Kenya Voluntary Development Association (KVDA) is an indigenous, non-political and membership organization which is non-sectarian and non-profit making started in 1962 as a work camp organization registered under the Societies' Act. In 1993, KVDA was registered as a Non-Governmental organization by the establishment of the NGOs Coordination Act.

Its main purpose is to promote peace, understanding, justice, development, and information exchange among Kenyans and within the international community. KVDA also seeks to promote inter-cultural education, international peace, inter-human understanding and solidarity as well as sustainable community development through voluntary service; the phrase **"Development against Dependence**" captures KVDA's philosophy

KVDA works in partnership with local communities to champion their own development without imposition of values. Local people everywhere are the masters of their own destiny and efforts must be made by all to harness this great potential. Volunteers have specific roles to play in very difficult circumstances dictated by deprivation and impoverishment and they must guard against attempts to imagine that they can offer magic solutions to the myriad of development challenges encountered at the grassroots.

The voluntary service project offers the volunteer the unique opportunity to be part of the transformative process to stimulate the local community to reinforce their work ethic. Volunteers are not experts but people driven by the selfless desire to strengthen solidarity among the needy communities and ensure their active participation in the development process.

*Vision*: Envisages KVDA as an organization with a large membership working towards the improvement of quality of life of the community

*Mission*: KVDA aims to Mobilizing all-purpose resources to support community development initiatives

#### **Strategic objectives**

- Communities are aware of development issues, mobilized resources and taken responsibility of their own development.
- 2. Young people have access to experiential education by offering voluntary service

#### Kenya Voluntary Development Association

"Development against Dependence"

## KVDA Work Camps Program from April – December 2018

#### P.O. Box 48902-00100 GPO, Nairobi, Kenya

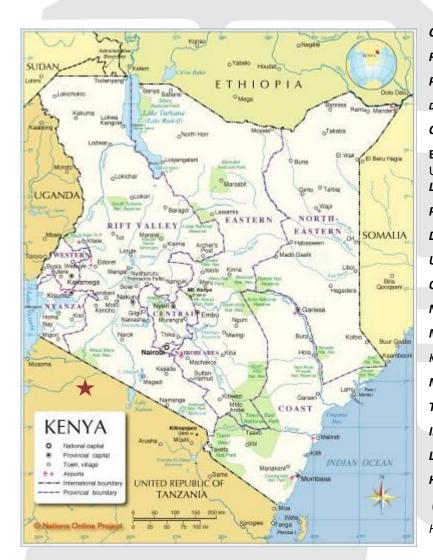
Kwarara Road, Karen, Nairobi

Email: <u>kvdakenya@yahoo.com</u>, and <u>info@kenyavoluntary.org</u>

Website: www.kenyavoluntary.org

Telephone: +254 721 650 357

#### **KENYA: COUNTRY PROFILE**



CAPITAL: Nairobi **REGIME:** Republic PRESIDENT: Uhuru Kenyatta DEPUTY PRESIDENT: William Ruto **CURRENCY:** Kenyan Shilling (KES) BORDERING COUNTRIES: Tanzania, Uganda, Sudan, Ethiopia, Somalia LAND AREA (KM2): 571,466 **POPULATION (MILLION): 39.4** DENSITY (POP/KM2): 67.7 URBAN POPULATION (%): 21.0 **OFFICIAL LANGUAGE:** English NATIONAL LANGUAGE: Kiswahili MAIN TRIBES: Kikuyu, Luhya, Luo, Kalenjin, Kamba, Miji Kenda MAIN RELIGIONS: Christianity, Islam TOTAL FERTILITY RATE: 4.6 INFANT MORTALITY RATE: 52.0 LIFE EXPECTANCY AT BIRTH: 58.9 HIV ADULT PREVALENCE (%): 6.3 (Source: Kenya Demographic and Health Survey 2008/09)

## WORKCAMPS IN KENYA APRIL TO DECEMBER 2018

Camp code	Name	Location	Dates	Туре	Vols (max)	Age	Extra fee/ Reg.fee
KVDA/STV/04A	Ebusiralo Youth Polytechnic	Vihiga in Western Kenya	08.04-29.04.	MANU/CONS	20	18-99	300
KVDA/STV/04B	St, James Community Orphans School	Rusinga Island on Lake Victoria	15.04-30.04.	KIDS/EDU	20	18-99	300
KVDA/STV/05A	Nyamanche Primary School	South West Kenya in Migori country	06.05-27.05.	RENO/EDU	15	18-99	300
KVDA/STV/05B	Getongoroma Community Development Project	South West Kenya in Migori Country	13.05-31.05.	MANU/SOCI/STUDY	15	18-99	300
KVDA/STV/06A	Gideon Mosi Primary School	Taita Taveta County Coast Kenya	03.06-24.06.	RENO/STUDY/KIDS	15	18-99	300
KVDA/STV/06B	Gibarori Primary School	South West Kenya	10.06-30.06.	RENO/EDU	15	18-99	300
KVDA/STV/06C	Maasai Mara Game Reserve	Narok County in Rift Valley region	10.06-30.06	MANU/EDU	15	18-99	300
KVDA/STV/06D	Kenya Institute of organic farming	Kiambu County in Central Kenya	17.06-30.06	AGRI	15	18-99	300
KVDA/STV/07A	Remanyanki Primary School	South West Kenya in Migori county	07.07-28.07.	CONS/EDU	15	18-99	300
KVDA/STV/07B	Kabiro School	Kawangware Slums in Nairobi County	07.07-28.07.	KIDS	15	18-99	300
KVDA/STV/07C	Nyabosongo Bena Academy	Kuria, Migori County in South West Kenya	07.07-28.07.	CULTURAL/KIDS	20	18-99	300
KVDA/STV/07D	Poroko Friends Special School	Trans-Mara County in the Rift Valley	07.07-28.07.	KIDS/DIS	20	18-99	300
KVDA/STV/07E	Kotieno Primary School	Homa-Bay County in Western Kenya	15.07-05.08	EDU/CONS	20	18-99	300
KVDA/STV/07F	Roddy Eco Cover	Vihiga County in Western Kenya	15.07-05.08	ENVIRONMENT	20	18-99	300
KVDA/STV/07G	Sacred Mijikenda Kaya Forests	Kwale Country at the Kenyan Coast	07.07-28.07	HERITAGE	20	18-99	300
KVDA/STV/07H	Cranes of Dago Thim Self Help Group	Kisumu County in Western Kenya	07.07-28.07	CULTURAL	20	18-99	300
KVDA and UVIKIUTA Bilateral Workcamp	Bilateral Workcamp	Vihiga County	16.07-31.07	CLIMATE CHANGE	25	18-99	400 payable 200 each country

KVDA/STV/08A	Esiarambatsi Health Centre	Emuhaya, Vihiga County	04.08-25.08.	MEDI/STUDY	15	18-99	300
KVDA/STV/08B	Community Health Care Volunteers CBO	Mbita in Homa- Bay County	04.08-25.08.	HEALTH/CULTURAL	15	18-99	300
KVDA/STV/08C	Gideon Mosi Primary School	Taita Taveta County	11.08-31.08.	KIDS/RENO	15	18-99	300
KVDA/STV/08D	A thousand Villages Initiative	Kisumu County	11.08-31.08.	EDU/SOCIAL/MANU	15	18-99	300
KVDA/STV/09A	St. James Community Orphans School	Mbita in Homa Bay County	01.09-22.09.	EDU/KIDS	15	18-99	300
KVDA/STV/09B	Nyamanche Primary School	Kuria in South West Kenya in Migori County	01.09-22.09	RENO/EDU	20	18-99	300
KVDA/STV/09C	Kenya Institute of Organic Farming	Juja in Kiambu County	08.09-29.09	AGRI	20	18-99	300
KVDA/STV/10A	Arise and Shine Care Center	Kisumu County in Lake Region	06.10-27.10.	MANU/STUDY	20	18-99	300
KVDA/STV/10B	Getongoroma Community Development Project	Migori County in South West Kenya	06.10-27.10.	MANU/SOCIAL	15	18-99	300
KVDA/STV/10C	St. Joseph's Nyamosense Special Unit School	Kuria, Migori County in South West Kenya	13.10-31.10.	KIDS/DISABILITY	20	18-99	300
KVDA/STV/11A	Gideon Mosi Primary School	Taita Taveta at the Coast of Kenya	03.11-24.11.	RENO/KIDS	20	18-99	300
KVDA/STV/11B	St. James Community Orphans School	Mfangano Island on Lake Victoria	03.11-24.11.	KIDS/CULTURE	20	18-99	300
KVDA/STV/11C	Ushuhuda Network for Orphans and Vulnerable Children in Webuye	Webuye in Bungoma County	04.11-25.11.	KIDS/SOCIAL	20	18-99	300
KVDA/STV/12A	Sacred Mijikenda Kaya Forests	Kwale County in Coast Kenya	01.12-20.12.	HERITAGE	15	18-99	300
KVDA/STV/12B	Maasai Mara Game Reserve	Narok County in Rift Valley Region of Kenya	01.12-20.12.	MANUAL/EDU	15	18-99	300
KVDA/STV/12C	Cannan Orphanage	Mombasa County, Coast Kenya	01.12-20.12.	KIDS	15	18-99	300
KVDA/STV/12D	Cranes of Dago Thim Self Help Group	Kisumu County in Western Kenya	01.12-20.12.	CULTURAL/MANU	20	18-99	300

#### KENYA VOLUNTARY DEVELOPMENT ASSOCIATION (KVDA)

KVDA is an indigenous, non-political and membership organization which is non-sectarian and non-profit making started in 1962 as a work camp organization registered under the Societies' Act. In 1993, KVDA was registered as a Non-Governmental organization by the establishment of the NGOs Coordination Act.

#### VOLUNTEERS

Most volunteers in our camps are 18 years and above with the majority of them teenagers mostly from Kenya, Africa, Europe, Asia and the Americas

#### WORK

The work is often manual like construction, painting, renovation, organising activities, landscaping/gardening; but one of the main aims of the work camps is to encourage and increase intercultural learning between the volunteers and the hosting communities. No special skills are required essentially to underscore the significance of self-development. The working hours are six per day from Monday to Friday with free weekends. Most work camps are arranged in rural communities in the heartland of the African culture to provide the volunteers with the unique opportunities for experiential learning.

#### CAMP FACILITATOR/ LEADER

KVDA work camp facilitator is present in all camps. (S)he is either a volunteer with work camp experience or an individual with deep affinity to youth work and community development.

#### **PROJECT ACTIVITIES**

There are plenty of opportunities to visit local places of interest and enjoy spectacular sites to behold in Kenyan countryside, lakes and forests. Don't forget that Kenya is a major tourist destination famed with the wildlife and the renowned Maasai Mara Game Reserve is a fascination that every volunteer in Kenya should not miss and this opportunity is offered through the educational tours organized by KVDA

#### PARTICIPATION FEE

KVDA is a non-Governmental organization with no public funding and we ask both the incoming and outgoing volunteers for the participation fees that contributes towards our administration costs. Our fees are uniform for **Euros 300** for every project outlined in this program and this is all inclusive of the costs within the project that includes airport transfers, accommodation, transport to and from the project and meals during the project

#### HEALTH AND INSURANCE

There is no insurance cover provided on the projects due to financial handicaps. Since the travel to the work camp and loss of personal property are also not insured, we expect all the volunteers to take their own travel insurance. Drug abuse is prohibited on KVDA work camps and the use of alcohol is restricted on the work camps and especially within the heartland of rural communities. However, volunteers are at liberty to have adventure while on the excursions conducted over the weekends away from the hosting communities.

#### LANGUAGE

The language on all our work camps is English and all volunteers are expected to be able to communicate in English. Kiswahili is the national language in Kenya but English is the official language and this makes it easy for English speakers to get on well while in Kenya. However, language should not be the main impediment to disqualify or discourage volunteers from applying for specific projects as there is room for learning through practice.

#### WHAT TO CARRY FOR THE PROJECT?

Since the work is usually practical/manual we recommend that the volunteers bring rubber boots, working clothes and gloves. Bring enough warm clothes as the evenings may be cold. A sleeping bag is a necessary for all work camps. Some music, cooking recipes and photos from the home country are recommended, especially for the international evenings!

#### **TYPES OF WORKCAMPS**

- ➢ Renovation − RENO
- ➢ Projects with Kids KIDS
- Social Projects SOCI
- Construction CONS
- Study projects STUDY
- Environmental ENVI
- Medical-MEDI
- Projects involving manual work-MANU
- School projects with teaching- EDU
- Agricultural projects-AGRI
- Health issues-HEALTH
- > Project with key focus on the people's way of life-CULTURAL
- Project with teenagers: TEEN

## **APRIL 2018**

#### **PROJECT NAME: EBUSIRALO YOUTH POLYTECHNIC**

CODE: KVDA/STV/04A Dates: 1<sup>st</sup>-22<sup>ND</sup> April 2018 Orientation: 1<sup>st</sup> April 2018 Location: Luanda, Vihiga County, Western Kenya Theme: HIV Stigma and discrimination in Kenya

**PROJECT OVERVIEW** 

**MOTTO:** Technology for empowerment

**VISION STATEMENT:** To empower the youths holistically for selfsustainability, the leading needs help now not tomorrow.

**MISSION:** To be a leading Centre in technological excellence empowering youths.

## INTRODUCTION

**EBUSIRALO YOUTH POLYTECHNIC** was founded in the year 2002 to offer vocational training to the youths. The polytechnic has enrolment of 110 trainees' male and female. The trainees are youths aged above 14 years. The

Polytechnic is located in Western Kenya, Vihiga County, Emuhaya district; Luanda Township situated more than 400 kilometers from Nairobi.

KVDA organized a work camp in 2009 that jump-started the construction of the first administration block that is yet to be completed as the inaugural step to develop the infrastructure at the Polytechnic. There are ten instructors and the one-acre land on which the Polytechnic is constructed is owned by the institution.

The polytechnic is run by the entire community members who had the idea to empower young people who could not have the full chance to education due to high poverty rate, to have self-skills. Most of the community members are peasant farmers who live below poverty line (from hand to mouth) and have seen that for the development of the community is just to uplift young people through skillful and practical learning that can create self-employment.

Ebusiralo Youth Polytechnic is a community based institution that was started to administer rehabilitation on drug addict children, children from poor families and street children in Luanda town and train them in different skills.

## **OBJECTIVES OF THE POLYTHENIC**

- Trainees to gain new skills that can generate self-employment.
- Capture idle youths within the communities for self-reliance and commitment.
- Empower youths to economically develop their own community, rural development.

• To substitute theoretical learning by experimental and practical work.

## **ACTIVITIES WITHIN THE CENTRE**

- Garment making/Beauty therapy.
- Electrical installation.
- Motor vehicle mechanics
- Welding and fabrication
- Masonry/carpentry.
- Computer which is compulsory to all trainees
- Sports and physical education
- Metal processing technology

- Information communication technology
- Agri-business
- Workshop construction

## CHALLENGES

- Polytechnic has insufficient tools and equipment to cater for large enrolment.
- Most workshops and temporary structures available at the site
- It is difficult for the community to expand the polytechnic physical structures because of very high poverty levels and deprivation.
- Lack of resources to facilitate the instructors who work on voluntary basis
- Drug abuse leading to most trainers to drop out from the polytechnic, HIV /AIDS has caused many trainees to be left poor and orphans causing problem in fee payment
- Students from poor families are unable to pay school fees and hence drop out
- Inadequate workshop and workshop facilities
- Frequent absent of the students seeking how to make ends meet especially on market days
- Containing drug addicts and street children.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

## TYPE OF WORK CAMP: MANUAL/CONS

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making and construction work at the Polytechnic
- Guiding and counseling
- Agricultural activities at the institution farm
- Teaching technical subjects
- Designing sponsorship program for students from poor backgrounds.
- Inter-cultural learning coupled with home visits for exposure to development challenges.

• Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will be done most probably during the weekends.

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: HIV STIGMA AND DISCRIMINATION IN KENYA

- Even though awareness of HIV and AIDS in Kenya is high, many people living with the virus still face stigma and discrimination. Studies have shown that although people are aware of the basic facts about HIV and AIDS, many are not informed of the most in-depth knowledge that addresses issue of stigma.
- One report revealed that of healthcare facilities that have policies to protect people living with HIV against discrimination, only a third admitted to implementing such policies. People are still afraid to disclose their status and will often avoid health centers that provide HIV services from fear of being seen by neighbours or community members
- Homosexuality is illegal in Kenya and therefore men who have sex with men face a high level of stigma and discrimination. In an attempt to find out to what extend HIV is affecting the gay community, a census for homosexuals would be the most effective methodology but with homosexual still illegal, it is unlikely to have the statistics to reflect the reality of HIV within the gay and lesbian community

**ORIENTATION:** Will be done on 1<sup>st</sup> April 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 2<sup>nd</sup> April 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead within the community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA Administration: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **APRIL 2018**

#### PROJECT NAME: ST. JAMES COMMUNITY ORPHANS SCHOOL

CODE: KVDA/STV/04B DATES: 8<sup>TH</sup> -29<sup>TH</sup> April 2018 Orientation: 8<sup>TH</sup> April 2018 LOCATION: MFANGANO ISLAND, LAKE VICTORIA REGION THEME: TAKING CARE OF ABANDONED AND EXTREMELY VULNERABLE ORPHANED CHILDREN

**PROJECT OVERVIEW** PROJECT BACKGROUND NAME: St. James Community Orphans School

ADDRESS: P.O Box 41-40319 MBITA

**LOCATION:** The school is located within Mfangano Island, Waware sublocation, Mfangano north location, Mfangano division, Mbita Sub-county of Homa-bay County.

**PUPIL POPULATION:** 124

#### CLASSROOMS: 6

CLASSES: Baby class, Nursery class, Pre-unit class, Std 1, Std 2, Std 3

**SPONSORS:** Community sponsored

**VISION:**" To be an exemplary Centre of excellence in quality holistic, academic education provision within the community"

**MISSION:**" To provide accessible and acceptable education to the less fortunate professionally, and in a formal manner that can be realized from within and without the community"

MOTTO:" Arise and shine for a better life".

**OBJECTIVE:** To be the school within the island in helping provide for the welfare and well-being of the numerous orphans and destitute left behind as a result of HIV/AIDS pandemic.

