOL

### PROJECT LOCATION

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The project is located in Kayole 1, Nairobi County.

### PROJECT DETAILS

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The Good Samaritan School is a formal community-based education institution that was established in the year 2004 in response to the needs of orphans and vulnerable children in Kayole. The School is under the Good Samaritan Children Centre Umbrella, an orphanage that started because of increased number of neglected and abandoned children around Kayole. It began with two children who had been abandoned by their parents. They were then rescued by the area district officials, and brought to the founder's house who resides around Soweto slums. It hosts around 63 children both boys and girls.

The children have been orphaned for various reasons, although majority are due to the HIV epidemic, poverty and unwanted pregnancies. The children's circumstances and histories are as different as their personalities, but now they have the optimism and opportunity for a more promising future. The dedicated caregivers at the project are working hard to provide the basics of life such as shelter, security and food. However, they are acutely aware that it is education, which can break the cycle of poverty.

The teachers and caregivers at the school are dedicated and loving, doing their best with the little available resources to heartily serve the children. At the very least, they are providing these children with a friendly family-like environment. The school runs from preschool to grade 8. The children are between the ages of 3 years to 13 years. They have been incorporated with others who are able to pay school fees in order to promote inclusivity. The school section project is available to volunteers while the orphanage has restricted entry.

### VOLUNTEER ACTIVITIES

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- Assisting in the teaching of subjects such as English, Mathematics, Creative Arts, Science and Social Studies subjects
- Assisting children in kindergarten to read, write and draw
- Providing of guidance and counseling services to the children on matters of general health, HIV/AIDS and STIs,
- To train the children on basic First aid and life skills.
- Playing with the children and organizing extra-curricular outdoor activities and games

## **ACCOMMODATION AND FOOD**

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The volunteer will live in a host family that is about 30 minutes' drive to the project site and will commute with a public bus at a cost of about 0.60 cents euros per day. The host family will provide breakfast and dinner and volunteers will get lunch at the project.



## CIVS/MLTV-05/24: ST. CHARLES LWANGA SECONDARY SCHOOL- KAKAMEGA

### LOCATION

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The project is located in Mukumu, Kakamega County.

### PROJECT DETAILS

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The Catholic Brothers of St. Charles Lwanga founded St. Charles Lwanga Secondary School & Child Support Centre in 1970. The Brother's main mission was to address the needs of Orphans and Vulnerable Children in Kenya by providing them with basic needs such as offering quality education, accommodation, shelter and health care. The school also helps the vulnerable and street children get access to quality education and become reliable members of society. It also provides psychosocial support to the students and their parents as well as enables the students to realize their talents through games, sports and music.

The school has a population of 360 students and 24 teaching staff. It has eight streams of about 45 students per class. The school draws its strength from the spiritual formation of students, parents and guardians, which supports the students to perform very highly due to the strong discipline levels. The school is located in a serene environment that is conducive for learning. It has produced very high-ranking individuals in society that include; doctors, politicians, businesspersons, Administrative security officers and other prominent persons in the country.

### VOLUNTEER ACTIVITIES

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- Assisting in the teaching of various subjects such as Mathematics, Sciences, Languages and Computer lessons
- Helping to organize debates and symposiums
- Helping to teach life skills
- Organizing extra-curricular activities such as sports, games and music
- Provision of guiding and counseling services to the students

### ACCOMMODATION AND FOOD

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The volunteers will be accommodated at the project site where they will have their own rooms and will get basic meals i.e. breakfast, lunch and dinner.

## CIVS/MLTV-06/24: NANYUKI FURAHA FOUNDATION

### PROJECT LOCATION

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The project is located along Nanyuki-Marura Road in Nanyuki Town, Laikipia County of Kenya.

### PROJECT DETAILS

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Nanyuki Furaha foundation is a charitable children home that was started in 2014 by a former Italian volunteer to Kenya in collaboration with the local community. The project was started to address the growing problems experienced by street children and it is a registered Non-Governmental Organization in Kenya.

The project provides accommodation, food, clothing and education to about 50 children of between the age 2 years and 14 years. In addition, the institution also supports other 14 children at their homes after they were reintegrated to their families and the community. In the project, the children comprise of orphans, the underprivileged and street children. The problem of orphans/street children is acute due to urbanization, commerce and foreigners in the town whom they beg from. Due HIV/AIDS deaths, re-marriage of deserted / widowed/divorced women, absence of love and security in the families and family disputes, the children are left without care and support. These children are therefore involved in drug abuse and participate in anti-social behaviors and criminal activities. The project strives to mainstream such children in the national building by providing care, support and protection.

