

Compartiendo para Crecer,
Viajando para Conocer...



VIMEX A.C.
Programa 2018





VOLUNTARIOS INTERNACIONALES MÉXICO, A.C.

WHO ARE WE?

Founded in 1985, VIMEX A. C. is a nonprofit, non-political, non-religious and non-government organization that promotes global solidarity, tolerance, and mutual understanding between different cultures and ethnicities around the world through international work camps.

VIMEX originated in the Instituto Politécnico Nacional (National Polytechnic Institute, IPN) in the Zacatenco Campus in Mexico City by promoting International Voluntary Service Work Camps in Europe. Due to the earthquakes of '85, its members were made aware of all that needed to be done for our country. Thus, VIMEX set out to organize international work camps involving the reconstruction of rundown homes. The work included tearing down walls; building new walls; transporting cement, rods, bricks, and gravel; taking care of children by way of art workshops; and painting new houses in neighborhoods like Tepito, Guerrero, Valle Gómez and Morelos.



WHAT DOES VIMEX DO?

We are members of international and national volunteering organizations like the Coordinating Committee for International Voluntary Service (CCIVS, located in UNESCO in Paris), ALLIANCE (Alliance of European Voluntary Service Organizations located in Aarhus, Denmark) and AMEVOL (Mexican Alliance of Voluntary Service located in Mexico City).



VIMEX sends young Mexican men and women to participate as volunteers in international work camps carried out by our partner organizations in other countries in Africa, Asia, Europe and America. It also plans and carries out work camps in Mexico in order to receive foreign volunteers in cooperation with different organizations, health, educational, and ecological institutions and communities in need.

Some of our work includes protecting the sea turtle, supporting schools in computer technology and language courses, painting

schools and repairing benches. We clean beaches and rivers, reforest woods and gardens; we work with farmers in agricultural tasks, with people disabilities, in the prevention of addictions; and we place volunteers in projects that involve working with homeless children and orphans and projects that involve art (drawing, watercolor and oil painting), sports, singing, etc.

Alternatively, we receive year-long volunteers that we place in different projects in Mexico in cooperation with the European Community as well as German volunteers in cooperation with Weltwaerts through Germany's Federal Ministry for Economic Cooperation and Development.

Furthermore, UNESCO accepted seven projects in 2012 that we submitted to become Heritage Projects or World Heritage. This is an incredible honor for us. The seven award-winning projects are The Route of the Convents in the skirts of the Popocatéptl Volcano in the state of Morelos. One of the most well-known convents is the one in Tepoztlán. These projects were carried out in July, August, September and November. In 2013 UNESCO accepted 11 of our projects to be Heritage Projects or World Heritage, that now include two projects in Teotihuacán. Our motto is "Tell us where you need a hand and we'll be there".

WHAT IS A WORKCAMP?

A work camp is a form of international voluntary service with a duration of 2-3 weeks, where 10 to 12 or even 20 young men and women of different nationalities participate and work for an average of 30 hours per week. There are also work camps that last 3, 6 months or even a year, depending on the work to be done.

The work can be environmental, social, cultural, artistic, or involve languages, construction, restoration, conservation, natural disasters, etc.



During the free time (in the afternoons and weekends) there are activities like: discussion groups, museum visits, trips around the region, and meetings with local men, women and children, all in accordance with what the volunteers wish to do and explore.

The accommodations have adequate services like beds, a kitchen, bathrooms, and hot water, depending on the region where the work camp takes place. The food is provided by the organization carrying out the work camp but it is the volunteers themselves who cook the food and clean their quarters.

The volunteers must be provided with appropriate means of transportation (if required) to carry out the tasks during the project as well as the necessary tools to get the work done.

VIMEX's Mission, Vision, Goals and Values

Mission:

- To promote global solidarity, tolerance and mutual understanding between different cultures and ethnicities through International Voluntary Service Work Camps.
- To be capable of detecting the needs of our country in a social, educational, and environmental scope and thus contributing to the improvement of Mexico.