VOLUNTEER PROGRAMMES: Since the school's inception in 2012, the school has various volunteer activities. Among them being:

- a) In 2012 **(May-August)**, we received two volunteer teachers who helped the school in teaching `of physical ad vocation (P.E). The volunteers were from Italy.
- b) **(Jan-Feb)** 2013, the school, got one volunteer (male) from Japan who helped in the school garden.
- c) **(May-June)**, we had 2 volunteers (a couple) from USA, Michigan who helped the teaching of health and sanitation lessons.

Security for our volunteers has always been our number one priority. Moreover, the school is situated barely 600m from the police post

We also have a Government of Kenya dispensary within the same area to carter for health emergency that might arise

The school is committed to offering hope to children and especially who are vulnerable to societal risks and this call for community of efforts.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

## TYPE OF WORK CAMP: EDU/KIDS

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making
- Social work majorly guiding and counseling for the HIV/AIDS program
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## THEME: TAKING CARE OF ABANDONED AND EXTREMELY VULNERABLE ORPHANED CHILDREN

**ORIENTATION:** Will be done on 8<sup>th</sup> April 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 29<sup>th</sup> April 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **MAY 2018**

#### **PROJECT NAME:** NYAMANCHE PRIMARY SCHOOL

CODE: KVDA/STV/05A DATES: 5<sup>th</sup> to 26<sup>th</sup> May 2018 Orientation: 5<sup>th</sup> May 2018 Location: Kuria, Migori County, South West Kenya Theme: Gender Sensitivity: Focus on Female Genital Mutilation

#### **PROJECT OVERVIEW**

Nyamanche Primary School started the year 1981 as a Government School. The School supports children from the neighbouring villages. It consists of 600 (six hundred) pupils, 350 girls and 250 boys. The school has 12 teachers, 1 female and 11 male. It has 10 classrooms, 2 offices and 1 kitchen. The school has good academic record in the County.

#### MOTTO;

"Strive for Excellence"

## OBJECTIVES

- 1. To mould future leaders
- 2. Maintain high discipline
- 3. To reduce illiteracy level in the Community
- 4. Create platform for volunteerism.

#### CHALLENGES

- Cultural practice such as female genital mutilation
- Poor sanitation
- Lack of funds to facilitate the proposed development projects
- Dependency on external assistance
- Poor utilization of available resources

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

#### **PROJECT ACTIVITIES**

The school was started with the aim of having members of the community have access to education and more so the girl child. In this community, differences between man and woman dictate a difference in their social roles and this reinforces a notion that men are more superior to women. Capacity building will provide both men and women with political insight and moral support in confronting gender issues. A woman's social status has led to marginalization. This was the very reason of starting the school so as to empower the girl child.

The project involves different types of activities. These include:

## TYPE OF WORK CAMP: RENO/EDU

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- School construction
- Teaching primary school pupils
- Tree planting
- Stones collection and pathways clearing
- Sensitization of the community on the side effects of FGM
- Home visits and topical discussion with the local people

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION (FGM)

- Female genital mutilation is a strong tradition in this community. It is illegal. But still more than one third of the women are circumcised and each and every young woman is subjected to the cut.
- The church has preached against FGM for decades but in spite of the deep devoutness the priests do not have enough power over the souls.
- FGM has nothing to do with religion; it is a so-called culture and tradition in certain groups.
- The practice is deeply rooted in views on chastity, transition to womanhood, "purity" for marriage and basically a wish to control women sexually. In certain areas the survival and fertility of the local community is assumed to be threatened if the girls are not

circumcised. Many brave young girls who refuse FGM are regarded as "unmarriageable" and become outcasts.

• It is a brutal act, painful and has led to the spread of HIV/AIDS. Volunteers will be required to liaise with other Non-Governmental organizations like Red Cross in creation of awareness to the community.

**ORIENTATION:** Will be done on 5<sup>th</sup> May 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 6<sup>th</sup> May 2017

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

#### PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.

- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **MAY 2018**

**PROJECT NAME:** GETONGOROMA COMMUNITY DEVELOPMENT PROJECT

CODE: KVDA/STV/05B DATES: 12<sup>TH</sup> -31<sup>ST</sup> MAY 2018 ORIENTATION: 12<sup>TH</sup> MAY 2018 LOCATION: KURIA, SOUTH WEST KENYA THEME: BUILDING THE CAPACITY OF YOUTH LEADERS IN APPROACHES TO PEACE BUILDING AND RECONCILIATION

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

## TYPE OF WORK CAMP: MANU/SOCI/STUDY

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- The physical work will comprise of assisting in repairing classrooms and digging pit latrines for the community school in the post conflict situation.
- Youth leaders exposed to skills in the areas of peace building, and reconciliation.
- Exchange ideas on on-going and previous peace processes and the strategic role the youth leaders can play.
- Youth leaders and the host communities will exchange ideas about peace building and reconciliation strategies leading to future collaborations.
- Youth leaders will have combined physical work in a conflict setting with discussions of peace and conflict issues with communities affected by post-election violence.
- It is anticipated that the outcome of the identified activities will enhance the process of re-building trust, whose long term objective is reconciliation. Also strengthen the youth leaders to respond in an appropriate way in dealing with issues of conflict within their communities. This will also compliment the work of national healing and reconstruction

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: BUILDING THE CAPACITY OF YOUTH LEADERS IN APPROACHES TO PEACE BUILDING AND RECONCILIATION

• The signing of the peace agreements in Africa is indeed commendable and raises new hopes for peace and development. However, peace

agreements do not automatically translate into a resolution of the grievances or issues which caused the conflict in the first place. From a peace builder's perspective, these accords offer new opportunities to reorder society, its structures and institutions, processes and relationships, in a manner that diminishes the possibility of a recurrence of violence and improves the potential for social justice. Reconciliation among former protagonists at all levels is crucial for long-term peace and development.

- The conflict is between the Kuria and Maasai communities of Kenya who are neighbours and share a common border near Kenya/Tanzania border and it is ignited by land issues scramble for scarce resources and politics. The Maasai and pastoralists while the Kuria community is engaged in small scale farming.
- The nature of conflict has led to incessant fights, cattle theft, killings and general animosity among the neighbouring communities.

**ORIENTATION:** Will be done on 12<sup>th</sup> May 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 13<sup>th</sup> May 2017

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- However, the Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JUNE 2018**

PROJECT NAME: GIDEON MOSI PRIMARY SCHOOL

**Code:** KVDA/STV/06A **Dates:** 2<sup>ND</sup> to 23<sup>RD</sup> June 2018 **ORIENTATION:** 2<sup>ND</sup> JUNE 2018

#### LOCATION: TAITA-TAVETA COUNTY, COAST REGION THEME: HUMAN AND WILDLIFE CONFLICT THE BANE OF SUSTAINABLE DEVELOPMENT

#### **PROJECT OVERVIEW**

The Taita hills rise from the Southeastern Nyika Plateau. They are ancient fault-block formation stretching south to Malawi through Eastern and Southern Tanzania. They sit almost cheek-by-jowl with one of the region's recent volcanic ranges, the Chyulu Hills. The project is situated on the foot of the Sagalla Hills in Taita Taveta district in coastal part of Kenya. It is approximately 7-8 hours' drive from Nairobi. Sagalla is remembered to be a home of the first missionaries in the early 1900 and these is evident with one of the first churches in Kenya still standing strong.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

#### **PROJECT ACTIVITIES**

Gideon Mosi Primary School is a relatively new institution was founded in 1990 and it has rapidly expanded to accommodate 293 boys and girls from class 1-8. The 8 Teachers at the Gideon Mosi Primary School are employed by the Teachers Service commission and they are qualified to teach all rounds from class 1-8. In cases where the teaching staff is not adequate, the Parents and Teachers Association employs teachers for a short duration of time to help bridge the obtaining gap.

#### TYPE OF WORKCAMP: RENO/STUDY/KIDS

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- School renovation,
- Teaching Primary School pupils
- Awareness campaign on Human Wildlife Conflict
- Home visits
- Cultural days for various nationalities
- Translation of thematic focus of the project together with the local people

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## THEME: HUMAN AND WILDLIFE CONFLICT THE BANE OF SUSTAINABLE DEVELOPMENT

- This phenomenon of human beings and wildlife conflict is very controversial and has attracted the attention of all and sundry. The scenario is prompted by the proximity of the local community to the Tsavo National Park that is the home to wildlife and this directly plays into the hands of the local community members who are forced by the circumstances to learn to live with the situation and the attendant challenges.
- Working with community groups on poverty reduction and sustainable development will involve the active involvement in projects that are geared towards youth and women empowerment activities, HIV/AIDS awareness, provision of infrastructure in learning institutions.
- Poverty is a major issue in the local community and is directly linked to the spread of HIV/AIDS because poverty drives HIV/AIDS and HIV/AIDS drives poverty. This highlights the need for a multifaceted response to both problems, but particularly to the HIV/AIDS pandemic.
- Both these problems disproportionately affect women and youth. The goal is to try and enable the local members address community issues, thus enhancing the economic and social empowerment of women and youth for poverty reduction in Gideon Mosi, and linking this with activities to raise awareness about HIV/AIDS. These activities will also help strengthen rural community and their local economies. In the process being able to improve access to quality education for school children
- The volunteers will be required to join hands together with community members in addressing the theme of the camp in order to

empower the community to coming up with a more pro-active way of enhancing the academic development of community children.

**ORIENTATION:** Will be done on  $2^{nd}$  June 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $3^{rd}$  June 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

#### PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational

institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.

• Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

## **JUNE 2018**

#### PROJECT NAME: GIBARORI PRIMARY SCHOOL

CODE: KVDA/STV/06B DATES: 9<sup>TH</sup> TO 30<sup>TH</sup> JUNE 2018 ORIENTATION: 9<sup>TH</sup> JUNE 2018 LOCATION: KEHANCHA, KURIA, SOUTH WEST KENYA THEME: PEACE BUILDING AND CONFLICT TRANSFORMATION

#### **PROJECT OVERVIEW**

Gibarori Primary School is situated in Maeta Sub-location, Maeta location, Kegonga division of Kuria. It is situated approximately 3 Km from Kehancha town, headquarters of the larger Kuria East and West Districts.

The school was founded in 1981 by community members and has a population of over 580 pupils with over 10 teaching staff employed by the Teachers service commission (TSC).

## **COMPOSITION OF THE COMMUNITY**

The local community is predominantly Kuria that spread across Kenya and Tanzania. They neighbour the Maasai community and they are traditionally small scale farmers and engage in small scale businesses revolving around agriculture.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit`

## **PROJECT ACTIVITIES**

## TYPE OF WORK CAMP: RENO/EDU

Volunteers will work for six hours daily from Monday to Friday. They will work together with the local community members on the following activities:

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making and construction
- Talks on peace building and conflict transformation.
- Home visits and topical discussion with the local people
- Cultural days for various nationalities

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: PEACE BUILDING AND CONFLICT

• The signing of the peace agreements in Africa is indeed commendable and raises new hopes for peace and development. However, peace agreements do not automatically translate into a resolution of the grievances or issues which caused the conflict in the first place.

- From a peace builder's perspective, these accords offer new opportunities to reorder society, its structures and institutions, processes and relationships, in a manner that diminishes the possibility of a recurrence of violence and improves the potential for social justice. Reconciliation among former protagonists at all levels is crucial for long-term peace and development.
- The conflict is between the Kuria and Maasai communities of Kenya who are neighbours and share a common border near Kenya/Tanzania border and it is ignited by land issues scramble for scarce resources and politics.
- The Maasai and pastoralists while the Kuria community is engaged in small scale farming.
- The nature of conflict has led to conflict between the neighbouring communities, cattle theft and general animosity.

**ORIENTATION:** Will be done on  $9^{\text{th}}$  June 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $10^{\text{th}}$  June 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

#### PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

## EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JUNE 2018**

PROJECT NAME: MAASAI MARA GAME RESERVE

CODE: KVDA/STV/06C DATES: 9<sup>TH</sup> TO 30<sup>TH</sup> JUNE 2018 ORIENTATION: 9<sup>TH</sup> JUNE 2018 LOCATION: NAROK COUNTY, RIFT VALLEY THEME: POVERTY REDUCTION: VOLUNTEERING AS A TOOL TO ENHANCE CONNECTIVITY

#### **PROJECT OVERVIEW**

The **Maasai Mara National Reserve** (also known as **Masai Mara** and by the locals as **The Mara**) is a large <u>game reserve</u> in <u>Narok County</u>, <u>Kenya</u>, contiguous with the <u>Serengeti National Park</u> in <u>Mara Region</u>, <u>Tanzania</u>. It is named in honor of the <u>Maasai people</u> (the ancestral inhabitants of the area) and their description of the area when looked at from afar: "Mara," which is Maa (Maasai language) for "spotted," an apt description for the circles of trees, scrub, savanna, and cloud shadows that mark the area.

It is globally famous for its exceptional population of <u>Masai lions</u>, <u>African</u> <u>leopards</u> and <u>Tanzanian cheetahs</u>, and the annual migration of <u>zebra</u>, <u>Thomson's gazelle</u>, and <u>wildebeest</u> to and from the <u>Serengeti</u> every year from July to October, known as the <u>Great Migration</u>.

The Maasai Mara National Reserve is only a fraction of the Greater Mara Ecosystem, which includes the following Group Ranches: Koiyaki, Lemek, Ol Chorro Oirowua, Olkinyei, Siana, Maji Moto, Naikara, Ol Derkesi, Kerinkani, Oloirien, and Kimintet

#### **COMPOSITION OF THE COMMUNITY**



**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit`

#### PROJECT ACTIVITIES TYPE OF WORK CAMP: MANUAL/EDU

Volunteers will work for six hours daily from Monday to Friday. They will work together with the local community members on the following activities:

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Tree planting
- Renovation of school classrooms and painting at the institution

## **OTHER ACTIVITIES:**

- The theme of Discussion: <u>Poverty Reduction: Volunteering as a tool</u> to enhance connectivity
- Visits to Schools and homes in the neighbourhood
- Sports with pupils and local Maasai community
- Learning the Maasai culture and adventure within the Maasai Mara Game Reserve

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: POVERTY REDUCTION: VOLUNTEERING AS A TOOL TO ENHANCE CONNECTIVITY

- Poverty is a broad-term that describes many circumstances where people lack resources such as money, housing, food, clothing, jobs, and suffer physically, socially, and emotionally from this material deprivation.
- poverty describes a standard of living where a person is unable to afford even a basic diet. International definitions of poverty rely on the classification of the poverty level, which is a level of income below which a person cannot afford to buy all the resources required to live.
- Poverty eradication encompasses the will and strategies to stop all people from living in poverty. The focus will be on education, training and gender sensitivity. Inter cultural exchange is aimed at enabling people to put global awareness and intercultural learning into practice. This is enhanced through creating awareness through learning themes on global issues. In so doing it will strengthen participants' skills in working in community-based organizations actively involved in efforts to alleviate poverty.

**ORIENTATION:** Will be done on 9<sup>th</sup> June 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 10<sup>th</sup> June 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

#### PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead provided by the local people with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## **JUNE 2018**

**PROJECT NAME:** KENYA INSTITUTE OF ORGANIC FARMING

CODE: KVDA/STV/06D DATES: 16<sup>TH</sup> TO 30<sup>TH</sup> JUNE 2018 ORIENTATION: 16<sup>TH</sup> JUNE 2018 LOCATION: KIAMBU COUNTY, CENTRAL KENYA THEME: ORGANIC FARMING PRINCIPLES

#### **PROJECT OVERVIEW**

The Kenya Institute of Organic Farming (KIOF) is an officially registered technical training institution NO. MOHEST/PC/1361 and Non-government organization (NGO).

It is situated in Juja off – Thika highway, near Ndarugo Motel.

KIOF launched its first activities in 1987 – The Farmers Training and Extension Programme, which aimed at bringing the awareness of the challenges associated with conventional chemical farming (fertilizers and pesticides)

The advantages of environmentally – sound-farming methods, appropriate to small-scale farmers led to widespread public interest in the programme. Numerous requests were received from development organizations in Eastern Africa for training in organic farming.



After the initial strong growth, KIOF found that there was necessity to verifying some of the organic methods adopted by farmers.

KIOF therefore started looking into opportunities for on-farm trials and research so as to supply relevant back up data.

A Programme to incorporate youth training in organic agriculture was launched in 1995. This led to an Organic Agriculture Certificate course with the aim of assisting the youth to develop careers in Organic farming. A diploma programme was launched in 2004 and the Certificate Stream gradually phased out.

The Diploma Programme takes 2 years of theoretical and practical learning. Due to the growing interest in this field and high demand for profession knowledge in organic agriculture, KIOF launched a 2-year Distance Learning Diploma program in 2006.

## A RENEWED APPROACH TO AGRICULTURE AND THE ENVIRONMENT

Organic farms and gardens have been operating years in many countries and climates. By reviving and developing sound husbandry practices they have shown that it is possible to combine good yields with high quality produce, lasting soil fertility and improved overall environment.

The Kenya Institute of Organic Farming (KIOF) aims at making this experience available to all farmers and other stakeholders.

KIOF connects itself especially with the small – scale farmers who make up the majority of the farming community in Kenya. It is the small – scale farmers who are, in effect, the care takers of the natural environment. KIOF wants to stimulate better management of the environment by starting with sound agricultural principles on the farm.

KIOF organizes training sessions for groups of farmers: women groups, youth and other CBOs in the rural areas. KIOF comes into contact with these groups through various organizations, churches, government institutions and individuals.

#### WHY ORGANIC AGRICULTURE?

A problem in today's agriculture is the need for cash. This need moves the nation as a whole and especially the farmer into cash crop farming. Most of which are non – food crops. The family food production is often neglected. This leads to poorer diets and poorer health of the farming community. The remedy for this situation is organic farming.

#### A JOINT STUDENT EXCHANGE

KIOF, is a long term training institution partnering with Rural Community in Development (RUCID) which is Uganda specialized in formal training in organic agriculture, community mobilization, processing and marketing of organic products (both local and export markets)

<u>Scope</u>

The nature of KOIF/RUCID collaboration include:

- I. Joint programs for school leavers and rural youth in training organic agriculture at certificate and Diploma levels.
- II. Awarding Certificates and Diplomas

III. Exchange of students to Kenya and Mityana, Uganda.

IV. Exposure to Biomedicine Medicinal herbs, product value addition and organic export marketing.

Practical Learning

Students who participate in this program experience "hands on" learning situations in:

- I. Organic production methods in crops and animal husbandry.
- II. Organic products processing, value addition, and certification.
- III. Organic packaging and marketing both locally and internationally.