### VOLUNTEER ACTIVITIES

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- Assisting in cleaning and care services at the home
- Assisting in mentoring and rehabilitation of the children
- Assisting in teaching at the schools where children go to
- Offering health and sanitation-related information to the children
- Assisting in the preparation of meals and feeding
- Assisting in clothing the children
- Developing and delivering age-appropriate life skills sports and recreational activities
- Assisting in Counselling
- Other useful activities that the volunteer may think of

## **ACCOMMODATION AND FOOD**

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Volunteers will be accommodated in a host family belonging to the founder of the project. The volunteer will be required to bring with him/ her a sleeping bag. If volunteers are two and of the same gender then they will share a room. The volunteer will communicate with a bicycle to the project daily covering about 30 minutes. Food (breakfast, lunch and dinner) will be provided throughout the project duration.

## CIVS/MLTV-07/24: CIVS COMMUNITY SERVICE

### LOCATION

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The CIVS Office is located in Buruburu phase 2 estate, Nairobi County of Kenya.

### PROJECT DETAILS

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CIVS Kenya is a community development organization that works with communities in the marginalized and poverty-stricken rural areas of Kenya. We do this with the main objective of contributing towards the socio-economic empowerment of disadvantaged communities and fostering harmonious relations among people of different backgrounds with innovative and customized high-quality services. We believe that people should retain the responsibility for their own development while CIVS supports guides and mentors their efforts with innovative and customized high-quality services. We are looking for volunteers to support our head office in Nairobi. Depending on your skills and area of interest, you can help us to improve our work.

### VOLUNTEER ACTIVITIES

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1. Website Content Maintenance:
  - Review the current CIVS Kenya website, suggestions on improvement or modification and implement action on agreed areas to achieve the up-to-standard website image.
  - Assist in regular drafting of articles or blog posts for website content updates (news update) to promote maximum and active engagements.
2. Social Media Marketing:
  - Monitoring & analyzing the current activities of CIVS Kenya on social media platforms and suggest on actions for improvement to enhance and improve social media competitiveness.
  - Making suggestions for improvements for social media appearance & interactions and helping in implementing action on agreed areas.
  - Design upcoming volunteers' events poster to market CIVS Kenya's volunteering programs.
3. Assisting in volunteer support activities like orientation, city tours, airport transfers etc.
4. Conducting online research for potential volunteers' sending organizations in Europe and solicit help solicit them for partnership.
5. To brainstorm ideas aboard to help improve the general operations and services of CIVS organization to improve competency with other related organizations.

### ACCOMMODATION AND FOOD

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The volunteer will live in a host family near the office where they will get breakfast and dinner. The office will provide tea and a snack during the day. Traveling to projects and fieldwork will require the use of a public bus and the volunteer is required to cover his/her own travel costs.



## CIVS/MLTV-08/24: SAFISHA AFRICA SCHOOL

### LOCATION

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The project is located in Mowlem, Kangundo road, Nairobi County.

### PROJECT DETAILS

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Safisha Africa School is a junior school that was established in 2010 by a retired teacher. It focuses on providing education to the poor and vulnerable children around Mowlem estate in Nairobi's Eastlands area. The school is dedicated to providing free lunch, books, access to medical care, school shoes and uniforms to the children who either are orphans or come from poor families and backgrounds. However, the school fees are affordable and parents-friendly for the other children. The school runs from baby class to grade 6 and has a total of 250 children majority being girls. The children are from the age of 3 years to 13 years old with a staff comprising of 4 teachers hence the need of assistance from volunteers. All the children have been trained to speak English fluently hence easy to interact with anyone who visits them. Since its establishment, about 4,000 children have benefited from the school program. The school is also involved in feeding programs, street children rescue and empowerment of young girls from the slums in Eastland's regions of Nairobi County.

### VOLUNTEER ACTIVITIES

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- Assisting teachers in writing lessons on the blackboard for the children
- Assisting in teaching children to write and pronounce words
- Assisting children in counting numbers for basic mathematics, science and social studies
- Playing and organizing games and sports with the children
- Telling typical stories of different countries to the children to motivate them
- Teaching young teenage girls about personal sanitation and health

### ACCOMMODATION AND FOOD

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The volunteers will be accommodated in Sosian or Buruburu estates, which are about 15 minutes' drive to the project. Volunteers will use public bus to commute paying 0.60 cent euro per day. The host family will provide food (breakfast and dinner) while lunch will be provided at the project.

## CIVS/MLTV-09/24: BROWNHILL SECONDARY SCHOOL

### PROJECT LOCATION

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The project is located in Nyamavilla, Komarock, Nairobi County.

### PROJECT DETAILS

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Brown Hill Group is a registered community-based organization, established in the year 2013 to offer community services to the residents of Embakasi. After its registration, the group immediately embarked on running an education facility that best suits the interest of its community members.