Vision:

- To reach our consolidation as an organization with social, educational, and environmental awareness, as well as to have a strong presence on a national and international level in voluntary service work.
- To further harmonious and integral development of those less fortunate and their families through international work camps that allow them to learn and become aware that they can live a better life.
- To discover, promote and shape leaders, not only for work camps but for their personal and professional lives, and, more importantly, have leaders for our country that are needed in every field.

Goals:

- To help communities in need with volunteer work.
- To promote the union and communication between countries through volunteers.
- To raise awareness in young people to be helpful to society's needs.

Values:

- Solidarity
- Respect
- Ethics
- Tolerance
- Commitment



PROGRAMME 2018

A-VIMEX18/01	Turtles Camp	Zihuatanejo, Guerrero	01.08 – 15.08	ENVI	18+ 6 Vol.	VIMEX SC 25.07-31.07
A-VIMEX18/02	Turtles Camp	Zihuatanejo, Guerrero	16.08 – 30.08	ENVI	18+ 6 Vol.	VIMEXSC 09.08 – 15.08
A-VIMEX18/03	Turtles Camp	Zihuatanejo, Guerrero	31.08 – 15.09	ENVI	18+ 6 Vol.	VIMEXSC 24.08 - 30.08
A-VIMEX18/04	Turtles Camp	Zihuatanejo, Guerrero	18.09 – 02.10	ENVI	18+ 6 Vol.	VIMEXSC 10.09 -14.09
A-VIMEX18/05	Turtles Camp	Zihuatanejo, Guerrero	02.10 – 17.10	ENVI	18+6 Vol.	VIMEXSC 24.09 – 28.09
A-VIMEX18/06	Turtles Camp	Zihuatanejo, Guerrero	18.10 – 01.11	ENVI	18+ 6 Vol.	VIMEXSC 11.10-17.10
A-VIMEX18/07	Turtles Camp	Zihuatanejo, Guerrero	01.11 – 15.11	ENVI	18+ 6 Vol.	VIMEXSC 26.10 – 31 .10
A-VIMEX18/08	Turtles Camp	Zihuatanejo, Guerrero	16.11 – 01.12	ENVI	18+ 6 Vol.	VIMEXSC 09.11 – 15.11
A-VIMEX18/09	Turtles Camp	Zihuatanejo, Guerrero	01.12 – 15.12	ENVI	18+ 6 Vol.	VIMEXSC 26.11 – 30.11

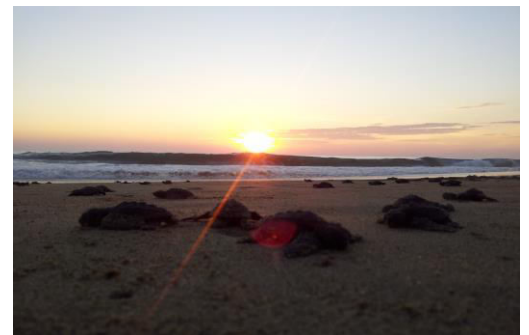
SPANISCH COURSE 180 euros

PARTICIPATION FEE: 170 euros, it includes food &, accommodation.

PROJECT DETAILS: VIMEX and Ayotlcalli organization have the aim to contribute to the recovery and conservation of 3 species of sea turtles on the verge of extinction that visit Ixtapa - Zihuatanejo Gro. each year, which are the Golfina Turtle (olive *Lepidochelys*), the Blackish Turtle (*Chelonia agassizi*) and the Lute Turtle (*Dermochelys coracea*). The efforts to preserve these species consist of two ways:

- Night vigilance to avoid the plunder of nests and the slaughter of the mother turtles in the most extensive beach in Ixtapa-Zihuatanejo.
- Environmental Education for the sustainability and conservation of the natural resources in the zone of influence.

Problems of the marine turtles in the zone are: In spite of the fact that the marine turtles are important for its ecological role inside the aquatic and coastal ecosystems and contribute to the health of the reefs, meadows of marine pastures as well as of the estuaries and sandy beaches worldwide, the populations of the different species of marine turtles are limited. In the beach of monitoring, the consumption and utilization of the derivatives of the species, which are meat, fat, skin (leather) and turtle-shell, are deeply culturally rooted.