Exposure

- <sup>•</sup> Students get a rare opportunity of doing their studies in both Uganda and Kenya
- " Students Learn to travel across the Kenyan border s and gain cultured experience of other communities

## Some of KIOF achievements.

- Creating awareness and providing practical training in organic farming methods to farmers, equally men and women, the rural youth, extension officers, trainers and project managers.
- Conducting on farm trials and data gathering in organic farming in medium and high potential areas in Kenya.
- Gathering and disseminating information on organic farming throughout Eastern African region.
- Stimulating the formation of organizations and networks on organic farming in Eastern Africa.
- Facilitating marketing of organic produce.
- Facilitating the understanding of organic standards.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit`

# **PROJECT ACTIVITIES**

## TYPE OF WORK CAMP: AGRI

Volunteers will work for six hours daily from Monday to Friday. They will work together with the local community members on the following activities:

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

• Volunteers will be assigned tasks to work on the farm and this will include office and field work



**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: ORGANIC FARMING PRINCIPLES

- Organic farming is based on mixed farming principles. Experiences show that mixed farming practices lead to better food and income stability. It does not exclude the cash crop but it puts it in the right place.
- The cash crop can become part of the farm's crop rotation which puts emphasis on diversity of crops thereby raising the ecological balance of the farm. It provides a more complete diet for the family. Diversity

in production means less risk, and better food and health within the farm.

- Production is based on maximum recycling of organic wastes and careful handling of manures and composts, careful soil cultivation and use of natural rock minerals, if necessary.
- Weed control is based on crop rotation and physical methods. Pests and disease control is sustained by understanding and maintaining physical, biological and ecological balances. These include traditional methods which are now being scientifically proven.
- The use of trees for shade, mulching, soil improvement, fruit, fodder and fuel production is of great importance, and correct understanding of their place on the farm is part of organic practice. Besides, trees protect the land from strong winds and improve the climate of the area.
- A fresh look is taken at the question of marketing. This is done with a view to improved understanding of the needs of the grower and the requirements of the consumer.
- Thinking in terms of organic agriculture means reviving and developing sound husbandry practices which include the human and the social surroundings of the farm. The farm is able to function as an organism in which all parts support each other.

**ORIENTATION:** Will be done on 16<sup>th</sup> June 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 17<sup>th</sup> June 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

## PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

# WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

# WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

# EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will stay in the institute's dormitories that are shared with the students and there is electricity and water connection to the institute. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

# EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

# **JULY 2018**

PROJECT NAME: REMANYANKI PRIMARY SCHOOL CODE: KVDA/STV/07A DATES: 7<sup>TH</sup> TO 28<sup>TH</sup> JULY 2018 ORIENTATION: 7<sup>TH</sup> JULY 2018 LOCATION: REMANYANKI, MIGORI COUNTY, KURIA REGION IN SOUTH WEST KENYA THEME: GENDER SENSITIVITY: GIRL CHILD EDUCATION

#### **PROJECT OVERVIEW**

Remanyanki Primary School was started in 1983 by community members through the efforts of the Catholic Church. The School currently has a population of 465 pupils, girls and boys. The School has 114 parents who are the inhabitants of area that is situated in South West Kenya. The inhabitants are Kuria speaking people residing in the South West of Kenya. Their main economic activity is farming. The farmers grow tobacco, maize, beans, sweet potatoes and other horticultural crops both for subsistence and sale. Cattle and goat trade is common among the community but the volume of trade has gone down owing to the incessant cases of cattle rustling between the Kuria people and the Maasai and Kipsigis of the neighbouring Trans Mara district. The area has low literacy levels especially among people aged above 35 years.

#### **PROJECT PHOTO**



**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

# **PROJECT ACTIVITIES**

Remanyanki Primary School was started to address the challenges facing the community, empower the local people to confront challenges of development and more conspicuously the retrogressive cultural practices like Female Genital Mutilation that remains a major challenge among some communities in Kenya. The School offers the formal education curriculum from Early Childhood Development (ECD) class to class eight with the teaching staff of eleven for both the Primary School and the ECD.

## TYPE OF WORK CAMP: CONS/EDU

Volunteers will work for six hours daily from Monday to Friday with focus on the following:

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making
- Construction work at the School
- Awareness campaigns on girl child education
- Teaching pupils at the Primary School
- Home visits and talks with the local people
- Cultural days for various nationalities

PROJECT PARTICIPANTS: Maximum 15 volunteers from Kenya and the international community

WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

THEME: GENDER SENSITIVITY: GIRL CHILD EDUCATION

- It is common practice for School girls to be forcefully married to elderly men in exchange of dowry and most of the cases involve primary school children. "It is unfortunate that while other communities are discarding traditions that drag down their socioeconomic development, this repugnant cultural practice has refused to die exposing communities to ridicule. It is something that should be stopped because it denies the girl child the right to education."
- After realizing that the Kenyan government was taking stringent measures on parents engaging their children in forced marriages, some members of the community often cross into neighboring Tanzania where they perform the marriage rituals before crossing back to Kenya.
- The Kenya government has outlawed FGM and its attendant practices and its perpetrators risk being jailed. What makes teenage marriages especially appalling is that it burdens the young girls with responsibilities that they are ill-prepared for. This includes child bearing and the concomitant hustles of taking care of children.

- The culture has been a detriment to the girl child and as a result fewer girls have the urge to continue with their education as they will be married off before they complete their education.
- The future of the girl child is therefore threatened and concerted efforts must be made to reverse the worrying trend.

ORIENTATION: Will be done on 7<sup>th</sup> July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 8<sup>th</sup> July 2018

AIRPORT PICK-UP SERVICES: The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational

institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.

• Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

LANGUAGE: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

PROJECT DETAILED INFO SHEET: Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

CONFIRMATION DEADLINE: Should be done via e-mail at least one month before the start of the project.

# **JULY 2018**

PROJECT NAME: KABIRO SCHOOL CODE: KVDA/STV/07B DATES: 7<sup>TH</sup> TO 28<sup>TH</sup> JULY 2018 ORIENTATION: 7<sup>TH</sup> JULY 2018 LOCATION: KAWANGWARE SLUMS, NAIROBI COUNTY, CENTRAL KENYA THEME: COMBATING HOMELESSNESS THROUGH SOCIAL ENTERPRISE

#### PROJECT OVERVIEW

Kabiro School was started in 1976 as a community school. As part of Kabiro Human Development Project. The project has a school, Clinic, Youth & Women sections.

This was done by an NGO called ICA (Institute of Cultural Affairs). The school was started as a pre-school and centre for adult education. It was the only school of its kind to take care of overage children and any other

interested leaner with minimum requirements. Uniform was not even a necessity at the beginning. Due to these exceptional requirements, the school catered for Children from Kawangware, Kangemi, Kibera and any other slum area within Nairobi. By then admission requirements for joining City Council schools were high and expensive.

The school was made of timber walls and iron-sheet roofs. One big hall was built and subdivided using plywood or cartons to make various classes. The most interesting teacher carried the day, distracting the other classes. Teachers who taught in this school had to come from the same community as volunteers. This was due to financial constraints. Salary was not the vocabulary in the school. A teacher would earn by sharing the little that had been sourced.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

## PROJECT ACTIVITIES

The school developed quite fast. The adult learners had left after knowing how to read, write and do applicable mathematics. By 1982 the Std 7 did a national exam – CPE (Certificate of Primary Education). The curriculum changed and the school did a new national examination in 1985 called the Kenya Certificate for Primary Education (KCPE) for Std 8. We have continued doing the Primary school national exams to date.

ICA pulled out in 1984 and left the school for the community. The school is therefore run by a board. The school was bought a 2-acre plot on which it stands. The title deed has four trustees to ensure it is safe. The board has members from the school, Clinic, youth and women representatives. These members are in – charge of the welfare of the project at large. The school is officially registered by the ministry of education. We are teaching a full 8-4-4 system.

In 2004 we started a secondary school (The form four students are also doing their national exam – KCSE (Kenya Certificate of Secondary Education). For now, Kabiro School caters for children from ECD (Early Childhood Education) to form four. All our students are very competitive and this has kept us admitting more students. Despite the many mushrooming schools, we have survived due to hard work and production of children who succeed in life on a higher percentage. The teachers are of varied qualifications ranging from degree holders to untrained teachers. Our competence, patience and humility has kept the school going despite the many hardships.

## TYPE OF WORK CAMP: KIDS

Volunteers will work for six hours daily from Monday to Friday with focus on the following:

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Painting
- Teaching pupils at the Primary School
- Visits to spectacular sites within the Kawangware slums
- Art work at KITO International that is situated in the project locality.
- Cultural days for various nationalities

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: COMBATING HOMELESSNESS THROUGH SOCIAL ENTERPRISE

- In Kawangware slums; volunteers will work with KITO International which is a non-profit social enterprise dedicated to *getting youth off the streets and out of poverty*.
- Inspired and founded by a former street boy, KITO combats homelessness by providing economic opportunities. KITO trains youth in entrepreneurship, financial literacy, employability skills, and life skills. After 2 months of intensive training, KITO youth are temporarily employed with KITO's social enterprise, EcoSafi, in order to gain hands-on experience in a formal employment setting.

- KITO staff and supporters also seek opportunities to link KITO youth to mentorships, internship, or apprenticeships in and around the community in order to expand the youth's knowledge and confidence in order to set them on the path towards self-sufficiency.
- KITO is dedicated to the success of each and every youth that walks through its doors and customizes each youth's exit strategy to ensure their continued success and growth.
- Previous KITO graduates have continued their education, secured full-time employment, and started their own business.

**ORIENTATION:** Will be done on 7<sup>th</sup> July 2018 at KVDA Residence in Nairobi.

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

## PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

## EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will be accommodated at the KVDA Residence in Karen and will commute to the project every day. KVDA Residence is situated in the leafy Karen suburb in Nairobi with fully furnished house with electricity and running water. There is also internet connection at the facility
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns

- Tap water is available at the residence with drinking water always boiled or medicated.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET**: Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# **JULY 2018**

## PROJECT NAME: NYABOSONGO BENA ACADEMY

CODE: KVDA/STV/07C DATES: 7<sup>th</sup> -28<sup>th</sup> July 2018 Orientation: 7<sup>th</sup> July 2018 Location: Kuria, Migori County, South West Kenya Theme: Advocacy against female genital mutilation

#### **PROJECT OVERVIEW**

This school was started in 2005 with 23 students as a pre-school and currently it has 147 pupils and 69 for the pre-school and the total number of pupils is 216. The School has 8 classrooms on two different plots with a borehole and 10 toilets for students and 2 for teachers. The school is run by a Parents Teachers Association and the teachers are registered by the Teachers Service Commission. The initiation of **Nyabosongo Bena Academy** came in handy with the many challenges that affect the community.

The initiation of **Nyabosongo Bena Academy** came in handy with the many challenges that affect the community. Their struggles are emboldened by the need to ensure access to education by the majority people from the community, arrest the grave issue of alcohol, drug and substance abuse, the obtaining realities on climate change, repugnant cultural practices like FGM and early pregnancy for teenage girls.

The majority of the community members are small scale farmers sustaining livelihood on subsistence agriculture

AGE: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES**: Volunteers will work for six hours daily from Monday to Friday.

## TYPE OF WORK CAMP: CULTURAL AND KIDS

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making and construction work at the School
- Teaching Primary School pupils
- Sporting together with the pupils
- Exposure to the challenges of Female Genital mutilation (FGM)
- Inter-cultural learning coupled with home visits for exposure to development challenges.
- Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will be done most probably during the weekends.

**PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

# DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: ADVOCACY AGAINST FEMALE GENITAL MUTILATION

- Female genital mutilation (FGM) is a strong tradition in this community. It is illegal. But still the majority of the women are circumcised and each and every young woman is subjected to the cut.
- The church has preached against FGM for decades but in spite of the deep devoutness the priests do not have enough power over the souls.
- FGM has nothing to do with religion; it is a so-called culture and tradition in certain groups. The practice is deeply rooted in views on chastity, transition to womanhood, "purity" for marriage and basically a wish to control women sexually.
- In certain areas, the survival and fertility of the local community is assumed to be threatened if the girls are not circumcised. Many brave young girls who refuse FGM are regarded as "unmarriageable" and become outcasts.
- It is a brutal act, painful and has led to the spread of HIV/AIDS. Volunteers will work closely with community based organizations in the area that are actively involved on the thematic focus of this project.

**ORIENTATION:** Will be done on 7<sup>th</sup> July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 8<sup>th</sup> July 2018

**AIRPORT PICK-UP SERVICES**: This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND FOOD

The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA Administration: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# **JULY 2018**

**PROJECT NAME:** POROKO FRIENDS SPECIAL SCHOOL

CODE: KVDA/STV/07D DATES: 7<sup>TH</sup> TO 28<sup>TH</sup> JULY 2018 ORIENTATION: 7<sup>TH</sup> JULY 2018 LOCATION: TAITA-TAVETA COUNTY, COAST REGION THEME: EMPOWERING YOUNG PEOPLE FOR A HEALTHY AND GENDER SENSITIVE APPROACH TO SOCIAL PARTICIPATION

## **PROJECT OVERVIEW**

The handicapped children and youths in the community endure unbearable suffering because of the nature of the cultural practices and the attitude of community members. Mental retardation is stigmatized and any child with such handicapped is either hidden at home or kept to look after their animals.

Poroko Friends Special School is the only such school in the larger Trans Mara region. It is located in the Maasai country side. The school was established to address the plight of the handicapped among the Maasai community. The school thus will go a long way in addressing this crucial problem. The school at the moment has a total of 72 students and seven teachers and seven support staff. 50 students are in residence in the school. The main objective of the school is to equip the mentally handicapped in the area of operation with life skills and get employed in other sectors with technical qualification to own their own small industries and hence create their own employment and be self- reliant

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## TYPE OF WORKCAMP: KIDS/CULTURE

Volunteers will work for six hours daily from Monday to Friday.

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making
- Social work at the Children Centre
- General care of the children
- Help children with sanitation issues such as: brushing teeth, showering, and establishing and maintaining personal hygiene
- Organize games, sports, drawing lessons, singing sessions, dancing, and other creative, educational and extra-curricular activities
- Participate in HIV/AIDS awareness creating program in the community

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: EMPOWERING YOUNG PEOPLE FOR A HEALTHY AND GENDER SENSITIVE APPROACH TO SOCIAL PARTICIPATION

- To empower the capability in developing **partnerships and networks**: KVDA together with the local partner organizations who will mobilize volunteers for this project are strongly based in their countries and are also very active at local level, they have several local partners such as Youth Centers, Youth Associations and informal groups. This grass roots cooperation with local partners will provide an added value to the project and will encourage also the local realities – often without access to the international dimension – in being involved in a large scale project where they could share knowledge and skills and to ensure an enduring and visible impact of the work done;
- This project will provide the youth with work-readiness and livelihood trainings to empower them to make sound career and life decisions; for example, by starting an income generating business on their own. Therefore, the youth will receive a market relevant learning and work experience/opportunities beyond the current education and training activities.
- The self-employment/livelihood /entrepreneurship training will provide the youth with fundamental knowledge in market relevant skills in some of the complementary areas, including entrepreneurship development, business planning, business skills, practical work attachment, career development planning, and linkage to financial services.

**Orientation**: Will be done on 7<sup>th</sup> July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 8<sup>th</sup> July 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES** 

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# **JULY 2018**

## PROJECT NAME: KOTIENO PRIMARY SCHOOL CODE: KVDA/STV/07E DATES: 15<sup>TH</sup> JULY- 5<sup>TH</sup> AUGUST 2018 ORIENTATION: 15<sup>TH</sup> JULY 2018 LOCATION: OYUGIS, HOMA BAY COUNTY, WESTERN KENYA THEME: HIV/AIDS EDUCATION AND AWARENESS

#### **PROJECT OVERVIEW**

The school is an integrated mixed primary. It is a Catholic Church sponsored government run school that was begun in 1961. It lies in an average of 2.1. It boosts of academic giants in the locality and in the entire county. It is in Kasipul Division, Rachuonyo South Sub – County in Homa Bay County in Kenya.

The school currently has a child population of 615 in the main stream and 15 in the special unit. The teacher population is 16 with 5 handling the special unit.

## **BENEFITS**

The school has eradicated illiteracy in the area. The income per capita of the area has steadily increased since its inception due to the rise in literacy level. Its nearness to the local town – Oyugis – has enabled it enjoy maximum security from the local administrative officials. The school has had very good results which has steadily increased each year. Currently it is no. 2 in the County public school's category with a mean score of 315 out of the possible 500. This has made it attract pupils from neighbouring Kisii <sup>56</sup>

County. The introduction of special unit by the Catholic Church by the then Kisii Diocese was a good sent idea. The area has many special children which could now access education, right now they can although with few challenges.

## CHALLENGES

- **1.** Few classrooms since the population is big for the existing 12 classrooms, the school needs 6 more classrooms.
- **2.** The special unit does not receive funds and so, we depend on wellwishers and parents on upkeep of the pupils. This is very cumbersome, making learners stay out of school many days in search of money/funds.
- **3.** Many pupils walk long distance to school and stay throughout the day without lunch. A lunch programme is necessary to retain the pupils in school.
- **4.** Due to HIV/AIDS prevalence in the area, many pupils are orphaned and cannot afford uniforms or medication or little levies charged in school. This sometimes lead drop out.
- **5.** We depend on rain catchment water which is seasonal. During the dry season, we need clean safe water for the pupils.
- **6.** The special unit receives no government subsidy since it is integrated making learning very difficult. The children need instructional materials like cookware, sewing machines, crutches e. t. c. for learning. The unit urgently requires demonstration farms for poultry, rabbit, animals, so as to be self sustained.
- **7.** The school needs computers to realize the millennium goals of education and Kenya's Vision 2030.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

### TYPE OF WORK CAMP: EDU/CONS

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making and construction
- Awareness on HIV/AIDS
- Teaching primary school pupils
- Organize games, songs, dance and other creative educational activities
- Home visits and inter-cultural learning

**PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## THEME: HIV/AIDS EDUCATION AND AWARENESS

- HIV and AIDS education is an essential part of HIV prevention. In Kenya AIDS education is part of the curriculum in both Primary and Secondary Schools and for a number of years Kenya has delivered educational campaigns to raise nationwide awareness on the issue. Nearly all adults aged 15-64 had heard about AIDS, nine out of ten adults knew that a healthy-looking person could be infected with HIV and most knew how to reduce their chances of becoming infected with the virus. Awareness of the need to use condoms was high with 75 percent of women and 81 percent of men in this age group aware that condoms reduce the risk of HIV infection.
- HIV/AIDS is a major epidemic in the Lake Victoria region. This is as a result of wife inheritance, polygamy and careless sex at the shores of Lake Victoria in exchange of fish Majority of the young generation are not going to school due to the fact that of poverty levels are high and have unprotected sex as a social activity.