The group undertook the setting up of a secondary school that would enhance the quality of education offered in Kayole estate, and improve the transition rate of students joining public universities. The project started in 2012 with only 4 students. Since then, the institution has grown with total admissions reaching over 80 students after only a year in operation.

In addition to the academic objective, the school aims at nurturing of talents to some former school dropout teenagers. As a result, the school football team became Embakasi District champions and proceeded to Nairobi County games. The students are aged between 15 to 18 years.

### VOLUNTEER ACTIVITIES

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- Teaching a combination of subjects i.e. Mathematics, English, Chemistry and Sciences
- Counseling sessions on issues relating to drug and substance abuse and HIV/AIDS
- Visiting and helping orphans and vulnerable children in the nearby slums
- Playing and organizing of games and sports within the neighboring schools
- Teaching life skills such as first aid safety skills.

### ACCOMMODATION AND FOOD

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The volunteer will stay in a host family near the project site or in Buruburu host family, which is 30 minutes' drive to the project. Volunteers staying in Buruburu will commute daily to the project by public bus paying about 0.60 cent euro per day. The host family will provide both breakfast and dinner to the volunteers while lunch will be served at the project.

## CIVS/MLTV-10/24: KAIMOSI SPECIAL SCHOOL

### PROJECT LOCATION

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The project is located in Kaimosi, Hamisi, Vihiga County.

### PROJECT DETAILS

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Kaimosi Special School was founded by missionaries from Quakers Friends church in the year 1987 to empower disabled students (both mentally and physically) from the communities. The project also was to give them basic education and hope for future life as well as to make them be self-reliant and integrate them into society. Currently, the School hosts about 104 people living with disabilities who are children and young adults whose ages range from 6 years to about 32 years and they are from different communities. Most of the beneficiaries suffer from autism, Down syndrome, other mental challenges, multiple handicapped and epileptic and therefore are engaged to different classes according to their disabilities and their level of understanding.

The school offer skills to them in different classes such as Autism, Foundation, Intermediate, Prevocational and Vocational classes. The school is now a full boarding national school that is supported by the government of Kenya and the friend's Quaker church.

### VOLUNTEER ACTIVITIES

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- Helping in the preparation of meals, serving and feeding the children
- Helping in nursing services such as taking care of the sick and administering medicine
- Helping in the cleaning of utilities at the center: kids play area, classrooms, general activities hall, utensils, washrooms, etc.
- Engaging in dressmaking and tailoring
- Training disabled persons in vocational skills such as agriculture, weaving, tailoring, carpentry and beadwork
- Assisting with physiotherapy services to the disabled
- Offering mobility assistance to the disabled
- Taking them for outdoor events such as music, games and sports outside the school.

### ACCOMMODATION AND FOOD

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The volunteers will be accommodated in a host family, which is 15 minutes' walk from the project. Breakfast and dinner shall be provided at the host family while lunch shall be served at the project.

## CIVS/MLTV-11/24: FORTUNE LEARNERS' CENTER

### PROJECT LOCATION

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The project is located at Kwa D.O, Kayole estate, East of Nairobi.

### PROJECT DETAILS

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Fortune Learners Centre is a project that was founded in year 2013 as a charity organization by 10 social workers from Kayole and Soweto slums who were working in various schools as untrained teachers. Their motivation was drawn through watching their former schools sending away vulnerable children from school due to lack of school fees. They thought how they could better the lives of these poor children who had resorted to begging in the streets. The females resorted to child prostitution. After the closure of schools in the last term of the year in 2012, the untrained teachers agreed to start a community centre to provide education, economic empowerment and HIV/AIDS education including psychological support to orphans, vulnerable children and their caregivers.

The project's core areas are education, orphan support and protection, economic empowerment for older orphans and caregivers, volunteer/Internships, educational trips, sports HIV/AIDS and gender-based violence awareness. The school hosts nearly 100 children from extremely poor backgrounds, aged between 3 and 12 years. The children attend classes from class 1 to 8. The school has seven teachers.

### PROJECT ACTIVITIES

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- Assisting in teaching English, Mathematics, Social Sciences and creative arts subjects
- Supporting early childhood development through organizing age-appropriate games & activities
- Helping in preparation, serving of food and feeding the kids
- Assisting with administrative work of the school: maintaining and updating records,
- Arranging and facilitating for the life skills and HIV/AIDS awareness lessons to the pupils

### ACCOMMODATION AND FOOD

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The volunteer will stay in a host family in Buruburu near the CIVS office, and will commute to the project daily by a public bus; there is also a host family about 20 minutes' walk to the project. The host family will provide breakfast and dinner while lunch will be provided at the project.



