

Global Youth for a Sustainable Future



WORK CAMP PROFILE
2019-20

Our Objectives

- To promote global understanding and cultural exchange
- To encourage voluntary service as a means to foster peace, equality and mutual respect
- To spark new ideas for socio-economic development for the rural youth
- To stress the importance of natural resource management
- To support community development and bring an inter-cultural dimension to community projects
- To protect and conserve nature
- To bring global issues to local communities
- To create self-awareness and personal development among the youth in particular
- To facilitate global education through experiential learning

(Inter Cultural Exchange -Traditional Indian wedding)



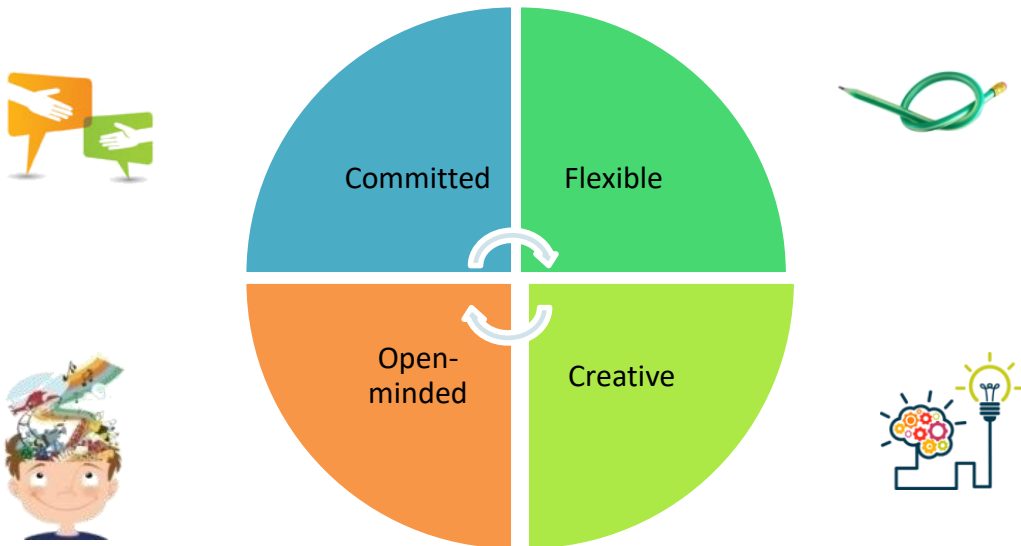


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What You Need To Be



The social contact in the camp is as important as the work itself and respect for the local environment and community is expected at all times. Do work together with the camp leaders towards the execution of a successful project.

(Implementation of Rainwater Harvesting Method)



Things to Remember

All camps start on a
MONDAY

You would need to subscribe to your own health insurance and take care of medical vaccinations needed for the specific area.

Please pay the participation fee to the Team Leader on the first day of the camp, in the local currency (Indian rupees)

Since the budgeting of the camp is made in advance, as per the organisation's policy, there will be **NO REFUND** of the participation fee.

The info sheet containing the general work details as per each project, as well as information on the meeting points, contact information and other guidelines will be sent at least 1 month before the camp starts

Do read the info sheet at least once before joining the Work Camp



(Beach Cleaning Campaign)



What You Need To Do

The info-sheet will be sent 1 month in advance. Do read this document at least once before you join the camp. Please be prepared to:

Attend the preparation meeting set up by the sending organization

Use only ENGLISH to communicate when others are around, even if they do not join in the conversation

Be culture-sensitive, especially while in the schools and villages by your behaviour and dress

Share your thoughts and ideas, be creative. Innovative ideas for your work, discussions, campsite, excursions, and free time will make the camp more enjoyable

Understand the values of service and volunteerism

Take the initiative and participate in the various activities that promote "Community Living" in our work camps

Be committed to voluntary work and understand that this is not tourism

Learn the local language. A lot of time will be spent with local people who do not speak English fluently. Communicating in the local language will indicate your interest

Be open-minded, flexible, leave prejudices behind and show initiative

Show responsibility towards your work

Adjust to the way of life in the project and the camp locality

Find that living conditions are often different from home - no hot water/air-conditioning, no easy access to international phone or internet, no easy transport all the time, insects and mosquitoes etc.

