Dear volunteer,

We are looking for motivated Volunteers (18-30 y.o.) who wish to come for ESC experience in Lithuania! 5 volunteers, 3 organisations, 2 cities.

Lithuania described by volunteers: wet; beautiful green landscape; interesting cities to visit; good food (especially for meat eaters) except grikiai; easy to travel (both inside and outside the country); most young people knows English; safe; endless forests; lots of lakes; Lithuanians will love your effort to speak in Lithuanian; generally undiscovered country ;p

"Geography now" video about Lithuania <u>https://www.youtube.com/watch?v=9Yxwjy4pvsM</u>

Organizations to choose from:

Kaunas Valdorf school

It is located in Kaunas - second largest city of Lithuania. Kaunas Waldorf school is a non-governmental school based on Waldorf pedagogy aimed to support children's self awareness, confidence in own abilities and creativity. Strong cooperation between children, teachers and parents is a key of educational system. Volunteers will be part of the community and will take part in school and kindergarten activities.

.The volunteer in the kindergarten will help educators in daily activities - meeting children, leading morning circle, preparing the food table, going outside, accompanying children to the forest and the local park. Also to organize art activities - watercolour, moulding, other activities that volunteer would like to implement.

Volunteer at school will organize non-formal education activities during breaks (Frisbee, volleyball, basketball matches, initiate other games) and after school (music improvisations, theatre and scout activities, help in the after-school group. Few times a week volunteer will accompany children to the swimming pool (30min hike), and help children prepare

pool activities, drying hair, etc. Twice a week with the school community (parents - volunteers) will help to make lunch and distribute it. Volunteer will have space for personal initiatives in the after-school activities as well as during breaks.

Its a great place for those who like to test own skills in working with children and want to gain valuable experience in alternative Waldorf pedagogy.

In addition to their project activities, volunteers will have Lithuanian language lessons with a teacher. https://www.facebook.com/valdorfas.org/ https://valdorfas.org/mokyklos-sventes/

Sport studio Balansas

It is located in Ukmerge - small town 70km away from capital Vilnius and Kaunas. Balansas has two premisses - first one is dedicated more for sport activities (functional trainings and other) and second - for climbing wall and activities with children. The main regular activities of the organization: functional training for adults, health classes for young children (1.5-3 years), exercises for seniors. Seasonal activities - participation in outdoor training, public events, organizing morning exercises during the city festival, children's summer camps and other. Also studio host voluntary project "Youth is talking" - its a weekly meetings with young people to discuss and share the topics and film it.

Volunteers will be supporting the activities, work with children and youngsters, help to prepare the premisses and guide activities on the climbing wall. It is a great placement for active and sporty volunteers.

https://www.facebook.com/svsbalansas/?ref=br_rs

Youth leisure centre

It is located in Ukmerge as well as sport studio Balansas. It offers a placement for one volunteer. The activities of the Youth Leisure Center are aimed at all young people aged 14 to 29. Particular attention is paid to working with young people with fewer opportunities from incomplete, more economically disadvantaged families at social risk, as well as those with learning and socialization problems. The centre is actively involved in project activities both nationally and internationally.

Volunteer at the Youth Leisure Centre will help to organize informal meetings with young people - discussions, music improvisations, cooking, table tennis tournament, board games, movie screening evenings. There will be a lot of focus on informal communication with visitors, and there will also be plenty of room for personal initiatives. Its a placement or extroverted and communicative person. https://www.facebook.com/jaunimolaisvalaikiocentras/







Project environment

Kaunas is a second largest city in Lithuania with population of briefly 350,000. It has a lot of universities and enterprises, rich history and surrounded by beautiful nature. It has stunning medieval old town which has touches of German architectural influence.

https://en.wikipedia.org/wiki/Kaunas





Ukmerge is a small town, located 78 km northwest of Vilnius, with a population of about 22,000. It's surrounded by a ring of palaces and wilderness. It's a very safe and peaceful town with local market, full of art and its' own uniqueness.

Big cities are in easy reach by public bus (drives every hour, price only 5,5Eur)

https://en.wikipedia.org/wiki/Ukmerg%C4%97

Some extras

All the volunteers will have Lithuanian language classes with the teachers which helps a lot to learn language faster.

For support once a month a meeting with all volunteers will be held. These meetings will be aimed at team building, reflection, some planning and fun.

Volunteers will be supported by Scout valley - an organisation that organises scout activities and hikes in the nature, camps in the summer. Volunteers will be welcomed to join the activities as well.

Practical arrangements

Project dates: October 01 2020 - August 31 2021 (11 months).

All costs (travel, accommodation, food, activities, insurance, and language courses) are covered by European solidarity corps program. Volunteers will live in Kaunas and Ukmerge. Transportation will be arranged (bikes or local transport ticket).

Get ready to spend lot of fun time playing with children, camping with scouts, working in a team, exploring the country and enjoy your project!

Interested? Send your CV and motivation letter to: <u>Skautu.slenis@gmail.com</u>