- Defining the impacts of AIDS on children can be in demographic or social terms. In terms of its demographic impacts, HIV/AIDS affects children in the following ways: Higher infant and child morbidity and mortality rates; Lower life expectancy; higher rates of orphaning.
- The issue of definitions is pertinent regarding the emergence of rights based approaches to supporting children affected by AIDS, as questions of vulnerability, categorization and targeting are under scrutiny. HIV/AIDS has many direct and indirect impacts on children's rights, ranging from the consequences of the psychological impact of losing one or both parents, to reduced access to quality education and health services
- The UN Convention on the Rights of the Child (CRC) is underpinned by four major principles: the right to survival, development and protection from abuse and neglect; the right to have a voice and be listened to; that the best interests of the child should be of primary consideration; the right to freedom from discrimination
- The main aspects of focus are: to foster links between HIV/AIDS prevention activities, home based care, and efforts to support orphans and other vulnerable children; to target the most vulnerable children and communities; to give particular attention to the gender-specific needs of boys and girls; to involve children and adolescents as part of the solution; to strengthen the role of schools and education systems; to reduce stigma and discrimination; to strengthen the caring capacities of families through community-based mechanisms; to strengthen the economic coping capacities of families and communities; to enhance the capacity of families and communities to respond to the; psychosocial needs of orphans and vulnerable children, and their caregivers; to find sustainable ways to remove children from hazardous and exploitative work; to accelerate learning and information exchange; to strengthen partnerships at all levels and build coalitions among key stakeholders; to ensure that external support does not undermine community initiative and motivation

**ORIENTATION:** Will be done on 15<sup>th</sup> July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 16<sup>th</sup> July 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead within the community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET**: Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

# **JULY 2017**

#### **PROJECT NAME:** RODDY'S ECO COVER

CODE: KVDA/STV/07F DATES: 15<sup>th</sup> July- 5<sup>th</sup> August 2018 Orientation: 15<sup>th</sup> July 2018 LOCATION: VIHIGA COUNTY, WESTERN KENYA THEME: ENVIRONMENTAL CONSERVATION

#### PROJECT OVERVIEW

The project is located at Emmabwi sub location in Vihiga country approximately 45 Kilometers away from Kisumu city

#### EMMABWI VILLAGE

Emmabwi is home to approximately 5,500 residents, nearly 63% of which are under the age of 5. Sadly, only six percent of the children in Emmabwi ever complete elementary grades at school. The unemployment rate hovers at 60 percent, and for those who *are* employed, the average monthly income is only \$12 per family. Often child care takes a back seat to finding work, raising food on individual subsistence farms, and caring for sick loved ones. Many children are raised by older siblings who lack knowledge and expertise in child care.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## TYPE OF WORK CAMP: Environmental conservation

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Agro forestry that will include tree planting
- Preparation of tree nurseries and weeding
- Clean up activities

- Naming of trees
- Home visits
- Tree nursery planting
- Farm management
- Cultural days for various nationalities
- Inter-cultural learning coupled with home visits for exposure to development challenges.
- Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will be done most probably during the weekends.

**PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## THEME: ENVIRONMENTAL CONSERVATION

**ORIENTATION:** Will be done on  $15^{\text{th}}$  July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $16^{\text{th}}$  July 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

## EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead within the community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- There is electricity in this homestead
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

## EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# **JULY 2018**

### PROJECT NAME: SACRED MIJIKENDA KAYA FORESTS CODE: KVDA/STV/07G DATES: 7<sup>TH</sup> -28<sup>TH</sup> JULY 2018 ORIENTATION: 7<sup>TH</sup> JULY 2018 LOCATION: KWALE COUNTY, COAST KENYA THEME: VOLUNTEER P.A.T.H - PARTNERSHIPS ACTIONS AND TOOLS FOR HERITAGE

#### **PROJECT OVERVIEW**

This project is a joint effort involving Kenya Voluntary Development Association, Coordinating Committee for International Voluntary Service (CCIVS), UNESCO Paris, Shimba Hills Forest Guide and Sacred Mijikenda Kaya Forests.

This project is one of the local actions by 25 partner organizations from Africa, Asia, Europe and Latin America including local young people often with less opportunities and the local community.

CCIVS will coordinate the communication, monitoring, evaluation and certification and Impact measurement tools will be used to 'prove' the value of these projects in terms of the impact on communities and volunteers. It is the first time that the IVS network will implement a similar project. There will be Awareness raising on the work of IVS organisations in the field of NFL and their experience in volunteer and heritage management, the aim is to provide a rich field for networking and exchange with local communities, young people and external stakeholders and to ensure a formal follow up process.

DESCRIPTION OF THE PROJECT: VOLUNTEER P.A.T.H - PARTNERSHIPS ACTIONS AND TOOLS FOR HERITAGE

The White Paper for International Voluntary Service (2011-2021) draws the strategic objectives for Cultural Heritage and Diversity with the vision to

'Preserving, protecting, and promoting cultural heritage and diversity through International Voluntary Service activities in order to foster mutual understanding and respect within the global community'. With the Strategic objectives to create:

A. A global community where mutual understanding and respect are brought by active citizens that preserve protect and promote cultural heritage and diversity

B. Develop and expand cooperation between organisations, institutions and government bodies in the field of Cultural Heritage and Diversity C. Raise awareness about the impact of IVS in cultural heritage and diversity issues

Heritage has been an important element of local communities where IVS organisations have set up projects since 1920 (1st workcamp). Throughout the years organisations, mainly in Europe, have developed cooperation with various stakeholders, involving young and adult volunteers in the protection, preservation and valorisation of our tangible and intangible heritage. This topic has been taken until recent years in other regions of the world demonstrating the value of non-formal learning as the IVS educational approach to disseminate the values and expertise developed at the inter-governmental level to a large public and in particular to young people, based on a dynamic dialogue between the different stakeholders.

The aim of this project is to work towards the strategic objectives of the White Paper and to promote the work of IVS organisations and NFL, whilst valorising local customs and the diversity of these.

The world is under an increasing threat from globalisation and extremism; these two factors contribute to the breaking down of cultural norms, traditions and the destruction and loss of heritage sites.

## MIJIKENDA ECONOMIC ACTIVITIES

**Agriculture** is the main economic activity of the Mijikenda people. Their most important **cash crop is the coconut palm**s, whose products include oil extracts and palm wine. Its fronds are also used for roofing and as material for making baskets, mats, brooms and other weaved products. Other important cash crops include cashew nuts, oranges and mangos.

Where favorable weather conditions allow, some Mijikenda people also grow annual crops such as maize, sorghum, millet, and beans.

**Fishing** is another important economic activity for the Mijikenda people. Mijikenda's actively fish in the neighboring Indian Ocean, where their "daily catch" forms part of the seafood supplied to Kenya's coastal hotels and residents.

## Mijikenda Food

The Mijikenda, and more particularly the Digo, are considered some of the best cooks among the Kenyan tribes. *Wali*, a popular Kenyan food, is also a staple of the Mijikenda tribe. Wali is rice prepared with coconut milk, giving it a sweet taste. Fish and other seafood are also common in Mijikenda cuisine.

## COMMUNITY:

The Mijikenda community is composed of 9 different tribes who live along the coast of Kenya. They are closely related but distinct people—**the Kauma, Chonyi, Jibana, Giriama, Kamabe, Ribe, Rabai, Duruma and Digo**. They share a common linguistic and cultural heritage. Traditionally, each group lives in its own hilltop village (*kaya*) on the ridge along the Kenya coast, between the towns of Kilifi and Vanga.

In the past, the Mijikenda tribe was also referred to as the Nyika tribe, a near-derogatory term implying bush people. "**Mijikenda**" literally means **nine homes or nine homesteads (in Swahili)**, referring to the common ancestry of the Mijikenda people. The nine Mijikenda sub-tribes are believed to be nine different homes of the same tribe. Each sub-tribe speaks its own dialect of the **Mijikenda language**.

#### MIJIKENDA ORIGIN AND HISTORY

Mijikenda oral history traces the origin of the tribe to the southern regions of Somalia. It is believed that the Mijikenda people escaped constant attacks from the Oromo and other Cushitic tribes, and settled in the coastal ridges that were easier to defend.

Historically, the Mijikenda have had close interactions with the Persian, Arab, and Portuguese traders who frequented their home territory along the Kenyan coast. This interaction and subsequent **intermarriage with the Arabs gave birth to the Swahili culture and language**. As a result, the Swahili language - Kiswahili - bears a close lexical similarity with all dialects of the Mijikenda people.

The Mijikenda culture revolves around **clans** and **age-sets**. A Mijikenda clan consists of several family groups with a common patriarchal ancestor. Traditionally, each clan lived in one fortified village built in a cleared area of the forested ridges. A person's age-set determined their role and social standing within the clan and elaborate rituals were often held for members graduating from one age-set to another.

Each Mijikenda clan had their own sacred place known as *kaya*, a shrine for prayer, sacrifices and other religious rituals. These Kayas were located deep in the forests and it was considered taboo to cut the trees and vegetation around them. The Kaya elders, often members of the oldest ageset, were deemed to possess supernatural powers including the ability to make rain. Like other Kenyan tribes today, Mijikenda people have assimilated to modern cultural practices, resulting in the disappearance of many of their traditional customs. Most **Mijikenda people are now either Christians or Muslims**; however, some still practice their traditional culture or a mixture of Christianity or Islam with their traditional religion. Islam is more widespread among the Digo than in the other Mijikenda sub-tribes.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

#### TYPE OF WORK CAMP: HERITAGE

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Collection of tree seeds
- Establishment of tree nurseries and nature trail
- Community awareness meetings on forest conservation
- Study sessions on world heritage
- Home visits in the local community.

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONĂTION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: VOLUNTEER P.A.T.H - PARTNERSHIPS ACTIONS AND TOOLS FOR HERITAGE

**ORIENTATION:** Will be done on 7<sup>th</sup> July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 8<sup>th</sup> July 2018

AIRPORT PICK-UP SERVICES: This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND FOOD

The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at <sup>68</sup>

the project but volunteers can charge their electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# **JULY 2018**

#### PROJECT NAME: CRANES OF DAGO THIM SELF-HELP GROUP

#### CODE: KVDA/STV/07H DATES: 7<sup>th</sup> -28<sup>th</sup> July 2018 Orientation: 7<sup>th</sup> July 2018 Location: Nyahera, Kisumu County, Lake Region Theme: Community participation to spur sustainable DEVELOPMENT

#### **PROJECT OVERVIEW**

Historical Background The CRANES OF DAGO THIM SELF HELP GROUP (formerly known as KONYA AKONYI SELF HELP GROUP) was established in 1998 as a self-help group. The new name was registered in 2015, registration No. S/H/G NO. 947/015.

It was also established to make an impact on the growing problem of vulnerable children, widows and orphans rights to sustainable development. This group is dedicated to promoting and protecting the rights of the children and supporting the vulnerable, widows and orphans. Cranes of Dago Thim organizes routine trainings on farming for the widows and youths for sustainability projects.

VISION: A Self Sustainable Community

**MISSION:** To promote human values through advocacy and community out-reach programs, provide care and support to the vulnerable members of the community, Education/ financial support to the less fortunate members of the society, training widows and youths on IGA and development issues to enhance their opportunities to realize their full potential and capabilities.

#### CORE VALUES || TEAM WORK || HONESTY || EQUALITY || INTEGRITY || RESPECT

#### GOVERNANCE AND LEADERSHIP

**EXECUTIVE OFFICE:** Composed of five (5) members elected at the annual general meeting. They include: The Chairman, The Secretary, Treasurer, Vice Chairman and Assistant Secretary the work is to coordinates the day to day activities, source for resources and to supervises implementation of programs.

#### PROGRAM COVERAGE THE GEOGRAPHICAL COVERAGE IS NYAHERA SUB-LOCATION, NORTH KISUMU LOCATION, NYAHERA DIVISION, KISUMU COUNTY.

#### ACTIVITIES

Income Generating Activities Cranes of Dago Thim has leased a farm from a member at affordable cost. It is a small farm within the member's homestead where the group rears local poultry for meat and eggs, cattle for resale, meat and milk and a small portion for planting cash crop i.e. bananas, vegetables,

The farm produce is sold to the locals and in the local markets and some are distributed to the supported individuals. The money realized is used in supporting the group programmes

The farm is managed by group executive office and members take turn in ensuring that the day to day activities are carried out.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

#### TYPE OF WORK CAMP: CULTURAL

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Poultry farming
- Cattle farming-rearing cattle for re-sale and milk production
- Cash crop farming
- Anti-jiggers program
- Home visits in the local community.

# ACHIEVEMENTS

□ Capacity building to members in various field through trainings and workshops

 $\Box$  Members with spirit of voluntarism

□ Well managed and running IGAs that contribute in supporting the orphans and vulnerable children.

□ Through networking both at local and international levels a number of local and International Volunteers have come, worked and shared experiences with our group. Notably Volunteers from Canada and other local organizations. We still need to network with other organizations/ groups/ institute through exchange of experiences, material support, financial etc. for the benefit of our target group.

□ The group has managed to sponsor 1 children in Formal Education and partly supporting 4 others with school uniform and basic needs.

 $\Box$  Cranes group has supplied 240 dozens of sanitary towels to girls in 2 public school within the locality in the past 1 Year.

## CHALLENGES

1. The group needs to get a long-term funder to support and fulfill its long-term planned activities and programs.

2. Inadequate funding has hampered its development plan. There is need to strengthen and diversify the funding to facilitate the planned activities

3. Empowering the trained youths and widows with equipment and material or loans is still a problem.

4. There is need to strengthen this area to have a successful story of the rehabilitated children and youth.

5. High expectation from the community

Networks/ Collaborators □ Ministry of Gender and social services □ Ministry of Children and Youth affairs □ NAAC – National Aids Control Council □ Ministry of Agriculture **PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONĂTION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: COMMUNITY PARTICIPATION TO SPUR SUSTAINABLE DEVELOPMENT

**ORIENTATION:** Will be done on 7<sup>th</sup> July 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 8<sup>th</sup> July 2018

AIRPORT PICK-UP SERVICES: This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND FOOD

The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

## KVDA KENYA AND UVIKIUTA TANZANIA BILATERAL WORK CAMP

**Project Theme:** Climate Change

**Fixed dates for UVIKIUTA:** 4<sup>th</sup> August to 17<sup>th</sup> August 2018

Fixed Location for UVIKIUTA: Pemba Island, Zanzibar-Tanzania

**Dates for KVDA:** 16<sup>th</sup> to 31<sup>st</sup> July 2018 (Allow 3 DAYS between for travelling)

**Fixed Location for KVDA:** Ebuyangu Junction in Vihiga County **PROJECT DESCRIPTION:** 

- Roddys Eco-Cover is a community based organization founded in 2011 to champion environmental awareness with forestry as key concern
- The project was established by members of the local community with the aim of empowerment for the less fortunate members in the quest to tackle development challenges at the grassroots.

- Its major focus is on environmental concern to mitigate the effects of climate change and foster inter-cultural education among the local community
- The project is located at Ebuyangu village in Emuhaya constituency in Vihiga country that is situated in Western Kenya
- It is situated 430 Kilometers away from Nairobi city and its located in an area that is famed for cultural diversity due to the high population density
- The volunteers will be hosted in a homestead to experience cultural diversity and learn to live and interact with members of the host community in an atmosphere of cooperation and solidarity
- This project has hosted previously both local and international volunteers and it has great potential for the replication of its activities in equally challenging circumstances in other regions of Kenya

# MANUAL WORK AND INTERCULTURAL ACTIVITIES

- Agro forestry that will include tree planting
- Preparation of tree nurseries and weeding
- Land scaping and tending to bamboo trees in the natural habitat
- Clean up activities
- Naming of trees
- Home visits
- Inter-cultural learning coupled with home visits for exposure to development challenges.
- Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will

# AUGUST 2018

#### **PROJECT NAME:** ESIARAMBATSI HEALTH CENTER

CODE: KVDA/STV/08A DATES: 4<sup>TH</sup> -25<sup>TH</sup> AUGUST 2018 ORIENTATION: 4<sup>TH</sup> AUGUST 2018 LOCATION: VIHIGA COUNTY, WESTERN KENYA THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT

#### **PROJECT OVERVIEW**

ESIARAMBATSI HEALTH CENTRE is one of the health centers established in the wider Emuhaya district to cater for the medical needs of the local people in the community. It's a community based health center which cares for mothers, children's and also people living with HIV/AIDS. The centre also offers pre-and ante-natal cares to women. The local community is composed of the Luhya community which occupies the vast western Kenya region and the local people are hospitable and welcoming. HIV/AIDS is a major challenge in the local community that has resulted into many challenges that have had a negative impact on the socio-economic development of the community.

The health center is a community initiative that is currently run by the Ministry of health and has three nurses who work under a nursing officer in charge.

The center offers curative, preventative and promotion services.

Water is available from streams, rain water occasionally harvested and volunteers have the opportunity to learn to live in adversity and especially when Kenya grapples with the poverty challenge that is the single most obstacles to sustainable development.

## OBJECTIVES

The main objective of the project is to provide health care to the community using locally available resources.

The empowerment program reaches out to ensure that the local community is integrated into the day to day activities and the role of the volunteers is to play the role of the catalyst to re-activate the process.

Most community members are small scale farmers who are not even able to produce enough food to support their own families

**TARGET GROUP:** The target group consists of community members.

**LOCATION:** The project is located in Emuhaya District of the Western region of Kenya approximately eight hours drive from Nairobi city.