## CIVS/MLTV-12/24: ESIKOMA COMMUNITY HEALTH PROJECT

### PROJECT LOCATION

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The project is located in Esikoma Village, Close to Murumba Shopping Center, Bumala in Busia County of Kenya

### PROJECT DETAILS

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Esikoma Community Health Project was established by the Esikoma Community Health Self-Help Group, which has been in existence since 2016. The project has constructed a community hospital which will be opened on 25th November 2022 to begin offering health services to local community. The hospital comprises of doctor's consultation rooms, Maternity wing, a pharmacy, patients waiting bay and temporary wards. More facilities are still under construction.

The Self-Help Group is comprised of volunteers operating within Busia County, with the mission of spearheading the implementation of community health, environmental projects and development programs. The group focuses on Health and community development and other health-related issues. The group received training on HIV/AIDS prevention, VCT Counseling, Community mobilization, and home-based caregiving and education from the German foundation for world population.

During this period, the trainees realized that there was a big health problem in their community. Apart from HIV/AIDS as the main problem, there were more health issues such as an increasing number of orphans/ vulnerable children, and jigger menace as a result of parents' death from HIV/AIDS. Most orphans were infected by jiggers, this was as a result of parental and guardian poor care. In general, such children lack basic needs such as health care, shelter, education, and clothing among others.

Having realized all these problems within the community, the Community Health Volunteers decided to establish a group and named it as Esikoma Community Health Volunteers (ECHV). The group is engaging in activities like providing medical services, Jigger's eradication program, creating tree nurseries and planting trees, Health Education in local schools and Distribution of sanitary pads to schools. The profit generated from selling of the trees is channeled to the hospital project.

## **VOLUNTEER ACTIVITIES**

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- Assisting the medical and non-medical staff in the community hospital.
- Co-coordinating and taking care of the patients.
- Taking patient samples, pulses, and temperature information.
- Offering voluntary, counseling and testing for HIV/AIDS.
- Assisting in Preparing and updating of records in the hospital.
- Providing advice and emotional support to patients.
- Participating in community visits for HIV patients.
- Engaging in other income generation activities like brick making and tree planting.

## **ACCOMMODATION AND FOOD**

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The volunteer will live at a host family house, 10 minutes' walk to the project site. Volunteers will have their own rooms. Water is fetched from a nearby well, there is electricity at the project though not reliable sometimes. The host family will provide breakfast and dinner while lunch will be provided at the project.

## CIVS/MLTV-13/24: BADILISHA ECO-VILLAGE

### PROJECT LOCATION

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The project is located on Rusinga Island, Homabay County.

### PROJECT DETAILS

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Badilisha means “change” in Swahili. Badilisha Eco Village aims to bring change to the lives of people on Rusinga Island, who face challenges such as food insecurity, HIV/AIDS, lack of education among other pressing issues. It also seeks to inspire change in the general paradigms of local population towards a more holistic and responsible way. Badilisha Eco Village promotes permaculture, farm design techniques and ethics, Earth care, people care, and share of the surplus. It is a model farm, or epicenter, for both sustainable agriculture and holistic community development.

Badilisha successfully hosted a Permaculture Development Course in March 2011 and aims to become an International Permaculture Center. There is a primary school within the project that provides education to vulnerable children around the community. The project’s main aim is to promote and demonstrate sustainable practices, in particular food production and domestic issues, guided by the ethics and principles of permaculture.

### VOLUNTEER ACTIVITIES

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- Permaculture which generally involves farm work activities like digging, weeding, slashing, mulching and clearing of bushes in the project’s farm
- Assisting the old and sick in doing general cleaning in their homesteads such as: doing laundry and washing dirty utensils during visits:
- Engaging in environment conservation activities such as collecting litter at the center’s compound, slashing and clearing of bushes, and planning and coordinating environment conservation awareness and campaign days.
- Soil conservation activities to manage soil erosion and improve soil fertility such as planting of trees and making of biodegradable manure for farm use
- Beach cleanup exercises to improve sanitation and hygiene around the community

## **ACCOMMODATION AND FOOD**

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For easier hosting, the project admits at least 2-3 volunteers at a time and not 1 volunteer. Volunteers will be accommodated at the project or in a host family by the project where all meals shall be provided. There are pit latrines, bath shelters and a kitchen at the project available for use by the volunteers.

## CIVS/MLTV-14/24: MSICHANA EMPOWERMENT KURIA

### LOCATION

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The project is located in Kuria, Migori County of Kenya.