WORK: The Activities will be:

- Understanding topics related to biology, ecology and conservation of the marine turtles as well as the problematics of its conservation in the community.
- Activities of monitoring, collection of nests and liberation of baby turtles will be realized.
- Cleaning of the beach.
- Educating children and young women of the community about the conservation of the marine turtles, recycling and organic agriculture.
- Elaboration of handcrafts for fund raising.
- Support the community events.
- Improvement of camp facilities.
- In the afternoons there is some free time due to the heat, this is why we ask the volunteers to bring some games to share with the other volunteers.

THIS PROJECT IS IDEAL FOR NATURE LOVERS !!!!

LOCATION: The Turtle Camp is located in Playa Blanca, 25 min from Zihuatanejo's City. To come to Zihuatanejo from Mexico City, the volunteers will take a bus (8 hrs). Being in the city, you can go by local transport –public taxi-.

ACCOMODATION: The project is providing a wide zone to camp which consists of a cabin, baths (with warm water) and a kitchen.

FOOD: Meals will be prepared by the volunteers.

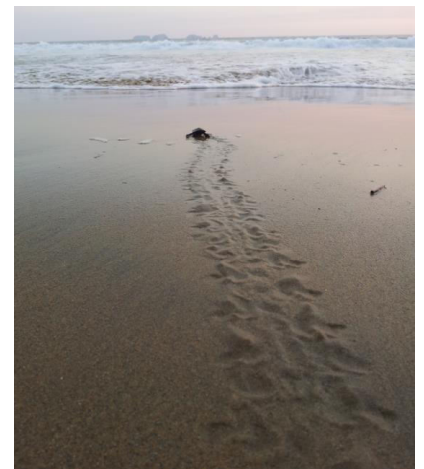
LANGUAGE: English is the official language. Some knowledge of Spanish will provide a richer experience but it is not necessary. People from the region are very friendly.

REQUIREMENTS: Good disposal of team work, dedication, responsibility and enthusiasm regarding the work, positive energy, interest in learning and enjoying oneself. You can bring your own tent if you like. In case of being under some medical treatment please bring your medicine with you.

FREE TIME: In the free time the volunteers will be able to visit the community of the Coacoyul, Zihuatanejo city, Barra de Potosi (Barr of Fortune), you can also visit Ixtapa, which is a very well-known resort.

REMARK: You can take the Intensive Spanish Course that we offer to the volunteers in our camps before the camp starts. See the information and conditions at the section of the Spanish Courses 2017.

We ask all volunteers to arrive to Mexico one day before the turtle camp starts to attend an information meeting about the turtle camp. The meeting point for this information meeting will be in the office of VIMEX at 11 am. After the meeting, the volunteers will have some free time to explore the city before returning to the office of VIMEX at 7 pm. At 8 pm the whole group will leave together with the camp



leader to the bus station where they will buy the bus tickets to Zihuatanejo. The bus will leave at 10 pm and they will arrive at the camp at 8 am in the next morning. Our colleagues from the turtle camp will pick up the volunteers.

IMPORTANT: EVERY VOLUNTEER WILL PAY THEIR OWN BUS TICKET

PARTICIPATION FEE: 170 euros. It includes food & accommodation.

A- VIMEX18/10 Summer Camp Tamazulapam, Oaxaca MANU/SPORT /CHIL 18+ 10 Vol.



PROJECT DETAILS AND ORGANIZATION: Since 10 years ago the project has been developed in cooperation between VIMEX A.C. and Casa del Sol, an independent organization formed by parents whose purpose is to provide children and adolescents from Villa del Progreso, Tamazulapam, a space for initiation, growth, assessment and training in arts, sports, education and cultural areas.

WORK OR ACTIVITIES TO REALIZE: Doing different activities with children and young people (150 or more) such as: playing football, basketball, athletics, play games, drawing, singing, swimming, visiting some interesting and beautiful places, handicrafts, sports and cultural arts with the community from Tamazulapam. You are going to interact with the young community of the village and make new friends.