(Traditional Lunch)



(Yoga Session)



Cost & Duration

FSL- India is a non-profit organisation and does not depend on public or external funding. All costs of FSL- India are sustained through the participation fees from the volunteers. You are therefore expected to pay the participation fee mentioned below, besides all personal expenses for your trip to India (travel/visa/vaccinations etc.)

All work camps conducted by FSL- India last for 2-3 weeks.

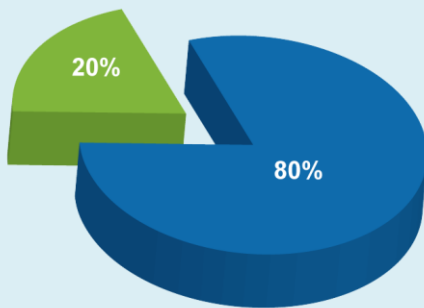
2 weeks: **16,000 INR** (± 229 Euros*)
 2 weeks (Dharamshala): **17,000 INR** (± 243 Euros *) + 4 days Trekking in week 3 (optional): Rs.3,000 INR (= 43 Euros*)

Open Camp:

1 week: **6200 INR** (± 89 Euros)
 2 weeks: **11550 INR** (± 165 Euros)
 3 weeks: **13860 INR** (± 198 Euros)
 4 weeks: **16940 INR** (± 242 Euros)

Please pay the participation fee in the local currency (Indian rupees) to the team leader, on the first day of the work camp. We do not accept any payments in foreign currency.

Breakup of program participation fee



■ Camp expenses
 ■ Administration

Visa: You would need to travel on a tourist visa



(Teaching English)



(Tomato Harvesting)



(Outdoor activity with children)





FSL-India organises work camps with special themes, at different locations, with strategic partners all over India. They are distinctive from the regular work that FSL-India does at other locations.

These projects are planned in line with a long-term sustainable goal and therefore involve work that is intended to change the lives of many people who deserve special care and attention.

Our work camps deliver extra support to the communities. For e.g. building play parks, construction, painting building walls, distribution of educative materials, medical aid etc, depending on the specific needs of the present situation.

(Energy Conservation Awareness Campaign)



Work Camp List: March 2019 - March 2020

NO	CAMP CODE	NAME OF THE CAMP	DATE	LOCATION	THEME	DURATION	PARTICIPATION FEES
APRIL							
1	FSL-Continuous Camp	Agronomics Galore	April-March (all through the year)	Kundapur	Sustainable Agriculture	1 week	INR 6200/-
						2 weeks	INR 11550/-
						3 Weeks	INR 13860/-
						4 Weeks	INR 16940/-
						2 months & above	INR 16170/-
2	FSL-WC-831	Live' the Himalayas	1st-21st	Dharamshala	Yoga / Tibetan Culture / Education	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
3	FSL-WC-832	Live' the Himalayas	15th April-5th May	Dharamshala	Yoga / Renovation / Tibetan Culture	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
JUNE							
4	FSL-WC-833	Live' the Himalayas	10th-30th	Dharamshala	Renovation / Tibetan Culture / Health & Hygiene	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
5	FSL-WC-834	Coffeeology	3rd-16th	Coorg	Environment/ Education & Kids	2 weeks	INR 16000/-
JULY							
6	FSL-WC-835	Live' the Himalayas	1st-21st	Dharamshala	Yoga / Tibetan Culture / Renovation /	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
7	FSL-WHV-836	Nature's Paradise	15th-28th	Kullu-Manali (The Great Himalayan National Park)	Natural Heritage Conservation / Awareness	2 weeks	INR 16000/-
AUGUST							
8	FSL-WC-837	Live' the Himalayas	5th-25th	Dharamshala	Yoga / Tibetan Culture / Renovation	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
9	FSL-WHV-838	Nature's Paradise	12th-25th	Kullu-Manali (The Great Himalayan National Park)	Natural Heritage Conservation / Awareness	2 weeks	INR 16000/-
10	FSL-WC-839	Pink Shehar	5th-18th	Jaipur	Heritage / Awareness / Culture / Education	2 weeks	INR 16000/-
11	FSL-WC-840	Blue Mahal	19th August-1st September	Jodhpur	Health & Hygiene / Awareness / Education	2 weeks	INR 16000/-
SEPTEMBER							
12	FSL-WC-841	Live' the Himalayas	2nd-22nd	Dharamshala	Yoga / Tibetan Culture / Education	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
13	FSL-WC-842	Live' the Himalayas	16th September-6th October	Dharamshala	Environment / Tibetan Culture / Education	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
OCTOBER							
14	FSL-WC-843	Live' the Himalayas	7th-27th	Dharamshala	Yoga / Tibetan Culture / Renovation	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
MARCH							
15	FSL-WC-844	Live' the Himalayas	2nd-22nd	Dharamshala	Yoga / Environment / Culture / Education	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week
16	FSL-WC-845	Live' the Himalayas	16th March-5th April	Dharamshala	Environment / Renovation / Tibetan Culture	2+1 weeks	INR 17000 +3000 Trekking - optional in 3rd week