### PROJECT DETAILS

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“Msichana” is Swahili word for girl. Msichana Empowerment Kuria project was initiated in 2013, with the main aim of ending Female Genital Mutilation (FGM) and other harmful cultural practices. It was also to support access to fundamental human rights of girls and young women in the Kuria community in South Western Kenya with the hope of empowering girls and young women in accessing their fundamental human rights. The group is involved in the following activities:

- Supporting an after-school program for a Children’s Rights Based literacy story telling program for children 8 to 14 years aimed at developing the knowledge, skills and talents
- Facilitating structured community dialogues for young men and girls
- Organizing annual marches and community events
- Providing the girls with an empowering experience with an emphasis on impact of the harmful effects of Female Genital Mutilation

### VOLUNTEER ACTIVITIES

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There will be activities in the following areas; local schools and vocational training centers, in the villages, in individual homes and at the project. The specific activities will be:

- Engaging teenage girls in sexual health awareness topics and offering related mentorship
- Afternoon and weekend home visits to assess the situation and find out if there are girls who are in need of help
- Participating in 2 times a week village session with groups of 30 girls each to give updates or new information and write reports from them
- Providing mental guidance and counseling to girls who have already undergone genital mutilation or are survivors of Sexual and Gender-Based Violence.
- Promoting awareness and literacy on facts and misconceptions on HIV/AIDS and Gender Based Violence.



- Morning hours will involve teaching the children in a nearby school
- Assisting in Writing reports and documentation for the project
- Assisting in general cleaning of the project area: sweeping, mopping, clearing of bushes and slashing of tall grass.

The volunteer will work alongside the project staff and local Community Health Volunteers (CHVs).

### **ACCOMMODATION AND FOOD**

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The volunteer will live in a house within the project site and food will be provided. Fieldwork takes place with a motorbike rider. The motorbike fare is about 2 euros per trip, and volunteers will pay their own fares during such trips.

### **QUALIFICATION AND MOTIVATION**

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The project welcomes all volunteers who are motivated to join, however, volunteers with qualifications in Gender and Sex education, Monitoring and Evaluation, Finance and Programming are more welcome.

## CIVS/MLTV-15/24 BETTER TOMORROW SCHOOL

### PROJECT LOCATION

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The project is located in Vumilia Slum, Donholm, Embakasi East in Nairobi County of Kenya.

### PROJECT DETAILS

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Better Tomorrow School is a community Junior School that was established in the year 2019. The school was started with the aim of creating learning opportunities for orphans and vulnerable children in the slums. By then, it started with 7 children and 3 teachers but the number has since grown to 350 children and 10 teachers running from play group to grade 6. The number of children is expected to grow marginally in the next years hence the need for assistance from volunteers.

The school has more girls than boys because more boys drop out due to the surrounding socio-economic pressure and influence from crime and drugs. The children are from the age of 3yrs to 15yrs of age.

The school engages in a number of activities including: education program, feeding program, guiding and counseling, and community activities like environmental clean-ups. They have a vision of transforming the lives of the people of Vumilia Slum through education.

### VOLUNTEER ACTIVITIES

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- Assisting in teaching the children
- Guiding and counseling the children
- Conducting outdoor children's activities like sports
- Assisting in cooking and serving the children
- Organizing game activities for the children

### ACCOMMODATION AND FOOD

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Volunteers will be accommodated at the host family in Buruburu near the CIVS office which is 10 mins drive to the school and will commute every day with a public bus. Breakfast and dinner will be provided at the host family while lunch will be at the project.

## CIVS/MLTV-16/24: MC LIANNE COMMUNITY BASED ORGANIZATION

### PROJECT LOCATION

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The project is in Nyabondo, Nyakach Subcounty Kisumu County of Kenya

### PROJECT DETAILS

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MC LIANNE is a community-based organization that strives to improve the living conditions for children. Started in the advent of HIV/AIDS, the organization has seen progress in supporting needy children, supporting skills development and empowerment of youth and women. The organization is currently running a community junior school called St. Benedetta school that has a vision to make the best out of children, to develop their talents sports, music and dancing. The project plans to start a vocational training center to provide skills and empowerment for young people. They have a youth group table banking that supports them in investments. The organization has seen progress in supporting needy children, supporting skills development and empowerment of youths and women.

The project is eager to welcome volunteers to work alongside the local team for purposes of learning and sharing culture. They would like volunteers to support the community towards improving livelihoods and to give children the best in education, to interact and improve exposure of children to different cultures opening up to the wider world opportunities..

The area is situated on one edge of Nyabondo plateau facing the sun set direction where visitors can sit and see as far apart as 10 KM. Volunteers will have opportunity to visit places in Kisumu and western Kenya.

### VOLUNTEER ACTIVITIES

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- Assist in planning and facilitating for children's extra curriculum activities such as games and sports.
- Coordinate with the teachers to assist in teaching subjects such as English, Mathematics, and environmental science etc.
- Engaging in talent development activities like music, dancing etc.
- Working in the farm at the project
- Helping in the kitchen area

## **ACCOMMODATION AND FOOD**

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The volunteer will be accommodated in a house within the project and all meals will be provided. There will be project staff at all times to offer assistance.

## CIVS/MLTV-17/24: ST. CHARLES LWANGA HIGH SCHOOL- RUAI

### PROJECT LOCATION

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The project is located in Ruai, Nairobi County.