**NATURE OF WORK:** Volunteers placed in this project will be involved in the following activities:

- Medical work in the dispensary such as registration of patients, giving out patients following the doctors' description, observation and noting the progress of every patient, and cleanliness at the hospital.
- Family planning services, immunization, maternal and child health are some of the services offered at the project
- The volunteers will also be involved in awareness creation in the community to promote the sustainability of the livelihood among community members both in community forums and also in local schools. Moreover, volunteers placed in this project will engage the community members in a study topic: focus on public health and sanitation especially in the local schools to be able to develop a young generation that is equipped with information. Hence volunteers will be expected to work hand in hand with the hospital management to realize the goals of the placement in this project and thus enhance the capacity of the health facility.
- The volunteers will be assigned duties in the health facility by professional staff

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## **PROJECT ACTIVITIES**

The facility offers health services to the local community members TYPE OF WORK CAMP: MEDI/STUDY

Volunteers will work for maximum of six hours daily from Monday to Friday and the schedule is flexible to suit into the capability of individual volunteers. The focus will be on the following:

# WORK AND INTERCULTURAL ACTIVITIES:

- Volunteers will be assigned duties in the health facility by professional staff
- Cultural days for various nationalities
- Home visits and topical discussion with the local people on thematic focus of the project
- Excursion to Lake Victoria in Kisumu and Kakamega Rain Forest

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

# WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch, flashlight, sandals, mosquito net, national flag from your country, among others

# DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## THEME: REPRODUCTIVE HEALTH EDUCATION, PROMOTION OF GENDER EQUALITY AND WOMEN EMPOWERMENT

- Gender equality implies a society in which women and men enjoy the same opportunities, outcomes, rights and obligations in all spheres of life. Equality between men and women exists when both sexes are able to share equally in the distribution of power and influence; have equal opportunities for financial independence through work or through setting up businesses; enjoy equal access to education and the opportunity to develop personal ambitions.
- A critical aspect of promoting gender equality is the empowerment of women, with a focus on identifying and redressing power imbalances and giving women more autonomy to manage their own lives. Women's empowerment is vital to sustainable development and the realization of human rights for all.

The project aims to empower the women to actively continue with the struggle to enhance their capacities and ultimately take the lead in community development. This takes cognizance of the fact that despite being overrun by pro-men cultural foundations, women remain the pillar of families and the most vulnerable gender in the current societal set-up.

ORIENTATION: Will be done on 4<sup>th</sup> August 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 5<sup>th</sup> August 2018

AIRPORT PICK-UP SERVICES: The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

# **PARTICIPATION FEES**

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will stay in a house provided by the local community with very modest living conditions. Volunteers should bring sleeping bags and mats and have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There

is no electricity connection at the School but volunteers can charge their electric appliances at the nearest market center.

• Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

LANGUAGE: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

# **AUGUST 2017**

#### **PROJECT NAME: COMMUNITY HEALTH CARE VOLUNTEERS CBO** CODE: KVDA/STV/08B DATES: 4TH - 25TH AUGUST 2018 **ORIENTATION: 4TH AUGUST 2018** LOCATION: MBITA, HOMA-BAY THEME: COMMUNITY ACCESS TO HEALTH FACILITIES FOR **IMPROVED LIVELIHOODS**

#### **PROJECT OVERVIEW**

Community Healthcare Volunteers (CHCV) is a youth lead Community Based Organization situated in Mbita sub-county, Homa-bay County. While on a narrow sense, health has been understood as absence of illness; CHCV defines community health as a state of complete well-being in the social, political and economic affairs of national building. The organization was established in October 2012, and is registered as Community Based Organization under the Ministry of Gender and Youth Affairs.

Since its inception CHCV continues to be a leading youth platform through which marginalized youths at the grass root level play an increasingly significant role in community empowerment. As we strive towards accomplishing our goals, we remain committed to the principles that guide our organization. Our work continues to be grounded in volunteerism, strengthened by partnerships and focused on building the capacity of individuals at community level.



**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

# TYPE OF WORK CAMP: HEALTH/CULTURAL

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Tree planting
- Creating awareness on HIV /AIDS
- Outreach activities on health issues in conjunction with community based organizations
- Home visits and inter-cultural learning

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community **WHAT TO CARRY?** 

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

# DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: COMMUNITY ACCESS TO HEALTH FACILITIES FOR IMPROVED LIVELIHOODS

- Health and development are intimately interconnected. Both insufficient development leading to poverty and inappropriate development resulting in overconsumption, coupled with an expanding world population, can result in severe environmental health problems in both developing and developed nations.
- The linkage of health, environmental and socio-economic improvements requires inter-sector efforts. Such efforts, involving education, housing, public works and community groups, including businesses, schools and universities and religious, civic and cultural organizations are aimed at enabling people in their communities to ensure sustainable development.
- Particularly relevant is the inclusion of prevention programs rather than relying solely on remediation and treatment. Health ultimately depends on the ability to manage successfully the interaction between the physical, spiritual, biological and economic/social environment. Sound development is not possible without a healthy population; yet most developmental activities affect the environment to some degree, which in turn causes or exacerbates many health problems.
- Conversely, it is the very lack of development that adversely affects the health condition of many people, which can be alleviated only through development. Education and appropriate services regarding responsible planning with respect for cultural, religious and social aspects, in keeping with freedom, dignity and personally held values and taking into account ethical and cultural considerations, also contribute to these inter-sectoral activities. Promote health education in schools, information exchange, technical support and training.
- By continued efforts, to provide health and hygiene education and to ensure universal access to safe drinking water and universal access to sanitary measures of excreta disposal, thereby markedly reducing

waterborne diseases and reducing. Provide education and disseminate information on the risks of endemic communicable diseases and build awareness on environmental methods for control of communicable diseases to enable communities to play a role in the control of communicable diseases.

**ORIENTATION:** Will be done on  $4^{\text{th}}$  August 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $5^{\text{th}}$  August 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES** 

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in a house provided by the local people with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.

- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# AUGUST 2018

PROJECT NAME: GIDEON MOSI PRIMARY SCHOOL

CODE: KVDA/STV/08C DATES: 11<sup>TH</sup>-31<sup>ST</sup> AUGUST 2018 ORIENTATION: 11<sup>TH</sup> AUGUST 2018 LOCATION: TAITA-TAVETA COUNTY, COAST REGION THEME: HUMAN AND WILDLIFE CONFLICT THE BANE OF SUSTAINABLE DEVELOPMENT

#### **PROJECT OVERVIEW**

The Taita hills rise from the Southeastern Nyika Plateau. They are ancient fault-block formation stretching south to Malawi through Eastern and

Southern Tanzania. They sit almost cheek-by-jowl with one of the region's recent volcanic ranges, the Chyulu Hills. The project is situated on the foot of the Sagalla Hills in Taita Taveta district in coastal part of Kenya. It is approximately 7-8 hours' drive from Nairobi. Sagalla is remembered to be a home of the first missionaries in the early 1900 and these is evident with one of the first churches in Kenya still standing strong.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

## PROJECT ACTIVITIES

Gideon Mosi Primary School is a relatively new institution was founded in 1990 and it has rapidly expanded to accommodate 293 boys and girls from class 1-8. The 8 Teachers at the Gideon Mosi Primary School are employed by the Teachers Service commission and they are qualified to teach all rounds from class 1-8. In cases where the teaching staff is not adequate, the Parents and Teachers Association employs teachers for a short duration of time to help bridge the obtaining gap.

# TYPE OF WORKCAMP: CHILDREN AND RENOVATION

Volunteers will work for six hours daily from Monday to Friday.

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- School renovation,
- Teaching Primary School pupils
- Awareness campaign on Human and Wildlife Conflict
- Home visits
- Cultural days for various nationalities

• Topical discussion on the project theme together with the local people **PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: HUMAN AND WILDLIFE CONFLICT THE BANE OF SUSTAINABLE DEVELOPMENT

This phenomenon of human beings and wildlife conflict is very controversial and has attracted the attention of all and sundry. The scenario

is prompted by the proximity of the local community to the Tsavo National Park that is the home to wildlife and this directly plays into the hands of the local community members who are forced by the circumstances to learn to live with the situation and the attendant challenges.

Working with community groups on poverty reduction and sustainable development will involve the active involvement in projects that are geared towards youth and women empowerment activities, HIV/AIDS awareness, provision of infrastructure in learning institutions. Poverty is a major issue in the local community and is directly linked to the spread of HIV/AIDS because poverty drives HIV/AIDS and HIV/AIDS drives poverty. This highlights the need for a multifaceted response to both problems, but the HIV/AIDS particularly to pandemic. Both these problems disproportionately affect women and youth. The goal is to try and enable the local members address community issues, thus enhancing the economic and social empowerment of women and youth for poverty reduction in Gideon Mosi, and linking this with activities to raise awareness about HIV/AIDS. These activities will also help strengthen rural community and their local economies. In the process being able to improve access to quality education for school children

The volunteers will be required to join hands together with community members in addressing the theme of the camp in order to empower the community to coming up with a more pro-active way of enhancing the academic development of community children.

**ORIENTATION:** Will be done on 11<sup>th</sup> August 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 12<sup>th</sup> August 2018

**AIRPORT PICK-UP SERVICES:** This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

## PARTICIPATION FEES

The project participation fees that is all-inclusive for the three weeks work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION

The volunteers stay in School classrooms in very basic conditions where there are no beds and electricity. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge the electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

# AUGUST 2018

#### **PROJECT NAME:** A THOUSAND VILLAGES INITIATIVE

CODE: KVDA/STV/08D DATES: 11<sup>TH</sup> -31<sup>ST</sup> AUGUST 2018

# **ORIENTATION:** 11<sup>TH</sup> AUGUST 2018 **LOCATION:** KISUMU COUNTY, LAKE REGION

THEME: THEME: CONTRIBUTE IN IMPROVING FOOD SECURITY AND IMPROVE LIVELIHOODS OF THE POOR THROUGH CREATION OF SUSTAINABLE AGRIBUSINESSES THAT WILL ADDRESS THEIR ECONOMIC NUTRITIONAL NEEDS

# **PROJECT OVERVIEW**

A Thousand Villages Initiative [ATVI] is a legally constituted a grass roots not-for-profit, community based organization which was founded early 2013 voluntarily by a group of youth led by the founder/chair Edwin Okinyi and secretary Susan Kitaga in Nyando Sub County, Kisumu County, in Nyanza province located west of Kenya. ATVI later gained legitimacy on December 2014, from The Ministry of Labour, Social, Security and Services, Kenya Local Government. Registration No NDO/CBO/023.

The founding members felt the need to come together and address issues affecting the grassroots population by generating platforms that will attempt to provide solutions to the current pressing challenges affecting the underserved population in Nyando sub-county.

Many of the challenges experienced in our communities have been as a result of poor access and lack of educational essentials, poor access to health services poor access to information and knowledge, lack of opportunities to provide livelihood for the growing population, cultural practices, myths, HIV/AIDs, illiteracy, ignorance, natural calamities among others.

# Key focus areas

**ATVI** is an important foundation that attempts to tackles issues related to the poorest sections of the society and operates independently through local and international partnerships in attempting to strengthen government systems towards the welfare of people living in Nyando Subcounty.

ATVI undertakes and focuses on a wide array of sectors and programs, namely: - **Health and wellness, Education and information Communication Technology Agriculture, talent Nurturing and sports.** 

# Our target groups include:-

Orphaned and vulnerable children Youth men and women People living with HIV and AIDS & Physically challenged population

# **Our mission**

To improve lives in sustainable, measurable and lasting ways by connecting ideas, resources, expertise and people who have a stake in the issues affecting their communities, through customized responses that address multiple aspects of people's lives, and exponentially increase the impact of the people

## **Our vision**

A Thousand Villages Initiative envisions a world in which all individuals and communities have the opportunity to reach their highest potential.

# **Objectives:-**

1. Contribute in improving access to good healthcare and maintaining good health especially for the underserved communities within Nyando sub-county stretching other distressed areas of Kisumu county.

**Activities include** - Creating HIV awareness and prevention measures in the community, sensitization on ARVs uptake for the infected and ARV defaulters. Sensitizing the community on Malaria and Cholera prevention measures through community forums to reduce infections and outbreaks e.g. sleeping under treated nets, taking anti-malaria tablets, spraying potential breeding areas for mosquitoes, Aid in creating access to clean water for the community, sensitize the community to drink safe boiled water or treated water. Sensitize the community on bad cultural practices that promotes HIV and other infections e.g marrying widows living with HIV and AIDS and aid in the adoption of good culture that promotes good health. Create platforms to aid in reducing infant mortality rates e.g sensitizing expectant mothers on the importance of visiting anti- natal clinics for regular check-ups

# 2. Contribute in improving access to education and access to knowledge for the OVC's and other vulnerable age groups living in Nyando Sub-county stretching other areas of Kisumu County.

Activities include – Conducting periodical motivational and career building talks at the local primary schools in Nyando sub-county to aid in building positive behavior towards school, self-esteem and increasing transition rates to Secondary education to both boys and girls. Sensitizing pupils on the high benefits of coming to school every day to be educated and also making follow ups by sensitizing the parents [especially illiterate and semi-illiterate] on the importance of sending their children to school to get education. Volunteer in teaching school subjects to help in improving subject grades of the weak pupils and general performance for all. Sensitizing female pupils on their reproductive health and underlying causes of early pregnancies, the negative effect on their education processes and how to avoid it. Aid in supporting vulnerable girls with sanitary pads to enhance their normal education continuity and reduce potential drop outs. Aid in enhancing schools extracurricular activities by engaging pupils through physical activities e.g. 'peace games' as an interaction platform that helps in promoting team building spirit, reducing tension, creating harmony and acceptance among pupil to pupil and teacher to pupil relationship that in the end builds great virtues required for them to succeed in current social set ups and situations.

## 3. Contribute in improving food security in Nyando subcounty and improve livelihoods of the poor through creation of sustainable agribusinesses that will address their economic nutritional needs.

**Activities include** – Conducting inter-groups forums and trainings to build capacity for groups through knowledge and skills sharing in agricultural activities to enhance positive uptake on agriculture and best practices for success.

Connecting the local communities with **potential investors**/ **partners** and or **volunteers** who are willing to engage and support the vulnerable groups or population through training to build capacities and self-sufficiency of the beneficiaries. Self-sufficiency of the beneficiaries.

Aid in replicating ideas through benchmark programs.

4. Contribute in advocating and improving access to sports activities and facilities for the youths as a tool for bringing people together to promote social cohesion among diverse communities to achieve development goals.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

# TYPE OF WORKCAMP: EDUCATION, SOCIAL AND MANUAL

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Creating HIV awareness and prevention measures in the community, sensitization on ARVs uptake for the infected and ARV defaulters
- Sensitizing the community on Malaria and Cholera prevention measures through community forums to reduce infections and outbreaks e.g. sleeping under treated nets, taking anti-malaria tablets, spraying potential breeding areas for mosquitoes, Aid in creating access to clean water for the community, sensitize the community to drink safe boiled water or treated water
- Sensitize the community on bad cultural practices that promotes HIV and other infections e.g. marrying widows living with HIV and AIDS and aid in the adoption of good culture that promotes good health
- Create platforms to aid in reducing infant mortality rates e.g sensitizing expectant mothers on the importance of visiting antinatal clinics for regular check-ups
- Home visits
- Cultural days for various nationalities

• Topical discussion on the project theme together with the local people **PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community **WHAT TO CARRY**?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: CONTRIBUTE IN IMPROVING FOOD SECURITY AND IMPROVE LIVELIHOODS OF THE POOR THROUGH CREATION OF SUSTAINABLE AGRIBUSINESSES THAT WILL ADDRESS THEIR ECONOMIC NUTRITIONAL NEEDS.

Conducting inter-groups forums and trainings to build capacity for groups through knowledge and skills sharing in agricultural activities to enhance positive uptake on agriculture and best practices for success.

Connecting the local communities with **potential investors**/ **partners** and or **volunteers** who are willing to engage and support the vulnerable groups or population through training to build capacities and self-sufficiency of the beneficiaries. Self-sufficiency of the beneficiaries.

Aid in replicating ideas through benchmark programs.

**ORIENTATION:** Will be done on 11<sup>th</sup> August 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 12<sup>th</sup> August 2018

**AIRPORT PICK-UP SERVICES:** This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

# PARTICIPATION FEES

The project participation fees that is all-inclusive for the three weeks work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

## WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

The volunteers stay in School classrooms in very basic conditions where there are no beds and electricity. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge the electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project

# SEPTEMBER 2018

**PROJECT NAME:** ST. JAMES COMMUNITY ORPHANS SCHOOL

CODE: KVDA/STV/09A Dates: 1<sup>st</sup>-22<sup>ND</sup> September 2018 Orientation: 1<sup>st</sup> September 2018 Location: Mfangano Island, Lake Victoria Region Theme: THEME: HIV Stigma and discrimination in Kenya

## **PROJECT OVERVIEW**

NAME: St. James Community Orphans School

ADDRESS: P.O Box 41-40319 MBITA

**LOCATION**: The school is located within Mfangano Island, Waware sublocation, Mfangano north location, Mfangano division, Mbita Sub-county of Homa-bay County.

PUPIL POPULATION: 124

CLASSROOMS: 6

classes: Baby class, Nursery class, Pre-unit class, Std 1, Std 2, Std 3

**SPONSORS:** Community sponsored

vision:" To be an exemplary Centre of excellence in quality holistic, academic education provision within the community"

MISSION:" To provide accessible and acceptable education to the less fortunate professionally, and in a formal manner that can be realized from within and without the community"

мотто:" Arise and shine for a better life".

**OBJECTIVE**: To be the school within the island in helping provide for the welfare and well-being of the numerous orphans and destitute left behind as a result of HIV/AIDS pandemic.

VOLUNTEER PROGRAMMES: Since the school's inception in 2012, the school has various volunteer activities. Among them being:

- d) In 2012 (May-August), we received two volunteer teachers who helped the school in teaching `of physical ad vocation (P.E). The volunteers were from Italy.
- e) **(Jan-Feb)** 2013, the school, got one volunteer (male) from Japan who helped in the school garden.

f) **(May-June)**, we had 2 volunteers (a couple) from USA, Michigan who helped the teaching of health and sanitation lessons.