Locations: 2019-20

Dharamshala

Kullu-Manali (The Great Himalayan National Park)

Jaipur

Jodhpur

Kundapur

Coorg

Centre for Experiential Living & 'Agronomics Galore' – Kundapur Open Camp

FSL-India has its very own eco-friendly Centre for Experiential Living (CEL) at Kundapur, in the lush green, rural area of coastal Karnataka, which is home to breathtaking fauna and flora. The Centre itself is surrounded by coconut and mango trees, creating an atmosphere of peace and tranquility.

FSL-India's CEL is a home away from home for the program participants all the year around. Your week-long orientation is conducted at the Centre and you will participate in Summer/Winter Camps, as well International Team Leader Trainings (ITLT) here.



Sustainable Agriculture Project

Camp Code: FSL-India Open Camp

In August 2014, FSL-India initiated the Sustainable Agriculture Project (SAP) at its newly constructed Centre for Experiential Living at Kundapur, with a vision to evolve a model of sustainable agriculture and livelihood by involving and integrating different farming systems for efficient use of conservation and management of natural resources. The Centre has implemented this project across the farm land, which covers 6.5 acres.



Tasks of the program participant:

Depending on the season, you will be engaged in any of the following SAP activities:

- Maintenance of the natural landscape - soil and water conservation, live hedge fencing, fruit and forestry plantation
- Activities in natural surroundings, planning a local food festival, forest-crop cultivation, composting, kitchen garden, medicinal plants cultivation, nursery management
- Express your interests and experience to the farmer, so you can plan how to implement your skills and experience into daily farm life
- Documentation of local traditional practices

Depending on the duration of the program you will also be involved in activities with children in the local schools, i.e. teaching environmental protection through creative learning methods like art, games etc. House visits and meetings with local people will be organized as part of intercultural learning and you will witness and participate in the cultural programs with the local community. The participation fee covers food and accommodation costs.

Work Schedule & Seasonal Calendar

Monday-Friday with minimum of 6 hours of work per day & 1 hour lunch break at 1 pm

SL NO	ACTIVITY	FREQUENCY	PERIOD
1. TRENCHES			
1.1	Renovation of trenches	As much as possible	April-July
1.2	Digging new trenches	As much as possible	April-July
1.3	Maintenance of trenches	As much as possible	June-September
2. GULLY PLUG			
2.1	Renovation	As much as possible	April-June
2.2	New construction	Where required	April-September
2.3	Maintenance	When required	June-September
3. KITCHEN GARDEN			
3.1	Prepare land (loose soil, add manure/compost & prepare beds)	When required	All year
3.2	Sowing seeds/transplanting saplings	All year	All year
3.3	Maintenance - Watering - Weeding - Add manure/compost - Mulching	Daily Twice a month Twice a month Twice a month	All year
4. FRUIT PLANTATION			
4.1	Digging pits, plant tree and protection	As much as possible	May- September
4.2	Renovation of protection	When required	All year
4.3	Maintenance - Watering - Weeding - Mulching - Add manure/compost	Weekly Monthly Twice a month Twice a month	All year
5. COMPOSTING ACTIVITIES			
5.1	Biomass collection	When required	All year
5.2	Maintenance - Watering - Change water of water level - Add slurry	Daily Monthly Twice a week (evening time)	All year
6. AZOLLA CULTIVATION			
6.1	Maintenance (clean tank and change water)	Twice a month	All year
7. NURSERY MANAGEMENT			
7.1	Fill in bags & sow seeds/ cuttings	When required	All year
7.2	Nursery maintenance - Watering - Weeding - Refilling bags - Rearrangement	Daily Monthly Monthly Monthly	All year
7.3	Collect sand and soil	When required	All year
8. PADDY (nearby farmer's field)			
8.1	Paddy cultivation	2/3 days a month	July/August
8.2	Paddy harvesting	2/3 days a month	October/November
9. FRUIT HARVESTING			
9.1	Mango	Once a month	April-June
9.2	Cashew	Once a month	February-April
9.3	Chikku	Once a month	All year
9.4	Coconut	Once a month	All year
9.5	Jackfruit	Once a month	April-June
9.6	Star apple/Jamun	Once a month	March-May