### PROJECT DETAILS

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St. Charles Lwanga Secondary School and Children's Centre started as place where orphaned, homeless and abandoned children were rescued and provided with shelter, food and a place to call home. Brother John started by gathering children, rehabilitating and relocating them into schools, but later realized it was becoming difficult in some cases, as existing schools did not want to integrate children from the street into their classrooms. This necessitated, in part, starting the school, which in just four years he transformed the little used residence, owned by the Order of St. Charles Lwanga, into classrooms, a dormitory, dining hall .The students, all former street kids living a difficult life in crime-ridden neighborhoods, now proudly wear their school's uniform and call the Children's Centre "home". The children were rescued from the dumpsites, streets and slums of Nairobi and given a chance to access education and reduce the cycle of poverty and homelessness. Today they are provided with a safe place to live, a reliable source of nutritious food and the opportunity to gain high school education with the possibility of post-secondary education. The founder hopes that with donations to the Centre, he and his team can build a bigger school with an integrated approach to nurture children through academics to become responsible citizens of the world.

### VOLUNTEER ACTIVITIES

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- Assisting to teach a combination of subjects i.e. Mathematics, English, and Sciences
- Assisting in coaching teenage girls on topics of sexual education and sanitation
- Assisting to teach life skills such as first aid and safety
- Counseling sessions on issues relating to drug and substance abuse and HIV/AIDS
- Organizing a practical life skill sessions with students
- Organizing and engaging the kids in games and sports within and around neighboring schools

### ACCOMMODATION AND FOOD

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The volunteer will be accommodated in a small room at the project site and all meals will be provided. The room can sometimes be shared.

## CIVS/MLTV-18/24: ST. GONZAGA PRIMARY SCHOOL

### PROJECT LOCATION

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The project is located in Shinyalu, Kakamega County.

### PROJECT DETAILS

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St. Gonzaga Primary school was established by the Brothers of St. Charles Lwanga in the year 2005 to provide quality basic needs such as education, meals and shelter to vulnerable children from especially difficult circumstances.

The centre provides elementary education to kindergarten and primary school children with a focus on orphans and vulnerable children from poor backgrounds within society.

The school offers social work services to both children and parents in order to create strong bond between the community and the school. The social work element too helps in building strong family unit. The school provides education to boys and girls and takes gender issues as well as children's rights very seriously.

The school does very well academically, socially and morally and this helps the students and enhances discipline and order to the learners and the community at large.

### VOLUNTEER ACTIVITIES

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- School activities including assisting to teach maths, English and sciences
- Organizing games for the children and playing with them
- HIV/AIDS campaign awareness programs to youth within the community
- General cleaning of the project and its surroundings: litter collection, sweeping, mopping etc.
- Assisting with farm work in the project's farm: Planting, weeding, watering the crops etc.
- Environmental conservation exercises through planting of trees
- Planning and engaging pupils in games and sports within neighboring schools

### ACCOMMODATION AND FOOD

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The volunteer will be accommodated at the project site and all meals will be provided.

## CIVS/MLTV-19/24: GLORY MISSIONARY GIRLS CENTRE

### PROJECT LOCATION

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The project is located in Suna West, Migori County of Kenya.

### PROJECT DETAILS

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Glory Missionary Girls Centre project was started in 2012 by a religious leader in partnership with Wiga community-based organization. She visited Suna area in 2012 with a mission to develop a community hospital. She, however, got touched to learn that about 70% of the expectant young mothers who sought for medication were aged between 16 to 25 years (a school going age). She then put the hospital project programs on hold, but instead mobilized the community to establish a Girls Centre. Through this, she realized the Suna community would be enlightened enough to prevent the rampant social ills against the girls. The unhealthy cultural practices include she wanted to solve include female circumcision (FGM), early and forced marriages, and sexual harassment such as rape. The school is now run by a local religious leader.

Glory Missionary Girls Centre aims to provide holistic support and empowerment to 300 young girls in Suna community. This project seeks to address the unique challenges faced by young girls in the region, including inadequate access to education, limited economic opportunities, gender inequality, and early marriages. The project establishes a safe and nurturing environment where girls can receive education, life skills training, healthcare services, and psychosocial support. By investing in their education and well-being, the project aims to empower these girls to become confident, independent, and self-reliant individuals. The school has 300 students and 17 staff members

The specific objectives of the school is to:

- Provide access to quality and comprehensive education to girls, focusing on academic subjects, vocational skills, and life skills training.
- Enhance economic opportunities through vocational training such as tailoring, agriculture

Th school hopes to Improve the infrastructure for a better service delivery.