Security for our volunteers has always been our number one priority. Moreover, the school is situated barely 600m from the police post

We also have a Government of Kenya dispensary within the same area to carter for health emergency that might arise

The school is committed to offering hope to children and especially who are vulnerable to societal risks and this call for community of efforts.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

# TYPE OF WORK CAMP: EDU/KIDS

# MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making
- Social work majorly guiding and counseling for the HIV/AIDS program
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

**WHAT TO CARRY?** This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

# DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: HIV STIGMA AND DISCRIMINATION IN KENYA

- Even though awareness of HIV and AIDS in Kenya is high, many people living with the virus still face stigma and discrimination. Studies have shown that although people are aware of the basic facts about HIV and AIDS, many are not informed of the most in-depth knowledge that addresses issue of stigma.
- One report revealed that of healthcare facilities that have policies to protect people living with HIV against discrimination, only a third admitted to implementing such policies. People are still afraid to disclose their status and will often avoid health centers that provide HIV services from fear of being seen by neighbours or community members
- Homosexuality is illegal in Kenya and therefore men who have sex with men face a high level of stigma and discrimination. In an attempt to find out to what extend HIV is affecting the gay community, a census for homosexuals would be the most effective methodology but with homosexual still illegal, it is unlikely to have the statistics to reflect the reality of HIV within the gay and lesbian community

**ORIENTATION:** Will be done on  $1^{st}$  September 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $2^{nd}$  September 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

# WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

# **EDUCATIONAL TOURS**

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

# ACCOMMODATION AND MEALS

- The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

# **EMERGENCY CONTACTS:**

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

# SEPTEMBER 2018

**PROJECT NAME: NYAMANCHE PRIMARY SCHOOL** 

CODE: KVDA/STV/09B DATES: 1<sup>ST</sup>-22<sup>ND</sup> SEPTEMBER 2018 **ORIENTATION:** 1<sup>ST</sup> SEPTEMBER 2018

## LOCATION: KURIA, MIGORI COUNTY, SOUTH WEST KENYA THEME: GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION

## **PROJECT OVERVIEW**

NYAMANCHE PRIMARY SCHOOL started the year 1981 as a Government School. The School supports children from the neighbouring villages. It consists of 600 (six hundred) pupils, 350 girls and 250 boys. The school has 12 teachers, 1 female and 11 male. It has 10 classrooms, 2 offices and 1 kitchen. The school has good academic record in the County.

# мотто;

"Strive for Excellence"

# OBJECTIVES

- To mould future leaders
- Maintain high discipline
- To reduce illiteracy level in the Community
- Create platform for volunteerism.

# CHALLENGES

- Cultural practice such as female genital mutilation
- Poor sanitation
- Lack of funds to facilitate the proposed development projects
- Dependency on external assistance
- Poor utilization of available resources

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

# **PROJECT ACTIVITIES**

The school was started with the aim of having members of the community have access to education and more so the girl child. In this community, differences between man and woman dictate a difference in their social roles and this reinforces a notion that men are more superior to women. Capacity building will provide both men and women with political insight and moral support in confronting gender issues. A woman's social status has led to marginalization. This was the very reason of starting the school so as to empower the girl child.

The project involves different types of activities. These include:

# TYPE OF WORK CAMP: RENO/EDU

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- School construction
- Teaching primary school pupils
- Tree planting
- Stones collection and pathways clearing
- Sensitization of the community on the side effects of FGM
- Home visits and topical discussion with the local people

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

# WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

# DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: GENDER SENSITIVITY: FOCUS ON FEMALE GENITAL MUTILATION (FGM)

- Female genital mutilation is a strong tradition in this community. It is illegal. But still more than one third of the women are circumcised and each and every young woman is subjected to the cut.
- The church has preached against FGM for decades but in spite of the deep devoutness the priests do not have enough power over the souls.
- FGM has nothing to do with religion; it is a so-called culture and tradition in certain groups.
- The practice is deeply rooted in views on chastity, transition to womanhood, "purity" for marriage and basically a wish to control women sexually. In certain areas, the survival and fertility of the local community is assumed to be threatened if the girls are not circumcised. Many brave young girls who refuse FGM are regarded as "unmarriageable" and become outcasts.
- It is a brutal act, painful and has led to the spread of HIV/AIDS. Volunteers will be required to liaise with other Non-Governmental organizations like Red Cross in creation of awareness to the community.

**ORIENTATION:** Will be done on  $1^{st}$  September 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $2^{nd}$  September 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

## PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

# WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

## WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

# EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

# ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

# EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# SEPTEMBER 2018

**PROJECT NAME:** KENYA INSTITUTE OF ORGANIC FARMING

CODE: KVDA/STV/09C DATES: 8<sup>TH</sup> TO 29<sup>TH</sup> SEPTEMBER 2018 ORIENTATION: 8<sup>TH</sup> SEPTEMBER 2018 LOCATION: KIAMBU COUNTY, CENTRAL KENYA THEME: ORGANIC FARMING PRINCIPLES

#### PROJECT OVERVIEW

The Kenya Institute of Organic Farming (KIOF) is an officially registered technical training institution NO. MOHEST/PC/1361 and Non-government organization (NGO).

It is situated in Juja off – Thika highway, near Ndarugo Motel.

KIOF launched its first activities in 1987 – The Farmers Training and Extension Programme, which aimed at bringing the awareness of the challenges associated with conventional chemical farming (fertilizers and pesticides)

The advantages of environmentally – sound-farming methods, appropriate to small-scale farmers led to widespread public interest in the programme. Numerous requests were received from development organizations in Eastern Africa for training in organic farming.



After the initial strong growth, KIOF found that there was necessity to verifying some of the organic methods adopted by farmers.

KIOF therefore started looking into opportunities for on-farm trials and research so as to supply relevant back up data.

A Programme to incorporate youth training in organic agriculture was launched in 1995. This led to an Organic Agriculture Certificate course with the aim of assisting the youth to develop careers in Organic farming. A diploma programme was launched in 2004 and the Certificate Stream gradually phased out.

The Diploma Programme takes 2 years of theoretical and practical learning. Due to the growing interest in this field and high demand for profession knowledge in organic agriculture, KIOF launched a 2-year Distance Learning Diploma program in 2006.

# A RENEWED APPROACH TO AGRICULTURE AND THE ENVIRONMENT

Organic farms and gardens have been operating years in many countries and climates. By reviving and developing sound husbandry practices they have shown that it is possible to combine good yields with high quality produce, lasting soil fertility and improved overall environment.

The Kenya Institute of Organic Farming (KIOF) aims at making this experience available to all farmers and other stakeholders.

KIOF connects itself especially with the small – scale farmers who make up the majority of the farming community in Kenya. It is the small – scale farmers who are, in effect, the care takers of the natural environment. KIOF wants to stimulate better management of the environment by starting with sound agricultural principles on the farm.

KIOF organizes training sessions for groups of farmers: women groups, youth and other CBOs in the rural areas. KIOF comes into contact with these groups through various organizations, churches, government institutions and individuals.

#### WHY ORGANIC AGRICULTURE?

A problem in today's agriculture is the need for cash. This need moves the nation as a whole and especially the farmer into cash crop farming. Most of which are non – food crops. The family food production is often neglected. This leads to poorer diets and poorer health of the farming community. The remedy for this situation is organic farming.

#### A JOINT STUDENT EXCHANGE

KIOF, is a long term training institution partnering with Rural Community in Development (RUCID) which is Uganda specialized in formal training in organic agriculture, community mobilization, processing and marketing of organic products (both local and export markets)

<u>Scope</u>

The nature of KOIF/RUCID collaboration include:

- I. Joint programs for school leavers and rural youth in training organic agriculture at certificate and Diploma levels.
- II. Awarding Certificates and Diplomas

III. Exchange of students to Kenya and Mityana, Uganda.

IV. Exposure to Biomedicine Medicinal herbs, product value addition and

organic export marketing.

Practical Learning

Students who participate in this program experience "hands on" learning situations in:

I. Organic production methods in crops and animal husbandry.

- II. Organic products processing, value addition, and certification.
- III. Organic packaging and marketing both locally and internationally.



Exposure

<sup>..</sup> Students get a rare opportunity of doing their studies in both Uganda and Kenya

" Students Learn to travel across the Kenyan border s and gain cultured experience of other communities

# Some of KIOF achievements.

Creating awareness and providing practical training in organic farming methods to farmers, equally men and women, the rural youth, extension officers, trainers and project managers.

- Conducting on farm trials and data gathering in organic farming in medium and high potential areas in Kenya.
- Gathering and disseminating information on organic farming throughout Eastern African region.
- Stimulating the formation of organizations and networks on organic farming in Eastern Africa.
- Facilitating marketing of organic produce.
- Facilitating the understanding of organic standards.

**AGE:** Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit`

#### **PROJECT ACTIVITIES**

#### TYPE OF WORK CAMP: AGRI

Volunteers will work for six hours daily from Monday to Friday. They will work together with the local community members on the following activities:

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

• Volunteers will be assigned tasks to work on the farm and this will include office and field work



**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

# DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# **THEME:** ORGANIC FARMING PRINCIPLES

- Organic farming is based on mixed farming principles. Experiences show that mixed farming practices lead to better food and income stability. It does not exclude the cash crop but it puts it in the right place.
- The cash crop can become part of the farm's crop rotation which puts emphasis on diversity of crops thereby raising the ecological balance of the farm. It provides a more complete diet for the family. Diversity in production means less risk, and better food and health within the farm.
- Production is based on maximum recycling of organic wastes and careful handling of manures and composts, careful soil cultivation and use of natural rock minerals, if necessary.
- Weed control is based on crop rotation and physical methods. Pests and disease control is sustained by understanding and maintaining physical, biological and ecological balances. These include traditional methods which are now being scientifically proven.
- The use of trees for shade, mulching, soil improvement, fruit, fodder and fuel production is of great importance, and correct understanding of their place on the farm is part of organic practice. Besides, trees protect the land from strong winds and improve the climate of the area.
- A fresh look is taken at the question of marketing. This is done with a view to improved understanding of the needs of the grower and the requirements of the consumer.
- Thinking in terms of organic agriculture means reviving and developing sound husbandry practices which include the human and

the social surroundings of the farm. The farm is able to function as an organism in which all parts support each other.

**ORIENTATION:** Will be done on 8<sup>th</sup> September 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 9<sup>th</sup> September 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

#### PARTICIPATION FEES

The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in the institute's dormitories that are shared with the students and there is electricity and water connection to the institute. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.

• Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# **OCTOBER 2018**

# **PROJECT NAME:** ARISE AND SHINE CARE CENTRE

CODE: KVDA/STV/10A DATES: 6<sup>TH</sup> -27<sup>TH</sup> OCTOBER 2018 ORIENTATION: 6<sup>TH</sup> AUGUST 2018 LOCATION: MIWANI, KISUMU COUNTY, LAKE REGION THEME: YOUTH ENTREPRENEURSHIP AND LEADERSHIP DEVELOPMENT

#### **PROJECT OVERVIEW**

Arise and Shine Care Center is a non profitable Community Based Organization (CBO) which is an initiative between Piny Pek, and Otieno Okado Youth Groups. The CBO was started in April 2010 and later registered in November 2010 under the Ministry Of Gender, Child and Social Development .NO. NDO /CBO/878484. It is located in Ramula Sub-Location, Ombeyi Location, Miwani Division, Muhoroni District, Kisumu County. It lies slightly 29km from Kisumu City and 8km from Ahero Town within Ombeyi Market as its operation site. Ombeyi region as a whole has approximately 26,000 inhabitants and exclusively depends on agriculture as a source of their subsistence and cash income. Due to environmental changes especially depletion of soil through floods, backward agricultural practices, ignorance, premature deaths due to HIV/AIDS and other epidemics which have affected the agricultural production and the income of cash crops (rice & sugarcane) in negative ways, it has led to acute poverty, higher child mortality, increasing illiteracy rate cross cutting between the gender and even early marriages among the youth.

Due to the increasing poverty, unemployment, the division of labour by gender and age groups, it has been found that the youths are more dependants on their parents and guardians. Piny Pek Youth Group saw it wise forming a network with Otieno Okado Youth Group to come up with a way forward in order to alleviate all these problems, thus easing the burden on age through youth empowerment and involvement. This networking between the two groups has given birth to Arise and Shine Care Center.

# **OBJECTIVE / AIM**

- 1) Empowerment of youths towards sustainable development geared towards poverty eradication.
- 2) Protect and nurture natural environment
- 3) To aid in the spread and creation of awareness on democratic principles
- 4) Creation of job opportunities targeting the youths and the less privileged members of the community.

# MISSION

To develop an effective institution with sustainable programme aimed at youth empowerment and promotion of community and family based sustainable intervention. **APPROPRIATE:-** To influence change and development of community and extra community institution, structures, values, systems and policies that cause and reinforce poverty, dependence, injustice, discrimination, inequalities, exploitation, oppression and persistent lack of the requisite capacity for active and full voluntary participation and involvement of the poor people and youths in their social economic and political development.

**ESSENTAL:-** To effective and efficient achievement of the goals of youth survival, development, protection and participation, poverty reduction and protection of the natural environment through beneficiary participatory production and reproduction of an innovative combination of the following services; empowerment of youths through information and food production, appropriate technology for community informal sector development, lastly racial, religious, political, sectarian, regional and tribal basis.

#### STRATEGY

To implement its mission, the organization should strengthen the community groups with emphasis to the youths which helps them improve their lives.

The organization facilitates the participatory rural appraisal methods that move awareness resulting to community action plan. The organization also provides trainings to youths group leaders on the basis of P.R.D (Participatory Rural Development) methods.

**VISION:** To come up with an institution with an instrumental programme aimed at achieving and empowered community with avenues for sustainable development, aimed at reducing poverty index and giving top priority to the less privileged members of the community

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

#### TYPE OF WORK CAMP: STUDY/MANUAL

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making and construction work at the Polytechnic
- Youth Entrepreneurship and Leadership Development Program (YELD) implementation
- Rice farming
- Poultry keeping
- Horticulture
- Inter-cultural learning coupled with home visits for exposure to development challenges.
- Possibility to visit the historic sites like Hippo point on Lake Victoria in Kisumu City, renowned Kakamega Rain Forest and the Equator point at Maseno University; among other spectacular sites of interest in the region. However, this will be done most probably during the weekends.

**PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: YOUTH ENTREPRENEURSHIP AND LEADERSHIP DEVELOPMENT YOUTH ENTREPRENEURSHIP AND LEADERSHIP DEVELOPMENT

DESCRIPTION OF THE PROBLEM/CHALLENGES

CHALLENGES FACING YOUTH IN KENYA: Below are some risk factors that affect entrepreneurship development in particular:

- RITES OF PASSAGE: The absence of rites of passage means that youth are no longer well prepared for adulthood by the traditional means of providing youth with mentors who give them advice to equip them for adulthood;
- EDUCATION: Suitability of education/vocational training for the labor market. There is limited access to secondary schools and alternative forms of education are lacking. There is also a need for life skills training in the education curriculum. At present, students are trained just to pass exams;
- INEQUALITY/REGIONAL DISPARITY: There is inequality in many fields, and often this has a regional aspect. Youth in certain geographical regions are marginalized, with restricted access to opportunities that are available to other young persons. In

urban areas, poor youth and those living in slum areas have severely limited access to services and opportunities;

- **SOCIETY'S ATTITUDE TOWARDS YOUTH:** Youth face discrimination purely on the grounds of age. This is legitimatized by beliefs such as wisdom only comes with age, and that youth is merely a transition period. Society also perceives youth as irresponsible and troublemakers. This perception may contribute to difficulty in obtaining credit;
- **EXPECTATIONS OF YOUTH**: Society's expectations of young people are not very clear. A gap in expectations has opened between what parents and older generations expect of youth on the one hand, and the expectations of youth themselves (influenced by their peers, and the media, etc.). Society's expectations of youth may overshadow personal expectations and overwhelm youth. There is also an assumption that white-collar jobs are best and little encouragement is offered to youth to take up blue-collar jobs;
- **DISPLACEMENT**: Especially in slum areas, the demolition of homes has displaced many youths. Others were rendered homeless by the politically inspired ethnic clashes around election time in the 1990s. Homes on proposed road routes, close to power lines and railway tracks are being demolished. The social consequences, both short and long term, of such displacement are severe;
- **POLICIES:** Gaps in, and unsuitability of, existing policy can be cited, along with important problems of implementation. Absence of youth participation in actual decision-making or implementation of policies affecting them was also cited. Youth are merely used as tokens in the policy formulation process;
- **CORRUPTION**: Corruption can be cited as one of the major risk factors affecting youth. It results in unequal access to resources. It is especially cited as a problem when youth are trying to establish businesses. Those who lack money to bribe have difficulty in getting assistance to set up their businesses;
- **TRANSITION:** Kenya is undergoing transition in many areas and this affects youth particularly. For example, there is a transition from an agrarian to an information based society, yet knowledge is not keeping up with the changes. Changes in social expectations are also resulting in confusion. Children are obliged to take on the roles of adults when households are decimated by HIV/AIDS. The influence and support of the extended family is also declining;
- **CHOICE OF ROLE MODELS:** Negative role models tend to be elevated. There is a dearth of positive models for leadership roles, exacerbated by the negative and corrupt image of leaders projected by the media. Parents, too, may often present negative role models in alcoholism and violence. The media glorifies negative role models, such as drug barons and advertisements for alcohol glamorize risky behavior.

**ORIENTATION:** Will be done on  $6^{\text{th}}$  October 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $7^{\text{th}}$  October 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done

on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead within the community with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET**: Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# **OCTOBER 2018**

PROJECT NAME: GETONGOROMA COMMUNITY DEVELOPMENT PROJECT CODE: KVDA/STV/10B DATES: 6<sup>TH</sup> -27<sup>TH</sup> OCTOBER 2018 ORIENTATION: 6<sup>TH</sup> OCTOBER 2018 LOCATION: KURIA, SOUTH WEST KENYA THEME: BUILDING THE CAPACITY OF YOUTH LEADERS IN APPROACHES TO PEACE BUILDING AND RECONCILIATION

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

# TYPE OF WORK CAMP: MANU/SOCI

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- The physical work will comprise of assisting in repairing classrooms and digging pit latrines for the community school in the post conflict situation.
- Youth leaders exposed to skills in the areas of peace building, and reconciliation.
- Exchange ideas on on-going and previous peace processes and the strategic role the youth leaders can play.
- Youth leaders and the host communities will exchange ideas about peace building and reconciliation strategies leading to future collaborations.