Leisure Activities:

- Visit to cultural and religious sites
- Family visit as part of inter-cultural learning
- Participate in the cultural programs with local community

Location:

- Kundapur is located 440 kms north-west of Bangalore, near the Arabian sea and 91 kms north of Mangalore

Transport:

- Nearest international airport - **Bangalore & Mangalore**
- Nearest railway station - **Kundapur**
- Bus services available from - **Bangalore, Mangalore & Goa**
- The exact meeting point will be mentioned in the info sheet

Accommodation:

At FSL-India's Centre for Experiential Living, with shared rooms



Dharamshala

The 'Zen' Life



Yoga / Environment / Renovation / Tibetan Culture

Camp Code: FSL WC-831, FSL WC-832, FSL WC-833, FSL WC-837, FSL WC-841, FSL WC-842, FSL WC-842, FSL WC-843, FSL WC-844, FSL WC-845

This small paradise on earth is home to His Holiness, the 14th Dalai Lama and to a significant Tibetan settlement in India. Dharamshala is set in the backdrop of the snow-clad peaks of Dhauladhar Mountains. It is the capital of the Tibetan government-in-exile and the residence of the Dalai Lama.

The Camp

The aim of the project is to provide sanitation and construct a safety wall for the schools and the community. You will help to provide a clean environment for the community, which is being affected by tourist influx and lack of waste management and watershed management systems. You will also create awareness on the Tibetan migrants and their culture.

(Tingsha -Tibetan prayer cymbals)



The 'Zen Life' (cont'd)

Activities:

Weeks 1 & 2:

- Promote eco-friendly practices
- Renovation of school buildings and walls, wall painting, educational drawings (murals), teaching basic English
- Cleanup activities at the waterfalls, creating awareness to the community and tourists to support responsible tourism, health and hygiene awareness and tree plantation to avoid landslides
- Participation in Yoga class with professional instructor (*only in Wk 1*)

Leisure activities:

- Visit various Tibetan institutes to understand the migrants' issues and how the Government is taking care of the migrants
- Interact with monks and the local community to understand the culture

Optional:

During the 3rd week of the camp, the volunteers can participate in a 4-day trekking activity around the mountains of Dharamshala and Triund. The cost for trekking will be Rs.3000/- per pax

Location:

McLeod Ganj in Kangra district which is upper part of Dharamshala. Dharamshala is located in the state of Himachal Pradesh, North India, 500 kms from Delhi

Transport:

- Nearest airport - **Delhi** international airport
- Nearest railway station - **Pathankot**
- Bus from New Delhi and other smaller cities of North India.
- The meeting point will be mentioned in the info sheet

Accommodation: At a rented guest house or hostel, with shared rooms



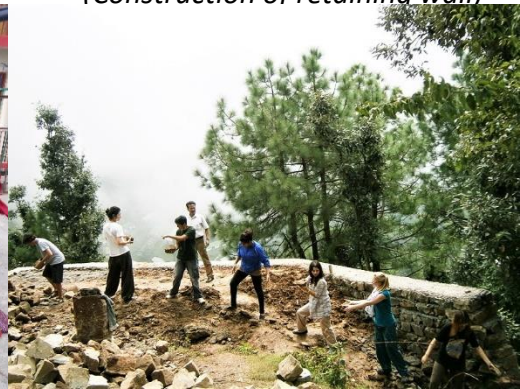
(Activity with children)



(Interaction with Buddhist monks)



(Construction of retaining wall)





Environnent / Education / Kids
Camp Code: FSL WC-834

Coorg or Kodagu (originally called Kodaimalenadu) means “dense forest on steep hill”. It is a rural district located near the city of Mysore (Karnataka State) amongst scenery of misty hills, lush forest, acres and acres of tea, coffee and spice plantations, orange groves, undulating streets and breathtaking views.