## **VOLUNTEER ACTIVITIES**

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- Academic support by assisting teachers in the classroom, tutoring students, or organizing study groups.
- Mentorship and guidance.
- Organizing enrichment programs like workshops, guest lectures and many more.
- Helping the school strengthen their ties with the local community by organizing community service projects.
- Teaching of English,
- Informal teaching of German, Spanish and French.
- Resource mobilization for infrastructure development
- Technology integration In studies e.g. use of computers

## **ACCOMMODATION AND FOOD**

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The volunteer will be accommodated in a host family house which is a walking distance to the project. Breakfast, dinner will be served at the house while lunch will be at the project.



## CIVS/MLTV-20/24: OSANI COMMUNITY HEALTH & DEVELOPMENT CENTRE

### PROJECT LOCATION

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The project is located at Junction Kodoyo in Asego, Homabay County of Kenya.

### PROJECT DETAILS

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Osani Community Health & Development Centre is a registered Health Facility under Medical Practitioners and Dentist Act and is administered and managed in accordance with a Scheme of Management approved by Medical Practitioners and Dentist Board. The Health Facility has the interest of the Community at heart. The Hospital has a total of 40 In-Patient beds and 3 Day Care beds. The In-Patient specialties are General Medicine, General Surgery and Gynecology. They also have an Urgent Care Centre incorporating a Local Injuries Unit and Medical Assessment Unit.

The facility was established to provide hope, care and cures to help every patient live the healthiest and most fulfilling life possible. It is centered on the following core values: Compassion, Excellence, integrity, collaboration, equity and innovation.

The hospital prefers volunteers with medical qualifications, and once placed, the volunteer will be free to adjust their working plan with support. We will provide they will provide assistance to the hospital and the community while learning and being with the people.

### VOLUNTEER ACTIVITIES

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- Assisting the medical and non-medical staff in the community hospital.
- Co-coordinating and taking care of the patients.
- Nursing
- Taking patient samples, pulses, and temperature information.
- Offering voluntary, counseling and testing for HIV/AIDS.
- Assisting in Preparing and updating of records in the hospital.
- Providing advice and emotional support to patients.

## **ACCOMMODATION AND FOOD**

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The volunteer will be accommodated in a host family house which is a walking distance to the project. Breakfast, dinner will be served at the house while lunch will be at the project.

## CIVS/MLTV-21/24: NTIMI HOME OF HOPE ORPHANAGE

### PROJECT LOCATION

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The Project is located in Umoja Tena Estate, Embakasi West Division, Nairobi County of Kenya.

### PROJECT DETAILS

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Ntimi Home of Hope orphanage is a non-profit-making community-based organization registered trust formed in the year 2018, operating various charity initiatives in Nairobi including the Ntimi Home of Hope Kenya. The project's initiatives encompass Rescue, Rehabilitation, Reintegration, and Prevention (3RP) to safeguard the rights, safety, well-being, dignity, and development of children.

The project targets a population of less fortunate persons, who due to circumstances find themselves in a state of disadvantage. They do this by providing of basic needs such as food, shelter, clothing, support, care and protection to vulnerable children including orphans, children from the street, child mothers, neglected, child laborers, children who are terminally ill, parents and children who are living with disabilities, abused and abandoned children among others.

Currently, there are 100 Children at the project. At the community level, they take care and support widows and widowers, destitute grandparents, vulnerable youth, displaced populations and victims of floods and other natural disasters.

They guide, support and mentor organizations, agencies, individuals and corporate groups around Kenya in constructively reaching out to children in need of care and protection. The rallying call of "Saving Children's Lives" is modeled along the key intervention geared towards impacting child protection and development initiatives.

### VOLUNTEER ACTIVITIES

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- Helping with dressing and feeding of the smaller kids staying at the home
- Organizing of creative games through sports and music to stimulate learning and how to build the children's self-esteem and confidence
- Assisting the children with their homework
- Resource mobilization through fundraising initiatives from different organizations and well-wishers

- Assisting the children on how to read and write as well as Assisting with Basic Computer lessons Creative Arts and Drawing
- Assisting in sorting out and arranging of clothes in the rooms
- Arranging and sorting out of books in the library

## **ACCOMMODATION AND FOOD**

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The volunteer will be accommodated by a host family in Buruburu Estate where he/she will have his/her own room. The project is about 20-30 minutes' walk from the host families. Food (breakfast and dinner) will be provided by the host family while lunch will be provided at the project site. CIVS staff will be available throughout to provide guidance to the volunteers at the project.

## CIVS/MLTV-22/24: MUM'S LOVE CHILDREN'S HOME

### PROJECT LOCATION

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The project is located in Soweto, lower Savanna Embakasi East, and Nairobi County of Kenya.