- Youth leaders will have combined physical work in a conflict setting with discussions of peace and conflict issues with communities affected by post-election violence.
- It is anticipated that the outcome of the identified activities will enhance the process of re-building trust, whose long-term objective is reconciliation. Also, strengthen the youth leaders to respond in an appropriate way in dealing with issues of conflict within their communities. This will also compliment the work of national healing and reconstruction

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: BUILDING THE CAPACITY OF YOUTH LEADERS IN APPROACHES TO PEACE BUILDING AND RECONCILIATION

- The signing of the peace agreements in Africa is indeed commendable and raises new hopes for peace and development. However, peace agreements do not automatically translate into a resolution of the grievances or issues which caused the conflict in the first place. From a peace builder's perspective, these accords offer new opportunities to reorder society, its structures and institutions, processes and relationships, in a manner that diminishes the possibility of a recurrence of violence and improves the potential for social justice. Reconciliation among former protagonists at all levels is crucial for long-term peace and development.
- The conflict is between the Kuria and Maasai communities of Kenya who are neighbours and share a common border near Kenya/Tanzania border and it is ignited by land issues scramble for scarce resources and politics. The Maasai and pastoralists while the Kuria community is engaged in small scale farming.

• The nature of conflict has led to incessant fights, cattle theft, killings and general animosity among the neighbouring communities.

**ORIENTATION:** Will be done on  $6^{\text{th}}$  October 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $7^{\text{th}}$  October 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- However, the Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.

• Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) – and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# OCTOBER 2018

# **PROJECT NAME:** ST. JOSEPH'S NYAMOSENSE SPECIAL UNIT SCHOOL

CODE: KVDA/STV/10C DATES: 13<sup>TH</sup> -31<sup>ST</sup> OCTOBER 2018 ORIENTATION: 13<sup>TH</sup> OCTOBER 2018 LOCATION: KURIA, MIGORI COUNTY, SOUTH WEST KENYA THEME: THE RIGHTS OF CHILDREN WITH DISABILITIES: "THE DUTY TO PROTECT, RESPECT, PROMOTE AND FULFILL"

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

#### **PROJECT OVERVIEW**

The School is still at the initial stages started in 2012 under Nyamosense Primary School and Nyamosense Catholic Church. The management is in the process of registering the institution with the Ministry of Social Services in Kubwaha. The inhabitants are Kuria speaking people residing in the South West of Kenya. Their economic mainstay is farming, where farmers grow tobacco, maize, beans, sweet potatoes and other horticultural crops for sale. Cattle and goat trade also take place but the volume of trade has gone very low owing to the incessant cases of cattle rustling between the Kuria people and the Maasai and Kipsigis of the neighboring Trans Mara district. The area has low levels of literacy especially among people aged from 35 years and above.

#### **PROJECT ACTIVITIES**

The idea was prompted by the growing need to sensitive members of the local community on the plight of Children with disabilities, who continue to suffer neglect and denial as the society remains conservative and unwilling to attend to children with disabilities. Volunteers will work for six hours daily from Monday to Friday.

#### TYPE OF WORK CAMP: KIDS/DISABILITY

## MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Teaching pupils at the special Unit School
- Care and support of orphans
- Interacting with children with disabilities
- Brick making together with local community members
- Open forums for discussion on children rights
- Study lessons on retrogressive cultural practices like Female Genital Mutilation

**PROJECT PARTICIPANTS:** Maximum 15 volunteers from Kenya and the international community

## WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: RIGHTS OF PEOPLE WITH DISABILITIES: "THE DUTY TO PROTECT, RESPECT, PROMOTE AND FULFILL"

• People with disabilities faces a myriad of challenges and most of them are kept in the dark and never discussed. The society out of misinformation choose to segregate them and in some cases denying those basic rights, such as the right to education, right to socialize with other people and the attendant stigma that takes a psychological toll on the victims.

- People with disabilities are the most marginalized and vulnerable group in Kenya. They are often abused, exploited and excluded by society, denying them of their right to health, protection and education.
- The work camp provides an opportunity for all actors to renew their commitments towards improving the plight of marginalized and vulnerable by organizing activities aimed at including people with disabilities hence actively integrating them into the community development spectrum. There is a lot of stigma within communities towards homes and institutions with people with disabilities.
- The public needs to know that they can be useful citizens in the future and also contribute towards the development of the country. Because of the continued stigma, parents often hide their children and deny them their rights, thinking they are totally helpless. Volunteers together with community members and people with disability will create forums where the local will be enlightened and enabled to understand that "Disability is not inability".
- The volunteers will work together with members of the local community to address the issue of stigma and access to basic facilities and the place of children with disabilities in the contemporary world

**ORIENTATION:** Will be done on 13<sup>th</sup> October 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 14<sup>th</sup> October 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES**: The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.
- However, the Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project.

# **NOVEMBER 2018**

PROJECT NAME: GIDEON MOSI PRIMARY SCHOOL

CODE: KVDA/STV/11A DATES: 3<sup>RD</sup> TO 24<sup>TH</sup> NOVEMBER 2018 ORIENTATION: 3<sup>RD</sup> NOVEMBER 2018 LOCATION: TAITA-TAVETA COUNTY, COAST REGION THEME: HUMAN AND WILDLIFE CONFLICT THE BANE OF SUSTAINABLE DEVELOPMENT

#### **PROJECT OVERVIEW**

The Taita hills rise from the Southeastern Nyika Plateau. They are ancient fault-block formation stretching south to Malawi through Eastern and Southern Tanzania. They sit almost cheek-by-jowl with one of the region's recent volcanic ranges, the Chyulu Hills. The project is situated on the foot of the Sagalla Hills in Taita Taveta district in coastal part of Kenya. It is approximately 7-8 hours' drive from Nairobi. Sagalla is remembered to be a home of the first missionaries in the early 1900 and these is evident with one of the first churches in Kenya still standing strong.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

#### **PROJECT ACTIVITIES**

Gideon Mosi Primary School is a relatively new institution was founded in 1990 and it has rapidly expanded to accommodate 293 boys and girls from class 1-8. The 8 Teachers at the Gideon Mosi Primary School are employed by the Teachers Service commission and they are qualified to teach all rounds from class 1-8. In cases where the teaching staff is not adequate, the Parents and Teachers Association employs teachers for a short duration of time to help bridge the obtaining gap.

#### TYPE OF WORKCAMP: RENO/KIDS

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- School renovation,
- Teaching Primary School pupils
- Awareness campaign on Human Wildlife Conflict
- Home visits
- Cultural days for various nationalities

• Translation of thematic focus of the project together with the local people

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: HUMAN AND WILDLIFE CONFLICT THE BANE OF SUSTAINABLE DEVELOPMENT

- This phenomenon of human beings and wildlife conflict is very controversial and has attracted the attention of all and sundry. The scenario is prompted by the proximity of the local community to the Tsavo National Park that is the home to wildlife and this directly plays into the hands of the local community members who are forced by the circumstances to learn to live with the situation and the attendant challenges.
- Working with community groups on poverty reduction and sustainable development will involve the active involvement in projects that are geared towards youth and women empowerment activities, HIV/AIDS awareness, provision of infrastructure in learning institutions.
- Poverty is a major issue in the local community and is directly linked to the spread of HIV/AIDS because poverty drives HIV/AIDS and HIV/AIDS drives poverty. This highlights the need for a multifaceted response to both problems, but particularly to the HIV/AIDS pandemic.
- Both these problems disproportionately affect women and youth. The goal is to try and enable the local members address community issues, thus enhancing the economic and social empowerment of women and youth for poverty reduction in Gideon Mosi, and linking this with activities to raise awareness about HIV/AIDS. These activities will also help strengthen rural community and their local

economies. In the process being able to improve access to quality education for school children

• The volunteers will be required to join hands together with community members in addressing the theme of the camp in order to empower the community to coming up with a more pro-active way of enhancing the academic development of community children.

**ORIENTATION:** Will be done on  $3^{rd}$  November 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $4^{th}$  November 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES** 

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.

- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# NOVEMBER 2018

PROJECT NAME: ST. JAMES COMMUNITY ORPHANS SCHOOL

CODE: KVDA/STV/11B DATES: 3<sup>RD</sup> to 24<sup>TH</sup> November 2018 Orientation: 3<sup>RD</sup> November 2018 Location: Mfangano Island, HOMA-Bay County, Lake Victoria Region Theme: Counseling and HIV testing

**PROJECT OVERVIEW** NAME: St. James Community Orphans School

#### ADDRESS: P.O Box 41-40319 MBITA

**LOCATION:** The school is located within Mfangano Island, Waware sub-location, Mfangano north location, Mfangano division, Mbita Sub-county of Homa-bay County.

#### PUPIL POPULATION: 124

#### CLASSROOMS: 6

classes: Baby class, Nursery class, Pre-unit class, Std 1, Std 2, Std 3

SPONSORS: Community sponsored

vision:" To be an exemplary centre of excellence in quality holistic, academic education provision within the community"

MISSION:" To provide accessible and acceptable education to the less fortunate professionally, and in a formal manner that can be realized from within and without the community"

мотто:" Arise and shine for a better life".

**OBJECTIVE**: To be the school within the island in helping provide for the welfare and well being of the numerous orphans and destitute left behind as a result of HIV/AIDS pandemic.

VOLUNTEER PROGRAMMES: Since the school's inception in 2012, the school has various volunteer activities. Among them being:

- a) In 2012 **(May-August)**, we received two volunteer teachers who helped the school in teaching `of physical ad vocation (P.E). The volunteer was from Italy.
- b) **(Jan-Feb)** 2013, the school, got one volunteer (male) from Japan who helped in the school garden.
- c) **(May-June)**, we had 2 volunteers (a couple) from USA, Michigan who helped the teaching of health and sanitation lessons.

Security for our volunteers has always been our number one priority. Moreover the school is situated barely 600m from the police post

We also have a Government of Kenya dispensary within the same area to carter for health emergency that might arise

The school is committed to offering hope to children and especially who are vulnerable to societal risks and this call for community of efforts.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

TYPE OF WORKCAMP: KIDS/CULTURE

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making
- Social work majorly guiding and counseling for the HIV/AIDS program
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

## DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

## THEME: COUNSELING AND HIV TESTING

- HIV testing has widely expanded across Kenya since the beginning of the Millennium. In 2000 there were only three Voluntary Counseling and Testing (VCT) sites nationwide and by 2007 there were almost 1000
- Alongside voluntary testing, provider initiated counseling and testing (PCT) has expanded and it is now available in 73 percent of health facilities. PCT is where individuals are offered a HIV test whenever they go to a health facility rather than patient having to ask for a test

**ORIENTATION:** Will be done on 3<sup>rd</sup> November 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 4<sup>th</sup> November 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES**  The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# NOVEMBER 2018

PROJECT NAME: ST. JAMES COMMUNITY ORPHANS SCHOOL CODE: KVDA/STV/11B DATES: 3<sup>RD</sup> TO 24<sup>TH</sup> NOVEMBER 2018 ORIENTATION: 3<sup>RD</sup> NOVEMBER 2018 LOCATION: MFANGANO ISLAND, HOMA-BAY COUNTY, LAKE VICTORIA REGION THEME: COUNSELING AND HIV TESTING

**PROJECT OVERVIEW** NAME: St. James Community Orphans School

ADDRESS: P.O Box 41-40319 MBITA

**LOCATION:** The school is located within Mfangano Island, Waware sub-location, Mfangano north location, Mfangano division, Mbita Sub-county of Homa-bay County.

#### PUPIL POPULATION: 124

#### CLASSROOMS: 6

classes: Baby class, Nursery class, Pre-unit class, Std 1, Std 2, Std 3

**SPONSORS:** Community sponsored

vision:" To be an exemplary centre of excellence in quality holistic, academic education provision within the community"

**MISSION**:" To provide accessible and acceptable education to the less fortunate professionally, and in a formal manner that can be realized from within and without the community"

мотто:" Arise and shine for a better life".

**OBJECTIVE**: To be the school within the island in helping provide for the welfare and well being of the numerous orphans and destitute left behind as a result of HIV/AIDS pandemic.

VOLUNTEER PROGRAMMES: Since the school's inception in 2012, the school has various volunteer activities. Among them being:

- d) In 2012 **(May-August)**, we received two volunteer teachers who helped the school in teaching `of physical ad vocation (P.E). The volunteer was from Italy.
- e) **(Jan-Feb)** 2013, the school, got one volunteer (male) from Japan who helped in the school garden.
- f) **(May-June)**, we had 2 volunteers (a couple) from USA, Michigan who helped the teaching of health and sanitation lessons.

Security for our volunteers has always been our number one priority. Moreover the school is situated barely 600m from the police post

We also have a Government of Kenya dispensary within the same area to carter for health emergency that might arise

The school is committed to offering hope to children and especially who are vulnerable to societal risks and this call for community of efforts.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit

TYPE OF WORKCAMP: KIDS/CULTURE

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making
- Social work majorly guiding and counseling for the HIV/AIDS program
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community **WHAT TO CARRY**?

WHAT TO CAR

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: COUNSELING AND HIV TESTING

- HIV testing has widely expanded across Kenya since the beginning of the Millennium. In 2000 there were only three Voluntary Counseling and Testing (VCT) sites nationwide and by 2007 there were almost 1000
- Alongside voluntary testing, provider initiated counseling and testing (PCT) has expanded and it is now available in 73 percent of health facilities. PCT is where individuals are offered a HIV test whenever they go to a health facility rather than patient having to ask for a test

**ORIENTATION:** Will be done on 3<sup>rd</sup> November 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 4<sup>th</sup> November 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES** 

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE:** English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

## KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# NOVEMBER 2018

**PROJECT NAME:** USHUHUDA NETWORK FOR ORPHANS AND VULNERABLE CHILDREN IN WEBUYE

# CODE: KVDA/STV/11C

#### DATES: 3<sup>RD</sup> TO 24<sup>TH</sup> NOVEMBER 2018 ORIENTATION: 3<sup>RD</sup> NOVEMBER 2018 LOCATION: THEME: ENABLING CHILDREN TO ACCESS QUALITY EDUCATION

#### **PROJECT OVERVIEW**

The institution was established in 2011 and registered as a community based organization in 2012.

It major focus is to address the challenges facing the local community and foremost the high poverty levels, disease and social exclusion. HIV/AIDS is among the leading scourges of the times within the local community and this calls for urgent strategic intervention to manage the difficult situation.

The School has a population of 150 children and there are 13 teachers employed to take care of the institution.

Further, the School faces grave challenges with regards to infrastructural development and it urgently requires construction of classrooms to accommodate the increasing student population.

#### TYPE OF WORKCAMP: KIDS/CULTURE

Volunteers will work for six hours daily from Monday to Friday. MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Brick making for classrooms construction.
- Social work majorly guiding and counseling
- Field visits and face to face meetings with the local people
- Participate in home visits to enhance inter-cultural education and solidarity

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: ENABLING CHILDREN TO ACCESS QUALITY EDUCATION

- Primary Education While the free primary education (FPE) program has increased access to primary education especially among poorer households; ancillary costs of primary education (such as school uniforms) continue to hinder the educational attainment of many children. In addition, the provision of quality education remains a challenge. This was highlighted by a recent study by Uwezo (2010) which found disappointing levels of learning among primary school children. The continued and consistent dominance of private schools in the KCPE has further raised concerns about the rising disparity in quality between public and private schools.
- As students from richer households increasingly enroll in private primary schools, designing policies that address the achievement gaps in public primary schools will overwhelmingly benefit students from poorer households that are unable to access private schools. Evidence from randomized evaluations suggests a number of key cost-effective interventions that could be introduced to address the inequities in access and achievement in primary school.
- In 2009, the secondary school net enrollment rate was approximately 50% (World Bank, 2009), while the primary-to-secondary school transition rate was equally low at 55% (MOE, 2010). Despite the recent reductions in secondary school fees, these fees still present a major financial obstacle. The 2005 Kenya Integrated Household budget shows that on average secondary school expenditures accounted for approximately 55% of annual per capita household expenditures. While the increased availability of bursaries (e.g. from the CDF) have provided many families with financial assistance, the pressing burden of secondary school fees prevent many students from attending secondary schools. These financial barriers are especially important for females and vulnerable groups such as orphans, and the poor. The continued poor public school performance in the KCPE can also act as a barrier

**ORIENTATION:** Will be done on 3<sup>rd</sup> November 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of 4<sup>th</sup> November 2018

AIRPORT PICK-UP SERVICES: The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES** 

The project participation fees that is all-inclusive for the 3- week work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

- Volunteers will stay in classrooms at the School with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# DECEMBER 2018

#### **PROJECT NAME:** SACRED MIJIKENDA KAYA FORESTS

CODE: KVDA/STV/12A DATES: 1<sup>st</sup>-20<sup>th</sup> December 2018 Orientation: 1<sup>st</sup> December 2018 LOCATION: KWALE COUNTY, COAST KENYA THEME: PRESERVATION, RESTORATION, PROTECTION AND PROMOTION OF THE WORLD HERITAGE

#### **PROJECT OVERVIEW**

This project is a joint effort involving Kenya Voluntary Development Association, Coordinating Committee for International Voluntary Service (CCIVS), UNESCO Paris, Shimba Hills Forest Guide and Sacred Mijikenda Kaya Forests.

KVDA is among the projects approved by CCIVS under the umbrella of UNESCO World Heritage program to run the 2016 WHV campaign.

#### MIJIKENDA ECONOMIC ACTIVITIES

**Agriculture** is the main economic activity of the Mijikenda people. Their most important **cash crop is the coconut palm**s, whose products include oil extracts and palm wine. Its fronds are also used for roofing and as material for making baskets, mats, brooms and other weaved products. Other important cash crops include cashew nuts, oranges and mangos. Where favorable weather conditions allow, some Mijikenda people also grow annual crops such as maize, sorghum, millet, and beans.

**Fishing** is another important economic activity for the Mijikenda people. Mijikenda's actively fish in the neighboring Indian Ocean, where their "daily catch" forms part of the seafood supplied to Kenya's coastal hotels and residents.

#### Mijikenda Food

The Mijikenda, and more particularly the Digo, are considered some of the best cooks among the Kenyan tribes. *Wali*, a popular Kenyan food, is also a staple of the Mijikenda tribe. Wali is rice prepared with coconut milk, giving it a sweet taste. Fish and other seafood are also common in Mijikenda cuisine.

#### COMMUNITY:

The Mijikenda community is composed of 9 different tribes who live along the coast of Kenya. They are closely related but distinct people—**the Kauma, Chonyi, Jibana, Giriama, Kamabe, Ribe, Rabai, Duruma and Digo**. They share a common linguistic and cultural heritage. Traditionally, each group lives in its own hilltop village (*kaya*) on the ridge along the Kenya coast, between the towns of Kilifi and Vanga.

In the past, the Mijikenda tribe was also referred to as the Nyika tribe, a near-derogatory term implying bush people. "**Mijikenda**" literally means **nine homes or nine homesteads (in Swahili)**, referring to the common ancestry of the Mijikenda people. The nine Mijikenda sub-tribes are believed to be nine different homes of the same tribe. Each sub-tribe speaks its own dialect of the **Mijikenda language**.