The Camp:

Due to the heavy rainfall in Coorg earlier this year, the devastation to the landscape, homes and lifestyle of the local people was tremendous. This time, FSL-India’s work camp focuses on rehabilitation of the land of the Kodavas. The activities planned along with local environmental organisations will help to avoid landslides and ensure reforestation as well as environmental protection.

In addition, our volunteers will work with different local NGOs to spread health and hygiene awareness among the tribal villages. This work camp also involves assisting various underprivileged schools by teaching Basic English and Mathematics, Health and Hygiene, physical renovation work like building playgrounds and visiting the nearby Tibetan settlement, farms and estates.

(Pepper)



(Cinnamon)



(Cardamom)



(Clove)



Coffeeology (cont'd)

Activities:

- Tree planting
- Environmental awareness creation
- Interact with local farmers to understand environmental issues
- Work in the fields - pruning, harvesting and drying on various farms
- Visit other model farms around the campsite to study and understand the methods and techniques of farming
- Visit coffee estates, learn about other popular plantations of the region such as pepper, cardamom and wild fruits
- Participate in wall paintings and educational pictures, construction, teach basic English and spread health and hygiene awareness among the children of the tribal community



Leisure Activities:

- Explore more on Tibetan culture and the different issues related to the exile of its people and re-settlement in the region
- Cultural activities and exchange with the Tibetan youth with support of the Tibetan Welfare Office.
- Have the opportunity to interact with estate workers and tribals, to learn about the hilly lifestyle and livelihood

Location:

- The project village is located in the district of Coorg, 120 km west of Mysore

Transport:

- Nearest airport-**Bangalore** international airport
- Nearest railway station-**Mysore**
- Bus facilities from Bangalore, Mysore
- The exact meeting point will be mentioned in the info sheet

Accommodation:

- At a rented guest house or hostel with shared rooms

(Orange Harvesting)



(Working on Coffee Estate)



(Interaction with Estate Manager)



The Great Himalayan National Park

'Nature's Paradise'



Natural Heritage Conservation/Awareness

Camp Code: FSL WHV-836, FSL WHV-838

For the last 10 years, FSL-India has been involved in the preservation and conservation of World Heritage Sites, i.e. Hampi, Western Ghats, Mahabalipuram and the Great Himalayan National Park. Established in 1984 and ranging more than 1000 sq km, the park is the natural habitat of numerous flora and fauna, several of which are threatened by extinction. In June 2014, it was added to UNESCO's list of World Heritage Sites due to its outstanding significance in biodiversity conservation.

The Camp

Our volunteers will participate in activities that contribute towards the biodiversity conservation of this beautiful park. Awareness creation on waste management for international/national tourists and locals, cleanup of scenic spots and waterfalls along with the involvement of schoolchildren, a local NGO, the community, park officials, the Archaeological Society of India and the UNESCO World Heritage Centre are all part of this adventure for nature lovers.

(Bird tracks in the snow)



Nature's Paradise (cont'd)

Activities:

- Interaction with ASI (Archaeological Society of India)
- Learning sessions with the Park officials
- Bio-diversity conservation
- Tree plantation
- Awareness rally on conserving natural resources and ecology
- Conservation education at schools in buffer villages
- Drawing educational pictures to promote bio-diversity
- Teaching Basic English to the children
- Playing games with children in non formal education method



Leisure activities:

Visit to different bird sanctuaries, tribal villages and cattle farms, interaction with tribals

Interaction with the local community on development issues

Location:

The location is Sairopa, in the district of Kullu, Himachal Pradesh, North India, which is 500 km North-West of Delhi

Transport:

- Nearest airport - **Delhi** international airport
- Nearest railway station - **Chandigarh**
- Bus from New Delhi and other smaller cities of North India
- The meeting point will be mentioned in the info sheet