### PROJECT DETAILS

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Mum's Love Children's Home is a community-based organization project that was initiated by Alice Mwendu Kanini. It is a place where they care give children who are abandoned, orphans, less fortunate, vulnerable, and HIV positive children by giving them a second chance of living to become tomorrow's perfect leaders in society, by providing Shelter, Education, Food, Clothing, Health Care, Love, and Mentorship.

Mum's Love Children's Home project has a Feeding Program whereby they serve Street families Breakfast and Lunch 6 days a week from Monday to Saturday. And every Wednesday of the week they have counseling and bible study session to them as motivational events. They also provide raw food to the elderly aged and disabled persons twice a month if the foodstuff is available. They also do hair shaving and monitor them.

Mum's Love Children's Home consists of 45 children and 3 female employees. The common language used in the project is Kiswahili and English. Since the project started, vulnerable children are able to go to school and the street family, the disabled, and the elderly gets food. Water comes twice a week at the project or it can be fetched from a nearby water point.

### VOLUNTEER ACTIVITIES

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- Assisting in giving raw foodstuffs to the elderly and disabled persons.
- Assisting in fetching water.
- Organizing games and extra-curricular activities for children as well as playing with them.
- Assisting the children to do their homework and teaching them.
- Assisting to do the household chores.
- Assisting in washing the children and keeping them neat.
- Assisting in cooking and serving food to the street family.
- Assisting in doing medical checkups for both the children and street families.

## **ACCOMMODATION AND FOOD**

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Our volunteer will be accommodated in a host family, 20 minutes' walk to the project site. Volunteers will have their own room.

Food; breakfast and dinner is provided at the host family while lunch is provided at the project. Only locally available foodstuffs are used for cooking.

## CIVS/MLTV-23/24- APIDA COMMUNITY HOSPITAL & AID THE NEEDY PROJECT

### PROJECT LOCATION

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The Project is located in Apida Market in Rachuonyo, Homabay County of Kenya

### PROJECT DETAILS

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APIDA is a Community Based organization is working in Homa Bay County in the areas of small-scale sustainable development initiatives. The organization has been in place since 2012 and is are running a community hospital that is currently under extension due to the needs of the community in terms of healthcare services. On the other hand, Aid the needy Kenya is a Community Based Organization in the same region working together with Apida CBO. The organization has been in place since 2007 run by local professionals who were looking for a forum to work in sustainable social; and economic projects that will directly benefit the community while sustainably supporting the various small groups to be self-reliant. Bringing together teachers, healthcare workers, and a team of technical volunteers, the organization has spearheaded several development activities in Homa-Bay County.

The projects believe in networking with interest is in community health, adolescents, food security and protection of environment, especially bird sanctuaries, Volunteers placed on this project will work both at the medical facility and in the community.

### VOLUNTEER ACTIVITIES

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- Assisting the medical and non-medical staff in the community hospital.
- Co-coordinating and taking care of the patients.
- Nursing
- Taking patient samples, pulses, and temperature information.
- Offering voluntary, counseling and testing for HIV/AIDS.
- Assisting in Preparing and updating of records in the hospital.
- Providing advice and emotional support to patients.
- Visiting communities and working with them in areas of agriculture and conservation

### ACCOMMODATION AND FOOD

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The volunteer will be accommodated in a host family house which is a walking distance to the project. Breakfast, dinner will be served at the house while lunch will be at the project.



## CIVS/MLTV-24/24- GREEN WORLD

### PROJECT LOCATION

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The Green is located at African Talanta University (Buoye) along Kisumu-Ahero road, Kisumu County

### PROJECT DETAILS

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The Green World is a community-based organization that empowers communities through agribusiness and environment conservation activities. The organization also runs rehabilitation and economic empowerment programs in prisons. The green world is trying to make community members self-reliant through the creation of green-collar jobs within their locality to minimize rural-urban migration thus decongesting slums and creating a healthier environment. The community members are also mobilized to plant trees as a way of combating climate change and increasing forest cover to conform to government policy.

The green world is engaging in rehabilitation activities in prisons to make inmates feel part of society and give them hope of starting a new life upon coming out of prison. Usually, majority of people or family members are hostile to people who are released from prison due to the mistakes they made. This project helps with reintegration into the community in liaison with the local administration. The released persons start income-generating projects as part of reintegration process.

The organization is also promoting sporting activities in schools as a way of nurturing students' talents hence creating cohesion and love within the community.

### VOLUNTEER ACTIVITIES

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- Assisting in planting trees in different schools and the community
- Assisting in teaching the youth life skills
- Visiting prisons to pass knowledge of hope and change of behavior
- Assisting in teaching the community about Agribusiness
- Engaging in sports which school students

### ACCOMMODATION AND FOOD

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The volunteer will be accommodated at a host house and food will be provided. Volunteers may need to commute to different areas for tree planting.

**CIVS welcomes  
you to Kenya  
and wishes you  
a happy  
volunteering**

**CIVS**