#### MIJIKENDA ORIGIN AND HISTORY

Mijikenda oral history traces the origin of the tribe to the southern regions of Somalia. It is believed that the Mijikenda people escaped constant attacks from the Oromo and other Cushitic tribes, and settled in the coastal ridges that were easier to defend.

Historically, the Mijikenda have had close interactions with the Persian, Arab, and Portuguese traders who frequented their home territory along the Kenyan coast. This interaction and subsequent **intermarriage with the Arabs gave birth to the Swahili culture and language**. As a result, the Swahili language - Kiswahili - bears a close lexical similarity with all dialects of the Mijikenda people.

The Mijikenda culture revolves around **clans** and **age-sets**. A Mijikenda clan consists of several family groups with a common patriarchal ancestor. Traditionally, each clan lived in one fortified village built in a cleared area of the forested ridges. A person's age-set determined their role and social standing within the clan and elaborate rituals were often held for members graduating from one age-set to another.

Each Mijikenda clan had their own sacred place known as *kaya*, a shrine for prayer, sacrifices and other religious rituals. These Kayas were located deep in the forests and it was considered taboo to cut the trees and vegetation around them. The Kaya elders, often members of the oldest ageset, were deemed to possess supernatural powers including the ability to make rain. Like other Kenyan tribes today, Mijikenda people have assimilated to modern cultural practices, resulting in the disappearance of many of their traditional customs. Most **Mijikenda people are now either Christians or Muslims**; however, some still practice their traditional culture or a mixture of Christianity or Islam with their traditional religion. Islam is more widespread among the Digo than in the other Mijikenda sub-tribes.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

## TYPE OF WORK CAMP: HERITAGE

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Collection of tree seeds
- Establishment of tree nurseries and nature trail
- Community awareness meetings on forest conservation
- Study sessions on world heritage and training on enterprise development
- Home visits in the local community.

**PROJECT PARTICIPANTS**: Maximum 20 volunteers from Kenya and the international community

WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: PRESERVATION, RESTORATION, PROTECTION AND PROMOTION OF THE WORLD HERITAGE

- In the framework of UNESCO World Heritage Education Programme, this campaign co-organized by CCIVS and the World Heritage Centre (WHC) follows 3 main objectives stated in the global vision defined during the first WHV Evaluation and Planning meeting in March 2010.
- First of all, it aims at sparking interest about the importance and necessity to protect and promote cultural and natural heritage in general and World Heritage related sites in particular.
- The target group must be as wide as possible and include motivated volunteers, hosting local communities and concerned authorities. Then, the WHV projects are expected to develop appreciation of the WH values through non-formal education methods disseminating the inter-governmental and national expertise to a large public and more specifically young people.
- Indeed, awareness-raising about WH should rely on a dynamic dialogue and synergies between all the WH stakeholders. Lastly, work camps run by international voluntary service organizations and whose activities are based on the concrete needs of the site are the type of project chosen to bring local and international communities together around the issue of WH in connection with the issue of sustainable development.
- An increasing number of projects have been selected since the first edition. However, and even though the selection is open to all, the future WHV projects must fulfill a set of criteria. Such process not only aims at the participation of the most relevant projects but also a better coordination of the selected projects. The organizations are also required to send a detailed programme of activities after the official selection of projects.

**ORIENTATION:** Will be done on  $1^{st}$  December 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $2^{nd}$  December 2018

**AIRPORT PICK-UP SERVICES:** This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND FOOD

The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA Administration: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# DECEMBER 2018

#### PROJECT NAME: MAASAI MARA GAME RESERVE

CODE: KVDA/STV/12B DATES: 1<sup>ST</sup> TO 20<sup>TH</sup> DECEMBER 2018 ORIENTATION: 1<sup>ST</sup> DECEMBER 2018 LOCATION: NAROK COUNTY, RIFT VALLEY THEME: POVERTY REDUCTION: VOLUNTEERING AS A TOOL TO ENHANCE CONNECTIVITY

#### **PROJECT OVERVIEW**

The **Maasai Mara National Reserve** (also known as **Masai Mara** and by the locals as **The Mara**) is a large <u>game reserve</u> in <u>Narok County</u>, <u>Kenya</u>, contiguous with the <u>Serengeti National Park</u> in <u>Mara Region</u>, <u>Tanzania</u>. It is named in honor of the <u>Maasai people</u> (the ancestral inhabitants of the area) and their description of the area when looked at from afar: "Mara," which is Maa (Maasai language) for "spotted," an apt description for the circles of trees, scrub, savanna, and cloud shadows that mark the area.

It is globally famous for its exceptional population of <u>Masai lions</u>, <u>African</u> <u>leopards</u> and <u>Tanzanian cheetahs</u>, and the annual migration of <u>zebra</u>, <u>Thomson's gazelle</u>, and <u>wildebeest</u> to and from the <u>Serengeti</u> every year from July to October, known as the <u>Great Migration</u>.

The Maasai Mara National Reserve is only a fraction of the Greater Mara Ecosystem, which includes the following Group Ranches: Koiyaki, Lemek, Ol Chorro Oirowua, Olkinyei, Siana, Maji Moto, Naikara, Ol Derkesi, Kerinkani, Oloirien, and Kimintet **COMPOSITION OF THE COMMUNITY** 



*AGE:* Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit`

#### **PROJECT ACTIVITIES**

#### TYPE OF WORK CAMP: MANUAL/EDU

Volunteers will work for six hours daily from Monday to Friday. They will work together with the local community members on the following activities:

MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Tree planting
- Renovation of school classrooms and painting at the institution **OTHER ACTIVITIES**:
  - The theme of Discussion: <u>Poverty Reduction: Volunteering as a tool</u> to enhance connectivity
  - Visits to Schools and homes in the neighbourhood
  - Sports with pupils and local Maasai community
  - Learning the Maasai culture and adventure within the Maasai Mara Game Reserve

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONATION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### **THEME:** POVERTY REDUCTION: VOLUNTEERING AS A TOOL TO ENHANCE CONNECTIVITY

- Poverty is a broad-term that describes many circumstances where people lack resources such as money, housing, food, clothing, jobs, and suffer physically, socially, and emotionally from this material deprivation.
- Poverty describes a standard of living where a person is unable to afford even a basic diet. International definitions of poverty rely on the classification of the poverty level, which is a level of income below which a person cannot afford to buy all the resources required to live.
- Poverty eradication encompasses the will and strategies to stop all people from living in poverty. The focus will be on education, training and gender sensitivity. Inter cultural exchange is aimed at enabling people to put global awareness and intercultural learning into practice. This is enhanced through creating awareness through learning themes on global issues. In so doing it will strengthen participants' skills in working in community-based organizations actively involved in efforts to alleviate poverty.

**ORIENTATION:** Will be done on  $1^{st}$  December 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $2^{nd}$  December 2018

**AIRPORT PICK-UP SERVICES:** The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi and airport pick up will be done on provision of full flight details. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates **PARTICIPATION FEES**  The project participation fees that is all-inclusive for the 3-week work camp is **Euro 300** 

**INSURANCE:** KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfer from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

## ACCOMMODATION AND MEALS

- Volunteers will stay in a homestead provided by the local people with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges.
- KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended.
- The Government policy to install ICT in primary schools has seen connectivity to the national power grid for most educational institutions in Kenya and this makes it easy for volunteers to use electric appliances while at the project.
- Furthermore, we invite you to bring typical food, spices, drinks, games and music from your country (for an intercultural evening) and a lot of motivation!

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization within one week on acceptance of the volunteer by KVDA.

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project.

## DECEMBER 2018

#### **PROJECT NAME: CANNAN ORPHANAGE**

CODE: KVDA/STV/12C DATES: 1<sup>ST</sup>-20<sup>TH</sup> DECEMBER 2018 ORIENTATION: 1<sup>ST</sup> DECEMBER 2018 LOCATION: MOMBASA COUNTY, COAST KENYA THEME: UNITING THE YOUTH: TRANSFORMING KENYA

#### **PROJECT OVERVIEW**

**CANNAN ORPHANAGE** was started in the year 2010 but was registered in 2011, when "Mama" was dealing with the widows, she realized that the children were the most suffering and with time her passion towards them grew so strong and strong. According to Risper, the idea to start an orphanage came as a form of a dream something she believes is the will of the Lord. The widows at the slum developed trust of her and had no worries with their children staying at her home. These widows thought she had money but to Risper, it was a matter of having heart and begging from those who were willing to help. These Kids would follow me to my place and go back to their places after having food. Initially, the kids staying at my house were 5, they latter added up to 9. All of them were from Kisumu Ndogo slums.

#### ABOUT RISPER AYUB

A 52-year-old Risper Ayub, well known as "Mama" at the orphanage is a first born in a family of 13 Kids. Having been raised up in humble family, she also has a humble family raised under a strong Christian background. She has a large family that includes her own children and the orphans. She has six children and most of them are now grown up and living on their own. The orphans are adding up to 30, 16 boys and 14 girls. She came to Mombasa in search of greener pasture; she did a small business if selling fish at a well-known slum known as Kisumu Ndogo in Mombasa for a long time.

In the year 2010, she volunteered to help in guiding and counseling for the women whose husband died of HIV / AIDS. This was under Aphia II project. This happened in Kisumu Kidogo Slums. Slowly by slowly, her house become home for many orphans whose parents died of HIV/AIDs in the slum. It was then that the idea of starting an orphanage, a place where these children would call home dawned and she relentlessly pursued her dream without let or hindrance.

<u>VISION:</u> To be the leading charitable organization in providing child care and support to orphans.

<u>MISSION STATEMENT</u>: To promote behavioral change among the orphans and support them to be responsible members of the society through education, healthcare counseling and prepare them spiritually for the challenges in life.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

#### TYPE OF WORK CAMP: KIDS

#### MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Social work at the orphanage
- General care of the children
- Help children with sanitation issues such as: brushing teeth, showering, and establishing and maintaining personal hygiene
- Organize games, sports, drawing lessons, singing sessions, dancing, and other creative, educational and extra-curricular activities

**PROJECT PARTICIPANTS**: Maximum 15 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONĂTION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

#### THEME: UNITING THE YOUTH: TRANSFORMING KENYA

- The Kenya National Youth Charter 2013 popular version authored by Center for Multi-Party Democracy captures the thematic focus of this project.
- The youth of Kenya want to take responsibility of the political, economic, social and environmental security of the Nation by defining their historic mission of standing up for Kenya and by taking action today that will ensure that the soul and body of the Nation is healed, united and at peace
- The adoption of the Kenya National Youth Charter 2013 gives the basis for engaging the State and the society in ensuring access to resources, services and opportunities, setting the Youth Agenda and holding the Government and communities accountable to the values in Article 10 of the Kenyan Constitution
- The charter envisages the realization of the aspirations of Kenya as articulated in the national anthem "O God of all creations, bless this our land and Nation, Justice be our shield and defender, may we dwell in Unity, Peace and Liberty, plenty (Prosperity) be found within our borders".

**ORIENTATION:** Will be done on  $1^{st}$  December 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $2^{nd}$  December 2018

**AIRPORT PICK-UP SERVICES**: This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International Airport in Nairobi. The volunteers will be taken to KVDA Residence in Karen for accommodation that has highly subsidized rates

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300**<sup>145</sup>

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND MEALS

The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service

#### EMERGENCY CONTACTS:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE**: Should be done via e-mail at least one month before the start of the project

# DECEMBER 2018

#### PROJECT NAME: CRANES OF DAGO THIM SELF-HELP GROUP CODE: KVDA/STV/12D DATES: 1<sup>ST</sup>-20<sup>TH</sup> DECEMBER 2018 ORIENTATION: 1<sup>ST</sup> DECEMBER 2018 LOCATION: NYAHERA, KISUMU COUNTY, LAKE REGION THEME: COMMUNITY PARTICIPATION TO SPUR SUSTAINABLE DEVELOPMENT

#### **PROJECT OVERVIEW**

Historical Background The CRANES OF DAGO THIM SELF HELP GROUP (formerly known as KONYA AKONYI SELF HELP GROUP) was established in 1998 as a self-help group. The new name was registered in 2015, registration No. S/H/G NO. 947/015.

It was also established to make an impact on the growing problem of vulnerable children, widows and orphans rights to sustainable development. This group is dedicated to promoting and protecting the rights of the children and supporting the vulnerable, widows and orphans. Cranes of Dago Thim organizes routine trainings on farming for the widows and youths for sustainability projects.

VISION: A Self Sustainable Community

**MISSION:** To promote human values through advocacy and community out-reach programs, provide care and support to the vulnerable members of the community, Education/ financial support to the less fortunate members of the society, training widows and youths on IGA and development issues to enhance their opportunities to realize their full potential and capabilities.

#### CORE VALUES || TEAM WORK || HONESTY || EQUALITY || INTEGRITY || RESPECT

#### GOVERNANCE AND LEADERSHIP

**EXECUTIVE OFFICE:** Composed of five (5) members elected at the annual general meeting. They include: The Chairman, The Secretary, Treasurer, Vice Chairman and Assistant Secretary the work is to coordinates the day to day activities, source for resources and to supervises implementation of programs.

PROGRAM COVERAGE THE GEOGRAPHICAL COVERAGE IS NYAHERA SUB-LOCATION, NORTH KISUMU LOCATION, NYAHERA DIVISION, KISUMU COUNTY.

ACTIVITIES

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Income Generating Activities Cranes of Dago Thim has leased a farm from a member at affordable cost. It is a small farm within the member's homestead where the group rears local poultry for meat and eggs, cattle for resale, meat and milk and a small portion for planting cash crop i.e. bananas, vegetables,

The farm produce is sold to the locals and in the local markets and some are distributed to the supported individuals. The money realized is used in supporting the group programmes

The farm is managed by group executive office and members take turn in ensuring that the day to day activities are carried out.

**AGE**: Volunteers have to be at least 18 years old to participate in the work camp. There is no upper age limit.

**PROJECT ACTIVITIES:** Volunteers will work for six hours daily from Monday to Friday.

#### TYPE OF WORK CAMP: CULTURAL/MANUAL

MANUAL WORK AND INTERCULTURAL ACTIVITIES:

- Poultry farming
- Cattle farming-rearing cattle for re-sale and milk production
- Cash crop farming
- Anti-jiggers program
- Home visits in the local community.

#### ACHIEVEMENTS

□ Capacity building to members in various field through trainings and workshops

□ Members with spirit of voluntarism

□ Well managed and running IGAs that contribute in supporting the orphans and vulnerable children.

☐ Through networking both at local and international levels a number of local and International Volunteers have come, worked and shared experiences with our group. Notably Volunteers from Canada and other local organizations. We still need to network with other organizations/

groups/ institute through exchange of experiences, material support, financial etc. for the benefit of our target group.

□ The group has managed to sponsor 1 children in Formal Education and partly supporting 4 others with school uniform and basic needs.

Cranes group has supplied 240 dozens of sanitary towels to girls in 2 public school within the locality in the past 1 Year.

### CHALLENGES

1. The group needs to get a long-term funder to support and fulfill its long-term planned activities and programs.

2. Inadequate funding has hampered its development plan. There is need to strengthen and diversify the funding to facilitate the planned activities

3. Empowering the trained youths and widows with equipment and material or loans is still a problem.

4. There is need to strengthen this area to have a successful story of the rehabilitated children and youth.

5. High expectation from the community

Networks/ Collaborators □ Ministry of Gender and social services □ Ministry of Children and Youth affairs □ NAAC – National Aids Control Council □ Ministry of Agriculture

**PROJECT PARTICIPANTS:** Maximum 20 volunteers from Kenya and the international community

#### WHAT TO CARRY?

This is outlined in the detailed info sheet and includes, sleeping bag and mat, toiletries, torch/flashlight, sandals, mosquito net, national flag from your country, among others

#### DONĂTION AND GIFTS:

These are usually symbolic gestures to enhance the solidarity of volunteers and the hosting community. Kindly contact KVDA for details in case you are willing to support a worthy cause in the community either by offering a donation or long-term intervention on the project.

# THEME: COMMUNITY PARTICIPATION TO SPUR SUSTAINABLE DEVELOPMENT

**ORIENTATION:** Will be done on  $1^{st}$  December 2018 at KVDA Residence in Nairobi and the team will leave for the project on the morning of  $2^{nd}$  December 2018

**AIRPORT PICK-UP SERVICES:** This will be done subject to provision of full flight details. The port of entry to Kenya is Jomo Kenyatta International <sup>149</sup>

Airport in Nairobi. Volunteers will stay at KVDA Residence in Nairobi at a fee

**PARTICIPATION FEES:** The project participation fees that is all-inclusive for the three weeks' work camp is **Euro 300** 

**INSURANCE**: KVDA does not provide insurance and volunteers should obtain travel insurance cover. It is a good idea to get medicine you are used to from your home country and seek advice from your personal doctor.

#### WHAT DOES THE PARTICIPATION FEES COVER?

Project preparation cycle, return transfers from the airport and the project, KVDA administration, orientation, certificate of participation, project coordination, facilitation, evaluation and monitoring

#### WHAT IS NOT COVERED?

Excursion activities, local travel while in the community, personal effects, needs and wants.

#### EDUCATIONAL TOURS

KVDA offers educational tours to spectacular sites including the renowned Maasai Mara Game Reserve at separate fees. Please contact us for specific tour information.

#### ACCOMMODATION AND FOOD

The host community will provide a house to accommodate the volunteers with very basic living conditions. Volunteers have an obligation to climb down the level of the people with the aim of exposure to development challenges. KVDA will provide foodstuffs and volunteers will cook their own meals in turns. Water is available from springs and it is recommended that drinking water should be boiled or medicated. Mineral water available at supermarkets is also recommended. There is no electricity connection at the project but volunteers can charge their electric appliances at the nearest market center.

**LANGUAGE**: English is the language of the work camp. There will be a possibility of learning Kiswahili and other international and local languages as cultural diversity is a major component in international service **EMERGENCY CONTACTS**:

Below are the emergency contacts for Kenya Voluntary Development Association:

#### KVDA ADMINISTRATION: 0721 650 357

**PROJECT DETAILED INFO SHEET:** Will be sent to the volunteer sending organization as soon as the application is accepted by KVDA

**CONFIRMATION DEADLINE:** Should be done via e-mail at least one month before the start of the project