Accommodation:

In a rented guest house or hostel, with shared rooms

(Activity with children)



(World Heritage Volunteers)



Jaipur

'Pink Shehar - Paris of India'



Heritage / Awareness / Culture / Education

Camp Code: FSL WC-839

Jaipur, the fascinating capital of the desert state of Rajasthan, is one of the best planned cities of its time. The graceful architecture of the city all in the colour pink has earned Jaipur the title of "The Pink City". It is predominantly known for its musicians, artisans and craftsmen. Today, tourists flock to the city attracted by its fine jewelry, varied textiles and sumptuous cuisine.

The Camp:

The purpose of the camp is to create awareness on environmental issues affecting this city, to create better learning facilities for the children in schools, provide community service to the slum dwellers and poor children. The local NGOs, municipal councilor, and School Management Committee will be the partners of the camp.

(Murals by FSL-India Volunteers)



Pink Shehar - Paris of India (cont'd)

Activities:

- The work camp involves teaching children basic English in non-formal schools and creative learning methods like art, music, games etc.
- Renovations - school toilets, kitchen wall painting and making a kitchen garden
- Meetings with the local community to promote health and awareness on environmental issues
- Tree plantation with community participation



Leisure Activities:

- Visit to cultural, historical and religious sites
- Cultural exchange with the community
- Interaction with children from the slums

Location:

- Jaipur is located at 268 km south of Delhi

Transport:

- Nearest international airport- **Delhi**, nearest railway station- **Jaipur**
- Bus services available from Delhi and other cities in North India
- The exact meeting point will be mentioned in the info sheet

Accommodation::

- In a rented guest house or hostel, with shared rooms

(Autorickshaw Ride)



(Visit to Hawa Mahal)



Jodhpur

'Blue Mahal - Art of Living'



Health and Hygienic / Awareness / Education

Camp Code: FSL WC- 840

Jodhpur is a popular tourist destination featuring many palaces, forts and temples.

The city is known as the 'Sun City' for the bright sunny weather it enjoys throughout the year. It is also referred to as the 'Blue City' due to the indigo tinge of the whitewashed houses around the Mehrangarh Fort.

The Camp:

The focus of the camp is to create awareness on environmental issues to children and the community, provide community service on health and hygiene and to introduce the school children to creative learning methods. The local NGOs, municipal councilor and School Management Committee will be the partners of the camp.

(Activity with Children)



(Visit to Carpet Seller)



(Classroom Renovation)





Blue Mahal - Art of Living (cont'd)

Activities:

- Meetings with the local community to promote health and hygiene, awareness on environmental issues
- Tree plantation with community participation
- The work camp involves teaching children basic English in non-formal schools and creative learning methods like art, music, games etc.
- Wall painting, educational pictures drawing and making a kitchen garden in schools

Leisure Activities

- Visit to cultural, historical and religious sites
- Cultural exchange with the community
- Interaction with slum kids

Location:

- Jodhpur is located at 560 km south west of Delhi

Transport

- Nearest international airport – **Jaipur & Delhi** (Jodhpur is connected with domestic flights)
- The nearest railway station - **Jodhpur**
- Bus services available from – **Delhi & other cities in North India**
- The exact meeting point will be mentioned in the info sheet

Accommodation:

- In a rented guest house or hostel, with shared rooms

(Camel Safari with Volunteers)



(Non Formal Education)



Networks & Collaborations

Our Global Networks & Partners



CCIVS
70 YEARS
Coordinating Committee for
International Voluntary Service
1948-2018

WYSE
work & volunteer
abroad



Our CSR Partners



(Mural by Bosch CSR Volunteers)



(Construction Work by South Korean CSR Volunteers)





<http://www.fsl-india.org/bng/programs.php>

V O L N T E E R

All that's missing is U !



(Leadership Training)

Areas of Operation

- Youth Leadership & Experiential Learning
- Society & Culture
- Rural Development
- Urban Development
- Medical & Health Care
- Environment & Conservation
- Informal Education
- Women & Childcare Development
- CSR

(Sea Turtle Conservation)



(Medical Internship)



(CSR Volunteers with Schoolchildren)





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