ACCOMODATION: The lodging will be at Casa del Sol.

FOOD: Generally, the meals will be cooked by the volunteers. It is possible that the women from the community will cook the meals from time to time.

LANGUAGE: Basic Spanish is welcome in order to get in touch with native people.

FREETIME: Visiting close places and towns such as:

- El Cañón: an antique and mystical place with ancient paintings
- Tepoxcolula: with an ex-convent with tunnels and ancient paintings
- Yanhuitlán: has an antique church with a convent.
- Las Tinitas: with beautiful waterfalls and landscapes.

Oaxaca City at 2 hours by public taxi



REQUIREMENTS: Good disposal to the team work, dedication, be responsible and enthusiastic to work with children and adolescents. Bring clothes adequate for the activities. Please bring your own insurance and sleeping bag. In your own volunteer exchange form please write what cultural, arts, handicraft and sport activities you can teach during the camp (think about what you wish to teach; something interesting in order to transmit your emotions). We would like to ask you to bring a presentation in power point of your country with 10 sliders and, if possible, typical clothes of your country, as well you can bring a typical musical instrument and music.

MEETING POINT: The meeting point will be at the VIMEX office (Plaza de la Republica No. 51, 2° Floor, Office 2, México, D. F., C. P. 06030) before the camp starts because all the volunteers will go together to the project.

REMARK: You can take the Intensive Spanish Course that we offer to the volunteers in our camps before to go to your project. See the information and conditions at the section of the Spanish Courses 2017.

PARTICIPATION FEE: 170 euros. It includes food 6 accommodation.

A-VIMEX MLTV 18/01 Ecological Centre “LOS CUARTOS”

Permanent Project: 01/01 to 31/12/2017

AGUASCALIENTES

ENVIRONMENTAL/SOCIAL/KIDS

21+

3 Vol.



PROJECT DETAILS AND ORGANISATION: The foundation Miguel Ángel Barberena Vega, A. C. came into being the 23 November 1990 with the creation of the ecological centre “Los Cuartos”. It is the first centre of education and environmental culture in the state of Aguascalientes. For over 25 years now, they have contributed effectively to the formation of an authentic awareness of environmental issues in society and they have moreover been tireless promoters of education about peace and human rights. Our main goal is to develop programs of environmental education and values, that generate the grounds to achieve a real change of attitudes towards our natural and social surroundings by performing activities on a daily basis.

OBJECTIVES: Promote water culture, forest culture and responsible consumption with their activities, plans and programs aimed at the public

Promote different eco-techniques and methods which allow a better and more sustainable use of natural resources

Be a place for volunteers from Mexico and all over the world where they can contribute the best of themselves for the consolidation of a more peaceful society, sensitive to the problems of our environment

ACTIVITIES TO PERFORM: The program is flexible in the sense that it gives opportunities to develop and learn about different areas related to environmental education. The various tasks include:

- Take charge of projects of separation of waste, compost and the orchards
- Translations
- There will also be possibilities to work with groups and educate kids about environmental issues
- Assist conferences
- Help with the promotion of the centre

LOCATION: Highway to Valladolid s/n, km 2.5 Jesús María, Aguascalientes, México.

ACCOMODATION: The ecological centre was constructed in a beautiful Hacienda of the 16th century and has been renovated. It has shared rooms for the volunteers.

FOOD: The food will be provided in the project.



LANGUAGE: Spanish (40 % or more)

FREE TIME***

REQUIREMENTS:

Speak Spanish (of everyday life), have knowledge about environmental problems. Have experience with working with children, knowledge about recreational activities, be flexible with the working hours, active and willing to work/work in teams. Ready to

live together with local people and potentially with people from other cultures. Be between 21 and 35 years old, be organized, enthusiastic, responsible and committed.

MEETING POINT: The meeting point will be in the office of VIMEX (Plaza de la República No. 51, 2nd floor, Office 2, México, D. F., C. P. 06030).



ARE YOU READY?

WELCOME TO MEXICO!

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 Revolución

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